

PROGRESS NOTES

907-714-8881 February 2015

If a Student Has Difficulty, Try This!

If student has difficulty ... Then try this...

Becoming interested ⇒ Tell stories

⇒ Establish relevancy

⇒ Provide concrete experiences

⇒ Read story or article aloud to stimulate

interest

⇒ Seat student close to teacher

Getting started ⇒ Give cue to begin work

> ⇒ Give smaller amounts of work ⇒ Provide immediate feedback

⇒ Sequence work

⇒ Provide time suggestions

⇒ Check on progress

⇒ Peer tutor

Keeping track of materials ⇒ Use a notebook

and assignments

⇒ Use large envelope for each subject

⇒ Give extra assignment sheets to resource teacher and parent

⇒ Write assignment on board

⇒ Give incentives for bringing supplies

More on page 3

Thanks to KPBSD school psychologist, Dr. Terese Kashi for providing the information for this series of newsletter articles.

Coming Soon...

National School Counseling Week February 2 - 6

Early Release February 4

Parent Conferences February 5 and February 6

ASSEC February 7 - February 13

> Autism Sunday February 8

National Stop Bullying Day February 9

> Angelman Syndrome Day February 15

Champion Crab Races Day February 17

> District Budget Meeting February 18

IEP Saturday February 28 Snuggle Swing Reminders 2 2 Celebrations 3 If a Student has Difficulty, Try This! (cont') Reminder! FAQs Goals of the Month

Contents

If a Student Has

Coming Soon

Difficulty, Try this!

"If you have only one smile in you, give it to the people you love."

-Maya Angelou



PROGRESS NOTES

907-714-8881

February 2015

Page 2

Reminders/Precautions about Airwalker (snuggle) Swings:

Airwalker / snuggle swings are beneficial for a lot of students with sensory modulation issues. When used skillfully, they have the potential to purposefully either calm or alert a nervous system. This dual use is one of the reasons the swings are helpful with so many of our students, but it also means a possibility exists for us to evoke a response opposite to that which we intend. When using swings, it is possible to bring a child down too far and bottom them out. It is also possible to provide so much intensity that we disorganize their system.

Vestibular interventions, such as swinging and spinning, have an especially strong impact on a child's nervous system. Many of our students have compromised nervous systems, so when one of them uses a therapeutic swing, they should always be monitored for autonomic nervous system responses. Watch for responses such as a pale appearance, flushing, fast or shallow breathing, glassy staring, pupil dilation / constriction, sudden quietness or withdrawal, sweating, going to sleep, negative facial or emotional expressions, "revving up", dizziness, vomiting, behavioral disorganization, etc. Anyone supervising the student should know general sensory interventions to use at the time negative responses occur. If an OT or PT is consulting on the use of the swing and an autonomic response occurs, stop the swinging and contact the therapist. If you are using swings with children outside the consultation of an OT or PT, reassess your approach. Please call the OT or PT any time you have any questions.

CELEBRATIONS!

We want to have a special spot each month for celebrations of excellence and learning within our district. If you have a celebration about a colleague, a school or about yourself, emai it to Denise Kelly!

Resource Teachers Bobbie Spence and Mary Roed from Redoubt Elementary and Cynthia Fudzinski from Tustumena Elementary have been **nominated** for the **2015 Inclusive Practices Award**. This is an award given by the Governor's Council on Disabilities and Special Education to recognize outstanding educators who work to ensure students with disabilities have the opportunity for an inclusive education in the general education curriculum. The nominations are based on the following activities that assure a positive learning environment for all:

Involving parents as equal partners in their child's education

Encouraging student's self-determination

Emphasizing inclusive practices amongst peers and others

Providing leadership in sharing the values of inclusion

Designing support services that enable access to the regular curriculum

Modifying programs or curricula as needed

WAY TO GO BOBBIE,
MARY AND CYNTHIA!!



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If a Student Has Difficulty, Try This!

If student has difficulty ... Then try this...

Completing tasks on time ⇒ Reduce amount to be accomplished

> ⇒ Allow more time ⇒ Provide checklists

⇒ Provide closure at points along the way

⇒ Break tasks into smaller parts

Staying on task ⇒ Reduce distraction

Increase reinforcements

Provide checklist

Reduce amount of work

⇒ Give break

Understanding cause / effect; antici- ⇒ Use concrete examples pating consequences

⇒ Use real life situations

⇒ Teach cause and effect directly, such as role playing, brainstorming, and / or simulation

Seeing relationships

⇒ Directly point out relationships

⇒ Draw arrows on worksheets or test to show that ideas are related

⇒ Provide direct practice

⇒ Provide headings or a partially filled in charts, for example

Reminder!

All IEPs and ESERs that will expire

between August 2015 and

Today you are you. That is truer than true, there is no one alive that is youer than you" -Dr. Seuss



September 15, 2015 MUST be completed before the May 8 paperwork deadline.

Mark your calendars and start now!!



PROGRESS NOTES

907-714-8881

February 2015

Page 4









- Q: Should a nurse be invited to the IEP meeting? The nurses are often gone from work when we have the IEP meetings, what should I do?
- A: If a student has medical needs that are addressed by the IEP team, then the team should invite the nurse. Even if the nurse cannot be there, please make sure that they provide any necessary information prior to the meeting and that they receive all relevant information following the meeting.
- Q: Where do I put study skills minutes in the IEP?
- A: This depends on why the student has study skills. If the student is in study skills for reading, writing, math, behavior or social / emotional reasons, put the minutes in those areas. Study Skills is simply the location. If the IEP and ESER notes executive functioning needs, then Study Skills can be put as a separate service area.

GOAL OF THE MONTH

<u>Goal</u>: Given a problem solving/daily living situation, the student will independently utilize a strategy to repair a communication breakdown (e.g. requesting clarification of information, requesting repetition of information, requesting help with a task, using verbal and nonverbal language appropriate to the given context) without becoming frustrated and using a harsh tone of voice in 4/5 trials across 3 sessions.

<u>Baseline</u>: The student benefits from support with problem solving and pragmatic language (situation specific language).

<u>Objective</u>: Given a problem solving/daily living situation, the student will identify a strategy to repair a communication breakdown as a) the speaker and b) the listener without becoming frustrated and using a harsh tone of voice in 4/5 trials across three sessions.

<u>Objective</u>: Given a problem solving/daily living situation, the student will demonstrate the ability to use a strategy to repair a communication breakdown as a) the speaker and/or b) the listener without becoming frustrated and using a harsh tone of voice in 4/5 trials across three sessions.

<u>Objective</u>: Given a problem solving/daily living situation, the student will demonstrate the ability to use a strategy to repair a communication breakdown as a) the speaker and/or b) the listener with support as needed in 4/5 trials across three sessions.