LUNCH 6-8

Mon - 02/02/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
PRETZEL CHEESE FILLED	3 OZ	241	20	382	1.45	80.48	8.05	38.23	7.04	2.51
PIZZA 4X6 TONY'S	SLICE	300	25	580	1.80	250.00	16.00	35.00	11.00	5.00
CORN, CANNED, WHOLE-KE	1/2 cup	66	0	175	0.71	4.00	2.15	15.24	0.82	0.13
APPLES,FRESH,W/SKIN	1 EACH	77	0	1	0.18	8.94	0.39	20.58	0.25	0.04
CRACKERS, GOLD FISH CH	PKG	100	0	180	0.36	20.00	2.00	14.00	3.50	1.00
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Tue - 02/03/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
PULLED CHICKEN SAND:K-6	2.852 OZ	308	*53	698	*2.88	*40.00	20.00	42.48	*5.50	*1.00
POLLOCK NUGGETS: 4 EA	1 EACH	227	13	387	0.96	26.68	13.34	18.68	10.67	0.67
POTATO, SWEET KK FRIES	3 OZ	120	*N/A*	135	*N/A*	*N/A*	*N/A*	*N/A*	10.00	2.00
GREEN BEANS, CUT;K-5	.50 CUP	25	0	270	0.36	0.00	0.00	5.00	0.00	0.00
JUICE WH FRUIT CUP FZ MI	1 EACH	70	0	5	0.36	80.00	0.00	18.00	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
TARTAR SAUCE: scratch	1 OZ	77	6	148	0.05	8.03	0.29	6.52	6.22	0.62

Wed - 02/04/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
CHICKEN NUGGETS, WG 5	5 each	180	46	585	2.00	38.08	14.03	13.03	9.02	2.00
COD ROASTED 2013: K-8	3 OZ	125	32	255	0.36	10.00	10.50	1.50	8.50	1.25
POTATOES, MASHED INSTA	1/2 C	140	0	500	0.72	40.00	4.00	28.00	1.00	0.00
CARROTS, RAW BABY EL	4 OZ	10	0	22	0.25	9.07	0.18	2.34	0.04	0.01
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
GRAVY MIX, CHICKEN INSTA	1 OZ	12	2	150	0.00	0.00	0.50	2.00	0.50	0.00
SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59
ROLLS, ROUND WHEAT DIN	1 EACH	110	0	200	1.08	60.00	3.00	20.00	2.00	0.00
TARTAR SAUCE: scratch	1 OZ	77	6	148	0.05	8.03	0.29	6.52	6.22	0.62

Thu - 02/05/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
BEEF, CHICKEN FRIED FIN	4 EACH	80	12	201	0.70	9.44	4.07	4.65	5.02	1.80
BROCCOLI,FRESH,RAW	1 OZ	10	0	9	0.21	13.32	0.80	1.88	0.10	0.01
BEANS, BAKED ORIGINAL:1/	1/2 C	280	0	1100	3.60	80.00	12.00	58.00	2.00	0.00
PEACHES, LIGHT SYRUP: 1/	4 OZ	70	0	10	0.00	0.00	0.00	17.00	0.00	0.00
SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Fri - 02/06/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
PANCAKE WG 4"	1 EA	140	0	260	1.44	0.00	2.00	24.00	3.00	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	72	0	8	0.40	7.60	0.60	18.80	0.00	0.00
STRAWBERRIES,FRESH	1 EACH	4	0	0	0.05	1.92	0.08	0.92	0.04	0.00
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
SYRUP CUP, REDUCED CAL	1 EACH	50	0	15	0.00	0.00	0.00	13.00	0.00	0.00

Mon - 02/09/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
PIZZA, BIG DADDY HARVES	1/8 SLICE	440	35	850	3.60	250.00	25.00	51.00	16.00	6.00
BB TACO/BURRITO	1 EACH	280	25	469	*N/A*	99.82	15.97	34.94	8.98	3.49
MANDARIN ORANGE SEGM	.5 cup	90	0	0	0.00	20.00	0.50	21.00	0.00	0.00
CORN, CANNED, WHOLE-KE	1/2 cup	66	0	175	0.71	4.00	2.15	15.24	0.82	0.13
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Tue - 02/10/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
BEEF, CHICKEN FRIED STE	1 EACH	320	48	803	2.80	37.77	16.29	18.58	20.08	7.20
CHICKEN NUGGETS, WG 5	5 each	180	46	585	2.00	38.08	14.03	13.03	9.02	2.00
APPLESAUCE, UNSWEETEN	.5 CUP	60	0	10	1.44	0.00	0.00	15.00	0.00	0.00
ORANGES,FRESH	1 EACH	45	0	0	0.10	38.40	0.90	11.28	0.12	0.02
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
KETCHUP, PC 7 GR	PKG	10	0	80	0.00	0.00	0.00	2.00	0.00	0.00

Wed - 02/11/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
SOCKEYE SALMON FILLET	6 OZ	180	43	100	0.72	10.01	15.01	1.00	13.01	1.75
CHICKEN, POPCORN	SERV 3.85 OZ	289	38	301	1.81	25.09	15.05	17.56	17.56	3.14
ROLLS, ROUND WHEAT DIN	1 EACH	110	0	200	1.08	60.00	3.00	20.00	2.00	0.00
POTATOES, MASHED INSTA	1/2 C	140	0	500	0.72	40.00	4.00	28.00	1.00	0.00
GRAVY MIX, CHICKEN INSTA	1 OZ	12	2	150	0.00	0.00	0.50	2.00	0.50	0.00
CARROTS, RAW BABY EL	4 OZ	10	0	22	0.25	9.07	0.18	2.34	0.04	0.01
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59
TARTAR SAUCE: scratch	1 OZ	77	6	148	0.05	8.03	0.29	6.52	6.22	0.62

Thu - 02/12/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
MANWICH SLOPPY JOE'S K-	3 OZ	297	22	800	3.47	55.69	13.31	34.67	11.87	3.62
CORN PUPS, WHOLE GRAIN	6 EA	300	37	675	1.62	119.96	10.50	32.99	13.50	3.75
GREEN BEANS,9-12	3/4 CUP	37	0	405	0.54	0.00	0.00	7.50	0.00	0.00
BEANS, BAKED ORIGINAL:1/	1/2 C	280	0	1100	3.60	80.00	12.00	58.00	2.00	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	72	0	8	0.40	7.60	0.60	18.80	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
KETCHUP, PC 7 GR	PKG	10	0	80	0.00	0.00	0.00	2.00	0.00	0.00

Fri - 02/13/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
TERIYAKI BEEF FINGERS (J	1 EA	218	52	440	0.36	300.00	17.00	10.00	12.00	4.80
HAM & CHEESE HOAGIE GR	1 EA	298	46	1177	2.33	229.03	23.84	30.00	9.39	3.34
NOODLES, CHOW MEIN : 4	4 OZ	170	0	290	1.44	20.00	4.00	35.00	1.50	0.00
WINTER MIX ;3/4 C	3/4 C	67	0	67	0.96	53.36	5.34	10.67	0.00	0.00
PINEAPPLE CHUNKS	1/2 CUP	73	0	1	0.34	17.08	0.51	19.15	0.10	0.01
APPLESAUCE, UNSWEETEN	1 CUP	120	0	20	2.88	0.00	0.00	30.00	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Mon - 02/16/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
EGG ROLL SFS MINH TURK	1 EACH	250	110	680	3.60	60.00	15.00	27.00	9.00	2.50
BEEF, CHICKEN FRIED STE	1 EACH	320	48	803	2.80	37.77	16.29	18.58	20.08	7.20
RICE, BROWN LONG, QUICK	1/2 cup	108	0	5	0.41	10.00	2.52	22.39	0.88	0.18
GREEN BEANS, CUT;K-5	.50 CUP	25	0	270	0.36	0.00	0.00	5.00	0.00	0.00
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Tue - 02/17/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
CHICKEN FAJITA QUES W/B	1 EACH	276	46	693	1.79	116.64	17.89	30.47	9.89	3.57
CHICKEN STRIPS, SPICY	1 EACH	263	37	716	1.58	29.21	14.60	14.60	16.06	3.65
CORN, CANNED, WHOLE-KE	1/2 cup	66	0	175	0.71	4.00	2.15	15.24	0.82	0.13
4 BERRY BLEND FROZEN F	4 OZ	57	*N/A*	*N/A*	0.58	16.20	0.81	13.77	*N/A*	*N/A*
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	72	0	8	0.40	7.60	0.60	18.80	0.00	0.00
POTATO, TATER TOTS: 12	12 EACH	179	0	387	0.00	0.00	2.98	20.83	8.93	1.49
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00

Wed - 02/18/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
SLIDERS	2 EACH	524	*80	699	4.32	*1057.50	31.75	*41.87	22.50	9.56
CHICKEN NUGGETS, WG 5	5 each	180	46	585	2.00	38.08	14.03	13.03	9.02	2.00
GREEN BEANS, CUT;K-5	3/4 CUP	37	0	405	0.54	0.00	0.00	7.50	0.00	0.00
CARROTS, RAW BABY EL	4 OZ	10	0	22	0.25	9.07	0.18	2.34	0.04	0.01
STRAWBERRIES,FRESH	1 EACH	4	0	0	0.05	1.92	0.08	0.92	0.04	0.00
WINTER MIX ;3/4 C	3/4 C	67	0	67	0.96	53.36	5.34	10.67	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59
RICE, BROWN LONG, QUICK	1/2 cup	108	0	5	0.41	10.00	2.52	22.39	0.88	0.18

Thu - 02/19/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
SPAGHETTI AND MEAT SAU	1 CUP	194	25	449	2.66	68.19	11.12	16.90	10.37	4.09
PHILLY STEAK HOAGIE	1 EACH	287	31	597	7.83	36.80	16.46	31.84	10.18	3.62
BREAD STICK WG BROWN	STICK	90	0	170	0.72	20.00	2.00	14.00	2.50	0.00
APPLESAUCE, UNSWEETEN	.5 CUP	60	0	10	1.44	0.00	0.00	15.00	0.00	0.00
SALAD, ROMAINE: 1.5C NO	1.5 CUP	55	0	26	1.06	43.50	1.52	12.52	0.35	0.05
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59

Fri - 02/20/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
GRILLED CHEESE WHOLE	1 EACH	280	5	610	1.44	350.00	14.00	31.00	13.00	3.50
PULLED CHICKEN SAND:K-6	2.852 OZ	308	*53	698	*2.88	*40.00	20.00	42.48	*5.50	*1.00
PEARS, SLICED :1/2 C	1/2 C	80	0	5	0.36	0.00	0.00	20.00	0.00	0.00
POTATO, WEDGE FRIES THI	3 oz	112	0	0	0.40	0.00	2.23	16.73	2.23	0.00
JUICE WH FRUIT CUP FZ MI	1 EACH	70	0	5	0.36	80.00	0.00	18.00	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
KETCHUP:3	PKG	10	0	80	0.00	0.00	0.00	2.00	0.00	0.00

Mon - 02/23/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
CORN PUPS, WHOLE GRAIN	6 ea	300	37	675	1.62	119.96	10.50	32.99	13.50	3.75
POTATO, SWEET KK FRIES	3 OZ	120	*N/A*	135	*N/A*	*N/A*	*N/A*	*N/A*	10.00	2.00
APPLESAUCE, UNSWEETEN	.5 CUP	60	0	10	1.44	0.00	0.00	15.00	0.00	0.00
JUICE WH FRUIT CUP FZ, O	1 EACH	70	0	5	0.36	80.00	0.00	18.00	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
KETCHUP:3	PKG	10	0	80	0.00	0.00	0.00	2.00	0.00	0.00
MUSTARD: individual PC	Pkt 5g	3	0	57	0.08	2.90	0.22	0.27	0.20	0.01

Tue - 02/24/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
CHALUPA BEAN & CHEESE	3.5 OZ	225	18	278	23.09	2812.70	14.96	19.38	10.47	3.71
CHICKEN BREAST PATTY B	PATTY	240	55	340	1.80	20.00	15.00	14.00	14.00	4.00
CORN, CANNED, WHOLE-KE	1/2 cup	66	0	175	0.71	4.00	2.15	15.24	0.82	0.13
CARROTS, RAW BABY EL	4 OZ	10	0	22	0.25	9.07	0.18	2.34	0.04	0.01
STRAWBERRIES,FRZ,UNSW	.5 CUP	39	0	2	0.83	17.68	0.48	10.09	0.12	0.01
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
SALAD DRESSING, RANCH	1 OZ	67	11	113	0.00	18.75	0.56	1.81	6.16	0.59

Wed - 02/25/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
BEEF TERIYAKI WONDERBI	1 EACH	269	0	755	3.26	0.00	24.52	10.20	14.25	5.70
COD ROASTED 2013: K-8	3 OZ	125	32	255	0.36	10.00	10.50	1.50	8.50	1.25
ROLLS, ROUND WHEAT DIN	1 EACH	110	0	200	1.08	60.00	3.00	20.00	2.00	0.00
NOODLES, CHOW MEIN : 4	4 OZ	170	0	290	1.44	20.00	4.00	35.00	1.50	0.00
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
GREEN BEANS, CUT;K-5	.50 CUP	25	0	270	0.36	0.00	0.00	5.00	0.00	0.00
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
TACO SEASONING (SCRATC	1 OZ	0	0	13	0.00	0.00	0.00	0.13	0.00	0.00

Thu - 02/26/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
CHICKEN TACO	2 EACH	223	48	198	2.60	159.26	19.23	18.17	8.63	3.24
PIZZA BIG DADDY HARVEST	1/8 SLICE	430	35	770	2.70	300.00	25.00	51.00	15.00	5.00
REFRIED BEANS, ELEM	1/2 CUP	200	0	1040	5.40	80.00	12.00	36.00	0.00	0.00
JUICE CUP, VARIETY	1 EACH	50	0	0	0.00	5.00	0.07	13.50	0.00	0.00
ORANGES,FRESH	1 EACH	45	0	0	0.10	38.40	0.90	11.28	0.12	0.02
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
LETTUCE &TOMATO:1 leaf,2	1 lf,2 s/c	6	0	2	0.10	3.90	0.31	1.32	0.07	0.01

Fri - 02/27/2015	Portion Size	Cals	Mg Cholst	Mg Sodm	Mg Iron	Mg Calcm	G Protn	G Carb	G T-Fat	G S-Fat
PIZZA 4X6 TONY'S	SLICE	300	25	580	1.80	250.00	16.00	35.00	11.00	5.00
CHICKEN, POPCORN	SERV 3.85 OZ	289	38	301	1.81	25.09	15.05	17.56	17.56	3.14
BROCCOLI, FLORETS, FROZ	1 CUP	53	0	40	0.00	40.00	2.60	8.00	0.00	0.00
PEACHES, LIGHT SYRUP: 1/	1/2 C	9	0	1	0.00	0.00	0.00	2.12	0.00	0.00
POTATO, CRINKLE CUT: 3 O	3 OZ	180	0	45	1.08	0.00	3.00	28.50	5.75	2.25
MILK DARIGOLD WHITE 1%	HALF PINT	110	15	130	0.00	300.00	9.00	13.00	2.50	1.50
MILK, DARIGOLD CHOC FF	HALF PINT	140	5	190	0.36	300.00	8.00	28.00	0.00	0.00
COOKIE, CHOCOLATE CHIP	1 EACH	110	5	140	0.72	0.00	1.00	18.00	3.50	1.00

"N/A" - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.