

KENAI
PENINSULA
SCHOOL
DISTRICT
KENAI
PENINSULA



MENUS FOR DECEMBER 2014

USDA is an equal opportunity provider and employer.

Monday, December 1

**Pizza
or
Taco Snack**

**Steamed Broccoli
Fresh Apple
100% Juice**

**White or Chocolate
Milk**

Tuesday, December 2

**BB-Q Pulled
Chicken Sandwich
or
Fish Nuggets
Jo-Jo Wedge Potato
Edemane Succotash
Whole Fruit
Orange/Pineapple
Swirl Cup**

**White or Chocolate
Milk**

Wed., December 3

**Popcorn Chicken
or
Garlic Roasted Fish
Both with Roll**

**Mashed Potato
Gravy
Carrots/ Ranch
100 % Juice**

**White or Chocolate
Milk**

D.I.Y. VACCINATION.



It's the do-it-yourself vaccine that can help keep you healthy! Regular handwashing is a simple, effective way to keep the germs away and keep you on your feet. Plain soap and warm water work just fine!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Thursday, December 4

**Taco, Beef & Bean
or
Hawaiian Pizza**

**Refried Beans
Green Beans
Banana**

**White or Chocolate
Milk**

Friday, December 5

**Teriyaki Fingers
With Chow
Mein
or
Ham N Cheese
Hoagie
Winter Vegetable
Pineapple
Applesauce
White or Chocolate
Milk**

Monday, December 8

**Maple Glazed French
Toast/ Sausage
or
Sunflower Butter
and Jelly Sandwich**

**Tater Tots
Peaches
100% Juice
White or Chocolate**

Tuesday, December 9

**Chalupa
or
BB-Q
Chicken Sandwich**

**Mixed Fruit
KK Fries
Carrots/ Ranch
White or Chocolate
Milk**

Wed., December 10

**Corn Pups
or
Chicken Fajita
Quesadilla
Jo-Jo Wedge Potato
Mandarin Orange
Wedges
100% Juice
White or Chocolate
Milk**

Thursday, December 11

**Chili Spud Bowl
or
Breaded Chicken
Sandwich
Winter Vegetable
Mix
Chilled Diced Pears
Green Beans
White or Chocolate
Milk**

Friday, December 12

**Egg Roll
or
Chicken Fried Beef
both with Rice
Fresh Broccoli
Sweet Potato
KK Fries
Pineapple
White or Chocolate
Milk**

Monday, December 15

**Breaded Chicken
Sandwich
or
Beef Teriyaki
Nuggets with Rice**

**Baked Beans
Carrots/ Ranch
Mixed Fruit
White or Chocolate
Milk**

Tuesday, December 16

**Chicken Nuggets
With Chow Mein
or
BB-Q Pork Sandwich**

**Sweet Potato
KK Fries
Chilled Diced Pears
100 % juice
White or Chocolate
Milk**

Wed., December 17

**Garlic Roasted Fish
or
Popcorn Chicken
both
with Rice**

**Tater Tots
Green Beans
Banana
White or Chocolate
Milk**

Thursday, December 18

**Cheese Sticks with
Dunker Sauce
or
Chalupa**

**Applesauce
Spinach Salad
100% Juice
White or Chocolate
Milk**

Friday, December 19

**Spicy Grilled Salmon
with Rice
or
BB-Q Pork Sandwich**

**Winter Mix
JO-JO Wedge Potato
100% Juice
White or Chocolate
Milk**



**Last day of school:
Friday Dec. 18,
Classes resue:
Monday, January 5**



You are invited:’ School Breakfast Success’

Student Nutrition Services (SNS) for KPBSD is super pleased to be offering up ‘Successful School Breakfast’ for the great kids attending these KPBSD Schools.

Chapman School *Homer High School*Homer Middle School*Kenai Central High School*Kenai Middle School*McNeil Canyon Elementary School *Mountain View Elementary School*Nanwalek School*Nikiski JR/SR High School*Nikolaevsk School*Ninilchik School*Nikiski North Star Elementary School*Paul Banks Elementary School*Port Graham School*Redoubt Elementary School*Seward Elementary School*Seward High School *Seward Middle School*Soldotna Elementary School *Soldotna Montessori School*Skyview Middle School*Sterling Elementary School*Tustumena Elementary*West Homer Elementary School*Homer Flex School *Fireweed Academy

For those students that qualify for free or reduced priced meals, there is **no charge** for participating in the National School Breakfast Program at the above listed KPBSD schools. For those students participating in the ‘paid ‘category, \$1.75 is the charge per breakfast.

SNS-USDA school breakfasts include cereals, fresh fruit, hot entrees, juices, milk, and time with good friends as the school day begins. The KPBSD Breakfast Menu is posted on the KPBSD web site.

We really enjoy providing school breakfast to the eager students participating each school day.

Please do come and enjoy the nutritious, ‘School Breakfast Success’ offered up in the above listed KPBSD schools.

