

USDA is an equal opportunity provider and employer.

Monday, December I

Pizza

Steamed Broccoli Fresh Apple 100% Juice

White or Chocolate Milk

Tuesday, December 2

BB-Q Pulled Chicken Sandwich

Jo-Jo Wedge Potato **Edemane Succotash** Whole Fruit Orange/Pineapple **Swirl Cup** White or Chocolate Milk

Wed., December 3

Popcorn Chicken

with Roll

Mashed Potato Gravy Carrots/Ranch 100 % Juice White or Chocolate Milk

D.I.Y. VACCINATION.

It's the do-it-yourself vaccine that can help keep you healthy! Regular handwashing is a simple, effective way to keep the germs away and keep you on your feet. Plain soap and warm water work just fine!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!**

Thursday, December 4

Taco. Beef & Bean

Refried Beans Green Beans Banana

White or Chocolate Milk

Friday, December 5

Teriyaki Fingers With Chow Mein

Winter Vegetable **Pineapple Applesauce** White or Chocolate Milk

Monday, December 8

Maple Glazed French Toast/ Sausage

Tater Tots **Peaches** 100% Juice White or Chocolate Milk

Tuesday, December 9

Chalupa

Mixed Fruit KK Fries Carrots/Ranch White or Chocolate Milk

Wed., December 10

Corn Pups

Io-Io Wedge Potato **Mandarin Orange** Wedges 100% Juice White or Chocolate Milk

Thursday, December II

Chili Spud Bowl

Winter Vegetable Mix Chilled Diced Pears Green Beans White or Chocolate Milk

Friday, December 12

Egg Roll with Rice

Fresh Broccoli **Sweet Potato KK Fries Pineapple** White or Chocolate Milk

Monday, December 15

Breaded Chicken Sandwich with Rice

Baked Beans Carrots/Ranch **Mixed Fruit** White or Chocolate Milk

Tuesday, December 16

Chicken Nuggets With Chow Mein

Sweet Potato KK Fries Chilled Diced Pears 100 % juice White or Chocolate Milk

Wed., December 17

Garlic Roasted Fish with Rice

Tater Tots Green Beans Banana White or Chocolate Milk

Thursday, December 18

Cheese Sticks with **Dunker Sauce**

Applesauce Spinach Salad 100% Juice White or Chocolate Milk

Friday, December 19

Inservice Day



Friday, December 18

Classes resume: Monday, January 5



You are invited: School Breakfast Success'

Student Nutrition Services (SNS) for KPBSD is super pleased to be offering up 'Successful School Breakfast' for the great kids attending these KPBSD Schools.

Chapman School *Homer High School*Homer Middle School*Kenai Central High School*Kenai Middle School*McNeil Canyon Elementary School *Mountain View Elementary School*Nanwalek School*Nikiski JR/SR High School*Nikolaevsk School*Ninilchik School*Nikiski North Star Elementary School*Paul Banks Elementary School*Port Graham School*Redoubt Elementary School*Seward Elementary School*Seward High School *Seward Middle School*Soldotna Elementary School *Soldotna Montessori School*Skyview Middle School*Sterling Elementary School*Tustumena Elementary*West Homer Elementary School*Homer Flex School *Fireweed Academy

For those students that qualify for free or reduced priced meals, there is **no charge** for participating in the National School Breakfast Program at the above listed KPBSD schools. For those students participating in the 'paid 'category, \$1.75 is the charge per breakfast.

SNS-USDA school breakfasts include cereals, fresh fruit, hot entrees, juices, milk, and time with good friends as the school day begins. The KPBSD Breakfast Menu is posted on the KPBSD web site.

We really enjoy providing school breakfast to the eager students participating each school day.

Please do come and enjoy the nutritious, 'School Breakfast Success' offered up in the above listed KPBSD schools.

