

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

6-12 GRAB N GO BREAKFAST

Base Menu Spreadsheet

Portion Values - Detailed

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Monday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
6-12 GRAB N GO BREAKF	Total	100			
BAR BENEFIT COCOA CHIP	BAR	100	270	21	48.0
APPLESAUCE UNSWEETENED CUPS	1 EA	100	50	12	14.0
AMAZIN' RAISIN STRAWBERRY	PACKAGE	100	110	22	25.0
MILK 1% SMITH BROTHERS	HALF PINT	50	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	22	23.0
Weighted Daily Average			550	*66	105.00
% of Calories				*48.0%	76.4%
Nutrient Guideline			450-600		

Tuesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
6-12 GRAB N GO BREAKF	Total	100			
CEREAL,1 BOWL VARIETY	SERVING	100	107	*5	23.0
CRACKER BUNNY GRAHAMS	PACKAGE	100	162	9	25.31
ORANGES,FRESH	1 EACH	100	45	9	11.28
ORANGES,FRESH	1 EACH	100	45	9	11.28
MILK 1% SMITH BROTHERS	HALF PINT	55	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	45	130	22	23.0
Weighted Daily Average			478	*42	88.37
% of Calories				*35.1%	74.0%
Nutrient Guideline			450-600		

Wednesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
6-12 GRAB N GO BREAKF	Total	100			
BANANA BREAD ULTR SLICE	SLICE	100	280	25	44.0
ORANGE JUICE CUP	1 EACH	65	50	12	13.0
AMAZIN' RAISIN STRAWBERRY	PACKAGE	65	110	22	25.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	60	130	22	23.0
Weighted Daily Average			506	*60	87.70
% of Calories				*47.7%	69.3%
Nutrient Guideline			450-600		

Thursday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
6-12 GRAB N GO BREAKF	Total	100			
CEREAL,1 BOWL VARIETY	SERVING	100	107	*5	23.0
CHEWY OATMEAL BITES	PACKAGE	100	130	8	24.0
BANANAS,RAW FRESH	1 EACH	65	90	12	23.07
BANANAS,RAW FRESH	1 EACH	65	90	12	23.07
MILK 1% SMITH BROTHERS	HALF PINT	85	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	22	23.0
Weighted Daily Average			467	*32	91.49
% of Calories				*27.1%	78.4%
Nutrient Guideline			450-600		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Friday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
6-12 GRAB N GO BREAKF	Total	100			
BAR FRENCH TOAST BENEFIT	BAR	100	290	*N/A*	47.0
JUICE APPLE JUICE CUP	1 EACH	75	60	13	14.0
FRUIT BAR FRESH HS	1 EACH	70	67	*9	17.3
MILK 1% SMITH BROTHERS	HALF PINT	40	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	55	130	22	23.0
Weighted Daily Average			498	*28	87.46
% of Calories				*22.9%	70.3%
Nutrient Guideline			450-600		

Weighted Average			500	*46	92.00
				*82.3%	73.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	500		450 - 600	100%				
Sugars (g)	46	36.57%			Missing			
Carbohydrate (g)	92.00	73.66%						

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