

We're Going Back To School



Elementary Menu August/September

Kenai Peninsula Borough School District

This institution is an equal opportunity provider. Menu may change.

Wed. August 19

Chicken Nuggets

Baked Beans
Mixed Fruit
Juice
Milk

Thursday, August 20

Beef Nuggets in Teriyaki Sauce

Rice
Steamed Broccoli
Applesauce
Milk

Friday, August 21

BB-Q Rib Sandwich

Sweet Potato Fries
Pineapple
Strawberry Cups
Milk

ONLINE PAYMENTS
Powered by RevTrak

Follow the link on our school system web site to take advantage of this safe, secure way to manage school meal payments

Breakfast
\$1.75
Lunch
\$2.85

Monday, August 24

Fish Nuggets
Tarter Sauce

Rice

Corn
100% Fruit Juice
Milk

Tuesday, August 25

Breaded Chicken Sandwich

French Fries
Carrot & Celery Sticks/
Ranch Applesauce
Milk

Wednesday, August 26

French Toast w/
Sausage

Tater Tots
Strawberries
Juice
Milk

Thursday, August 27

Spaghetti with Meat Sauce

Bread Stick
Romaine Salad
Chilled Peaches
Milk

Friday, August 28

Taco Snack

Refried Beans
Mixed Fruit
Cocktail
Juice
Milk

Monday, Aug. 31

Pizza

Green Beans
Mixed Fruit
Cocktail
Juice
Milk

Tuesday, September 1

Corn Pups

KK French Fries
Fresh Broccoli
Mandarin Orange Slices
Milk

Wed., September 2

Cheese Stuffed Pretzel

Baked Beans
Carrots with Ranch
Triple Mixed Berries
Milk

Thursday, September 3

Honey BB-Q Pork Nuggets

Dinner Roll
Mashed Potato w/
Gravy
Winter mix Veg.
Juice
Milk

Friday, September 4

Beef Nuggets in Teriyaki Sauce

Corn
Fresh Orange Wedges
Juice
Milk



BREAKFAST @SCHOOL
For first-class learning!

Featuring Healthy Fruits & Grains!



Student Nutrition Services - KPBSD

Monday, September 7



No School

Tuesday, September 8

Chalupa
Sweet Potato
KK Fries
Chilled Pears
Frozen Swirl
Pomegranate/
Strawberry
Milk

Wed, September 9

Ravioli
Bread Stick
Steamed Broccoli
Chilled Peaches
Juice
Milk

Thurs, September 10

BB-Q Pork
Sandwich
Baked Beans
Strawberry Cups
Cookie
Milk

Friday, September 11

Popcorn Chicken
Jo-Jo Wedge
Potato's
Chilled Mixed
Fruit
Juice
Milk

Monday, September 14

Egg Roll
Fried Rice
Green Beans
Juice
Milk

Tuesday, September 15

Chicken Fried Beef
Sticks
Sweet Potato
KK Fries
Steamed Broccoli
Applesauce
Milk

Wed, September 16

French Toast
Sticks with
Sausage
Tater Tots
Strawberry cups
Juice
Milk

Thurs, September 17

Fish Sandwich
Carrot & Celery
Sticks w/ Ranch
Gold Fish Pretzels
Mandarin Orange
Cups
Milk

Friday, September 18

Taco Snack
Refried Beans
Chilled Mixed
Fruit
Juice
Milk

Monday, September 21

Chicken Drumies
Green Beans
Chilled Mixed
Fruit
100 % Juice
Milk

Tuesday, September 22

Ocean Treasures
French Fries KK
Steamed Broccoli
Applesauce
Milk

Wed, September 23

Beef Nuggets
With Teriyaki
Sauce
Rice
Carrots w/Ranch
Triple Berry Mix
Juice
Milk

Thurs, September 24

Vegetarian Chili
Garlic Bread
Romaine Salad
Chilled Peach
Cups
Milk

Friday, September 25

Chicken Taquitos
Jo-Jo Wedge
Potato
Chilled Mixed
Fruit
Juice
Milk

Monday, September 28

Fish Nuggets
Sweet Potato KK
Fries
Chilled Pears
Whole Fruit Swirl
Milk

Tuesday, September 29

Hamburger
Fresh Broccoli
with
Ranch
Applesauce Cups
Juice
Milk

Wed, September 30

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Pizza
Green Beans
Baked Beans
Fresh Oranges
Milk

NUTRITION TO GO

A healthy diet should contain very little added sugar, but the average American consumes almost ½half a cup of added sugar every day. About a third comes from soda and other sugary drinks. But nearly 70% of the added sugar in our diets comes from processed foods, like bread, crackers, cookies, ice cream, ketchup, and cereal.

A TASTY MORSEL FOR PARENTS