

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Base Menu Spreadsheet Portion Values - Detailed

K-12 , Middle
Breakfast

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Monday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
k-12 Breakfast	Total	100			
BAR BENEFIT COCOA CHIP	BAR	55	270	21	48.0
CEREAL,1 BOWL VARIETY	SERVING	25	107	*5	23.0
CRACKER BUNNY GRAHAMS	PACKAGE	35	162	9	25.31
CHEWY OATMEAL BITES	PACKAGE	20	130	8	24.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	65	58	0	15.12
JUICE APPLE JUICE CUP	1 EACH	75	60	13	14.0
MILK 1% SMITH BROTHERS	HALF PINT	25	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
MILK CHOCOLATE 1/2 GALLON DARI	1 CUP	1	190	29	31.0
MILK DARIGOLD 1/2 GALLON	1 CUP	1	110	12	13.0
Weighted Daily Average			469	*44	87.07
% of Calories				*37.8%	74.3%
Nutrient Guideline			450-500		

Tuesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
k-12 Breakfast	Total	100			
OATMEAL WITH BROWN SUGAR (PRE	6 OZ	50	185	*N/A*	39.12
CEREAL,1 BOWL VARIETY	SERVING	30	107	*5	23.0
CRACKER BUNNY GRAHAMS	PACKAGE	60	162	9	25.31
YOGURT VARIETY UPSTATE	4 OZ	10	90	15	19.05
AMAZIN' RAISIN STRAWBERRY	PACKAGE	60	110	22	25.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	60	53	0	13.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
MILK CHOCOLATE 1/2 GALLON DARI	1 CUP	1	190	29	31.0
MILK DARIGOLD 1/2 GALLON	1 CUP	1	110	12	13.0
Weighted Daily Average			458	*40	88.03
% of Calories				*34.7%	76.9%
Nutrient Guideline			450-500		

Wednesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
k-12 Breakfast	Total	100			
PIZZA, BREAKFAST PIZZA SAUSAGE	SLICE	45	210	9	26.0
CEREAL,1 BOWL VARIETY	SERVING	15	107	*5	23.0
CHEWY OATMEAL BITES	PACKAGE	60	130	8	24.0
CRACKER BUNNY GRAHAMS	PACKAGE	25	162	9	25.31
APPLESAUCE, UNSWEETENED	.5 CUP	100	52	0	13.79
JUICE ORANGE JUICE CUP J	4 OZ	100	50	*N/A*	13.0
MILK 1% SMITH BROTHERS	HALF PINT	25	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
MILK CHOCOLATE 1/2 GALLON DARI	1 CUP	1	190	29	31.0
MILK DARIGOLD 1/2 GALLON	1 CUP	1	110	12	13.0
Weighted Daily Average			459	*29	83.60
% of Calories				*25.1%	72.9%
Nutrient Guideline			450-500		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Base Menu Spreadsheet
Portion Values - Detailed

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Thursday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
k-12 Breakfast	Total	100			
OMELET W/ COLBY CHEESE	1 EACH	50	110	0	1.0
CEREAL,1 BOWL VARIETY	SERVING	30	107	*5	23.0
CRACKER BUNNY GRAHAMS	PACKAGE	50	162	9	25.31
CHEWY OATMEAL BITES	PACKAGE	25	130	8	24.0
STRAWBERRY CUP	serving	100	80	16	20.93
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	100	58	0	15.12
MILK 1% SMITH BROTHERS	HALF PINT	25	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
MILK CHOCOLATE 1/2 GALLON DARI	1 CUP	1	190	29	31.0
MILK DARIGOLD 1/2 GALLON	1 CUP	1	110	12	13.0
Weighted Daily Average			466	*41	83.04
% of Calories				*35.1%	71.2%
Nutrient Guideline			450-500		

Friday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
k-12 Breakfast	Total	100			
BANANA BREAD ULTR SLICE	SLICE	60	280	25	44.0
CEREAL,1 BOWL VARIETY	SERVING	30	107	*5	23.0
CHEWY OATMEAL BITES	PACKAGE	20	130	8	24.0
YOGURT VARIETY UPSTATE	4 OZ	30	90	15	19.05
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	65	68	0	17.88
FRUIT BAR FRESH HS	1 EACH	65	67	*9	17.3
MILK CHOCOLATE 1/2 GALLON DARI	1 CUP	1	190	29	31.0
MILK DARIGOLD 1/2 GALLON	1 CUP	1	110	12	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			470	*47	88.12
% of Calories				*39.8%	75.0%
Nutrient Guideline			450-500		

Weighted Average			464	*40	85.97
				*77.7%	74.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	464		450 - 500	100%				
Sugars (g)	40	34.53%			Missing			
Carbohydrate (g)	85.97	74.06%						

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