

# KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 20, 2017 thru Sep 30, 2017

Base Menu Spreadsheet  
Portion Values - Detailed

K-8 OF K/12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Tue - 08/22/2017					
K-8 OF K/12	Total	100			
HAMBURGER ELE	1 EACH	100	268	31.0	3.30
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	1.0	1.25
BEANS BAKED 1/2	1/2 CUP	45	140	25.0	0.00
POTATO JO-JO 1/2 (2-4 EA)	1/2 C	65	100	15.0	1.00
GRAPES, FRES	1/2 C SERVING	95	76	19.45	0.13
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	20	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	65	6	1.32	0.01
Weighted Daily Average			621	87.33	6.53
% of Calories				56.2%	9.5%
Nutrient Guideline			600-650		<10.00

Wed - 08/23/2017					
K-8 OF K/12	Total	100			
BEEF FINGERS CNTRY FRD (4)	3.88	100	302	18.32	5.39
ROLL DINNER WG BAKER BOY	ROLL	65	100	17.0	0.50
POTATOES, MASHED INSTANT: 1/2C	1/2 cup	80	90	17.0	0.00
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	50	66	15.24	0.13
PEACHES, DICED LIGHT S: 1/2 C	4 oz	50	53	13.39	0.00
GRAVY BROWN	2 OZ	80	25	0.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0	0.00
Weighted Daily Average			638	77.14	6.08
% of Calories				48.4%	8.6%
Nutrient Guideline			600-650		<10.00

Thu - 08/24/2017					
K-8 OF K/12	Total	100			
SPAGHETTI AND MEAT SAUCE	1 CUP	100	266	40.98	2.67
BREAD, TOAST GARLIC MINI	1 oz SLICE	65	70	12.0	0.00
SALAD, ROMAINE 2016	SRV	65	56	12.68	0.05
SALAD DRESSING, RANCH	1.5 OZ	65	101	2.73	0.89
BANANAS, RAW FRESH	EACH	85	90	23.07	0.11
ORANGE JUICE CUP	1 EACH	95	50	13.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			645	104.60	4.58
% of Calories				64.9%	6.4%
Nutrient Guideline			600-650		<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Aug 20, 2017 thru Sep 30, 2017

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Fri - 08/25/2017					
K-8 OF K/12	Total	100			
PIZZA 4X6 TONY'S	SLICE	100	300	33.0	5.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	65	14	3.04	0.02
SWEET POTATO LATTICE FF 3/4	3/4 CUP (12 EA)	65	250	32.29	2.20
APPLESAUCE UNSWEETENED CUPS	1 EA	95	53	14.64	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			629	83.72	7.64
% of Calories				53.2%	10.9%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Mon - 08/28/2017					
K-8 OF K/12	Total	100			
CHICKEN BREAD K-6 san new BUN	SANDWICH	95	393	42.21	3.03
CARROTS, RAW BABY EL 4 oz	4 OZ	45	40	9.34	0.03
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	75	58	15.12	0.00
HUMMAS DIP TRADITIONAL .25 V	1 EACH	45	110	12.0	1.00
JUICE APPLE JUICE CUP	1 EACH	65	60	14.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	65	6	1.32	0.01
Weighted Daily Average			635	84.85	4.55
% of Calories				53.5%	6.4%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Tue - 08/29/2017					
K-8 OF K/12	Total	100			
MEATLOAF /CHEESEBURGER	PATTY	100	190	8.0	6.00
ROLL DINNER WG BAKER BOY	ROLL	100	100	17.0	0.50
POTATOES, MASHED INSTANT:1/2C	1/2 cup	100	90	17.0	0.00
GRAVY BROWN	2 OZ	100	25	0.0	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	65	14	3.04	0.02
STRAWBERRY CUP	1 EACH	85	90	21.93	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	20	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			604	77.61	7.71
% of Calories				51.4%	11.5%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Wed - 08/30/2017					
K-8 OF K/12	Total	100			
MACARONI N CHEESE 1 cup	1 cup	100	420	43.53	7.50
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	100	39	7.4	0.03
APPLES,FRESH,W/SKIN	1 EACH	100	77	20.58	0.04
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50

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**KENAI PENINSULA BOROUGH  
SCHOOL DISTRICT**

**Aug 20, 2017 thru Sep 30, 2017**

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Weighted Daily Average			663	92.50	7.88
% of Calories				55.8%	10.7%
Nutrient Guideline			600-650		<10.00

Thu - 08/31/2017					
K-8 OF K/12	Total	100			
CHILI CON CARNE W/ BEANS	3/4 CUP	95	201	24.95	2.38
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	75	80	0.57	3.29
PRETZEL WG SOFT 2.2 OZ	1 EACH	50	123	26.4	0.00
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	65	99	22.87	0.20
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	65	68	17.88	0.03
COOKIE, CHOC CHIP / M&M WG (1	1 EACH	90	110	19.0	1.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			646	101.92	6.08
% of Calories				63.1%	8.5%
Nutrient Guideline			600-650		<10.00

Fri - 09/01/2017					
K-8 OF K/12	Total	100			
FRENCH TOAST STICKS, WG :3 EA	3 EA	95	208	25.64	2.10
SAUSAGE LINKS L SODIUM 1 ea	1 EA	95	100	1.0	3.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	80	179	20.84	1.49
PEACHES, DICED LIGHT S: 1/2 C	4 oz	45	53	13.39	0.00
ORANGE JUICE CUP	1 EACH	50	50	13.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			610	75.50	6.34
% of Calories				49.5%	9.3%
Nutrient Guideline			600-650		<10.00

Tue - 09/05/2017					
K-8 OF K/12	Total	100			
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	100	140	8.0	1.50
RICE, BROWN LONG, 1/2 C	1/2 CUP	100	108	22.39	0.18
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	21.0	0.00
GOLD RUSH FRUITABLE	BOX	100	40	10.0	0.00
PEAS,EDIBLE-PODDED,RAW	1 CUP	100	26	4.76	0.02
SALAD DRESSING, RANCH	1.5 OZ	100	101	2.73	0.89
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			631	89.88	2.89
% of Calories				57.0%	4.1%
Nutrient Guideline			600-650		<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Wed - 09/06/2017					
K-8 OF K/12	Total	100			
MANWICH SLOPPY JOE	SERVINGS	100	303	35.68	3.62
WINTER MIX 3/4 C K-5	3/4 C	100	20	4.0	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	100	68	17.88	0.03
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
CRACKER BUNNY GRAHAMS	PACKAGE	80	162	25.31	0.51
Weighted Daily Average			646	98.81	4.35
% of Calories				61.2%	6.1%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Thu - 09/07/2017					
K-8 OF K/12	Total	100			
LASAGNA WITH GROUND BEEF	SERVINGS	100	264	24.57	6.00
BREAD, TOAST GARLIC MINI	1 oz SLICE	100	70	12.0	0.00
SPINACH SALAD	SRV	75	106	6.82	3.04
APPLESAUCE, UNSWEETENED	.5 CUP	100	52	13.79	0.02
FROZEN JUICE BAR GRAPE	1 EACH	100	39	9.78	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0	1.50
Weighted Daily Average			630	85.75	8.68
% of Calories				54.4%	12.4%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Fri - 09/08/2017					
K-8 OF K/12	Total	100			
HOT DOT W/ BUN	1 EACH	100	290	21.0	8.00
BEANS BAKED 1/2	1/2 CUP	65	140	25.0	0.00
POTATO, CRINKLE CUT: 4 OZ	4 OZ	65	160	25.33	2.00
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			645	83.42	9.60
% of Calories				51.7%	13.4%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Mon - 09/11/2017					
K-8 OF K/12	Total	100			
EGG ROLL (1 EACH)	ROLL	100	160	20.0	1.00
RICE FRIED VEG.1 CUP	SERVING (3/4C)	100	270	54.0	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	100	14	3.04	0.02
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	100	73	19.15	0.01
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			643	117.19	1.33
% of Calories				72.9%	1.9%
Nutrient Guideline			600-650		<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
<b>Tue - 09/12/2017</b>					
K-8 OF K/12	Total	100			
BOSCO CHEESE STICK WG ELM	Bread Stick	100	150	17.0	2.50
DIPPING SAUCE K-5 2 oz	2 OZ	100	22	5.88	0.02
CARROTS, RAW BABY EL 4 oz	4 OZ	100	40	9.34	0.03
SALAD DRESSING, RANCH	1.5 OZ	100	101	2.73	0.89
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	100	58	15.12	0.00
JUICE APPLE JUICE CUP	1 EACH	100	60	14.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			557	85.07	3.74
% of Calories				61.1%	6.0%
Nutrient Guideline			600-650		<10.00

<b>Wed - 09/13/2017</b>					
K-8 OF K/12	Total	100			
CHICKEN, POPCORN	12 PIECES	100	254	15.25	2.54
ROLL DINNER WG BAKER BOY	ROLL	100	100	17.0	0.50
POTATOES, MASHED INSTANT:1/2C	1/2 cup	85	90	17.0	0.00
GRAVY MIX, CHICKEN INSTANT	2 OZ	85	25	4.0	0.00
BROCCOLI, FLOR, FROZ 1/2 COM	1/2 C	85	26	4.93	0.02
ORANGES,FRESH	1 EACH	85	45	11.28	0.02
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			638	84.88	3.37
% of Calories				53.2%	4.8%
Nutrient Guideline			600-650		<10.00

<b>Thu - 09/14/2017</b>					
K-8 OF K/12	Total	100			
TACO BOAT	SERVG	100	269	23.55	5.45
REFRIED BEANS, ELEM 1/2	1/2 CUP	65	120	18.0	0.00
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	85	66	15.24	0.13
STRAWBERRY CUP	1 EACH	85	90	21.93	0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	100	6	1.32	0.01
SALSA , GREEN CHILI TOMATO, CH	2 oz	100	13	2.77	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			624	91.94	5.87
% of Calories				58.9%	8.5%
Nutrient Guideline			600-650		<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Fri - 09/15/2017					
K-8 OF K/12	Total	100			
BBQ PORK SAND	1 EA	100	390	39.0	6.00
POTATO JO-JO 3/4 (7-8 EA)	3/4 C (7-8 EA)	40	150	22.5	1.50
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	50	68	17.88	0.03
GRAPES,FRESH	1/2 C SERVING	50	76	19.45	0.13
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			648	87.66	6.98
% of Calories				54.1%	9.7%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Mon - 09/18/2017					
K-8 OF K/12	Total	100			
CHICKEN TAQUITOS 2 ea	2 EACH	100	220	26.0	2.00
WINTER MIX 3/4 C K-5	3/4 C	100	20	4.0	0.00
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	21.0	0.00
STRAWBERRY CUP	1 EACH	100	90	21.93	0.00
JUICE APPLE JUICE CUP	1 EACH	95	60	14.0	0.00
SALSA , GREEN CHILI TOMATO, CH	2 oz	100	13	2.77	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
Weighted Daily Average			616	110.00	2.30
% of Calories				71.5%	3.4%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Tue - 09/19/2017					
K-8 OF K/12	Total	100			
HAMBURGER ELE	1 EACH	100	268	31.0	3.30
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	1.0	1.25
BEANS BAKED 1/2	1/2 CUP	45	140	25.0	0.00
POTATO JO-JO 1/2 (5 EA)	1/2 C	65	100	15.0	1.00
GRAPES,FRESH	1/2 C SERVING	95	76	19.45	0.13
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	20	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	65	6	1.32	0.01
Weighted Daily Average			621	87.33	6.53
% of Calories				56.2%	9.5%
Nutrient Guideline			600-650		<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
<b>Wed - 09/20/2017</b>					
K-8 OF K/12	Total	100			
BEEF FINGERS CNTRY FRD (4)	3.88	100	302	18.32	5.39
ROLL DINNER WG BAKER BOY	ROLL	65	100	17.0	0.50
POTATOES, MASHED INSTANT:1/2C	1/2 cup	80	90	17.0	0.00
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	50	66	15.24	0.13
PEACHES, DICED LIGHT S: 1/2 C	4 oz	50	53	13.39	0.00
GRAVY BROWN	2 OZ	80	25	0.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0	0.00
Weighted Daily Average			638	77.14	6.08
% of Calories				48.4%	8.6%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
<b>Thu - 09/21/2017</b>					
K-8 OF K/12	Total	100			
SPAGHETTI AND MEAT SAUCE	1 CUP	100	266	40.98	2.67
BREAD, TOAST GARLIC MINI	1 oz SLICE	65	70	12.0	0.00
SALAD, ROMAINE 2016	SRV	65	56	12.68	0.05
SALAD DRESSING, RANCH	1.5 OZ	65	101	2.73	0.89
BANANAS,RAW FRESH	EACH	85	90	23.07	0.11
ORANGE JUICE CUP	1 EACH	95	50	13.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			645	104.60	4.58
% of Calories				64.9%	6.4%
Nutrient Guideline			600-650		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
<b>Fri - 09/22/2017</b>					
K-8 OF K/12	Total	100			
PIZZA 4X6 TONY'S	SLICE	100	300	33.0	5.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	65	14	3.04	0.02
SWEET POTATO LATTICE FF 3/4	3/4 CUP (12 EA)	65	250	32.29	2.20
APPLESAUCE UNSWEETENED CUPS	1 EA	95	53	14.64	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			629	83.72	7.64
% of Calories				53.2%	10.9%
Nutrient Guideline			600-650		<10.00

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**KENAI PENINSULA BOROUGH  
SCHOOL DISTRICT**

**Aug 20, 2017 thru Sep 30, 2017**

Base Menu Spreadsheet  
Portion Values - Detailed

K-8 OF K/12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
<b>Mon - 09/25/2017</b>					
K-8 OF K/12	Total	100			
CHICKEN BREAD K-6 san new BUN	SANDWICH	95	393	42.21	3.03
CARROTS, RAW BABY EL 4 oz	4 OZ	45	40	9.34	0.03
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	75	58	15.12	0.00
HUMMAS DIP TRADITIONAL .25 V	1 EACH	45	110	12.0	1.00
JUICE APPLE JUICE CUP	1 EACH	65	60	14.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	15	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	65	6	1.32	0.01
Weighted Daily Average			635	84.85	4.55
% of Calories				53.5%	6.4%
Nutrient Guideline			600-650		<10.00

<b>Tue - 09/26/2017</b>					
K-8 OF K/12	Total	100			
MEATLOAF /CHEESEBURGER	PATTY	100	190	8.0	6.00
ROLL DINNER WG BAKER BOY	ROLL	100	100	17.0	0.50
POTATOES, MASHED INSTANT:1/2C	1/2 cup	100	90	17.0	0.00
GRAVY BROWN	2 OZ	100	25	0.0	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	65	14	3.04	0.02
STRAWBERRY CUP	1 EACH	85	90	21.93	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	20	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	80	110	13.0	1.50
Weighted Daily Average			604	77.61	7.71
% of Calories				51.4%	11.5%
Nutrient Guideline			600-650		<10.00

<b>Wed - 09/27/2017</b>					
K-8 OF K/12	Total	100			
MACARONI N CHEESE	2/3 CUP	100	280	29.02	5.00
ROLL DINNER WG BAKER BOY	ROLL	100	100	17.0	0.50
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	100	39	7.4	0.03
APPLES,FRESH,W/SKIN	1 EACH	100	77	20.58	0.04
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			623	94.99	5.87
% of Calories				61.0%	8.5%
Nutrient Guideline			600-650		<10.00

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**KENAI PENINSULA BOROUGH  
SCHOOL DISTRICT**

**Aug 20, 2017 thru Sep 30, 2017**

Base Menu Spreadsheet  
Portion Values - Detailed

K-8 OF K/12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	S-Fat (g)
Thu - 09/28/2017					
K-8 OF K/12	Total	100			
CHILI CON CARNE W/ BEANS	3/4 CUP	100	201	24.95	2.38
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	75	80	0.57	3.29
PRETZEL WG SOFT 2.2 OZ	1 EACH	50	123	26.4	0.00
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	65	99	22.87	0.20
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	65	68	17.88	0.03
COOKIE, CHOC CHIP / M&M WG (1	1 EACH	100	110	19.0	1.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			667	105.06	6.29
% of Calories				63.0%	8.5%
Nutrient Guideline			600-650		<10.00

Fri - 09/29/2017					
K-8 OF K/12	Total	100			
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64	2.10
SAUSAGE LINKS L SODIUM 1 ea	1 EA	100	100	1.0	3.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	65	179	20.84	1.49
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39	0.00
ORANGE JUICE CUP	1 EACH	65	50	13.0	0.00
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0	1.50
Weighted Daily Average			617	78.34	6.37
% of Calories				50.8%	9.3%
Nutrient Guideline			600-650		<10.00

Weighted Average			630	89.77	5.79
				57.0%	8.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	630		600 - 650	100%				
Carbohydrate (g)	89.77	56.96%						
Saturated Fat (g)	5.79	8.27%	<10.00%					

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