

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 1

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 08/19/2015				
LUNCH K-5	Total	100		
CHICKEN NUGGETS, WG 5	5 each	100	0	0.0
BEANS, BAKED ORIGINAL: 1/2c	1/2 C	60	84	15.0
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	75	51	13.41
JUICE CUP, VARIETY	1 EACH	75	37	10.13
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			307	63.53
% of Calories				82.9%
Nutrient Guideline			550-650	

Thu - 08/20/2015				
LUNCH K-5	Total	100		
BEEF TERIYAKI FINGERS (JTM)	SERVING	100	175	8.03
BROCCOLI, FLORETS, FROZEN 1/2	1/2 C	65	17	3.21
APPLESAUCE, UNSWEETENED	.5 CUP	70	36	9.65
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
RICE, BROWN LONG, 3/4 C	3/4 CUP	50	81	16.79
Weighted Daily Average			443	62.68
% of Calories				56.6%
Nutrient Guideline			550-650	

Fri - 08/21/2015				
LUNCH K-5	Total	100		
PORK PATTY (BBQ)	1 EACH	100	250	10.0
POTATO, SWEET KK FRIES	3 OZ	50	60	*N/A*
PINEAPPLE CHUNKS	1/2 CUP	70	51	13.41
STRAWBERRY CUP	1 EACH	65	70	19.1
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
BUN, HAMBURGER WG 4" 2.25 OZ	1 EACH	100	160	28.0
Weighted Daily Average			726	*95.50
% of Calories				*52.6%
Nutrient Guideline			550-650	

Mon - 08/24/2015				
LUNCH K-5	Total	100		
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	100	220	19.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	54	11.2
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	65	43	9.91
JUICE APPLE JUICE CUP	4 OZ	75	45	10.5
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
TARTAR SAUCE: scratch	1 OZ	100	77	6.52

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 2

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			573	82.12 57.4%
Nutrient Guideline			550-650	

Tue - 08/25/2015				
LUNCH K-5	Total	100		
CHICKEN PATTY BREADED K-6	PATTY	100	243	15.21
POTATO, CRINKLE CUT: 4 OZ	4 OZ	80	128	20.27
Carrot & Celery Sticks	portion	80	31	6.95
APPLESAUCE, UNSWEETENED	.5 CUP	80	42	11.03
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
SALAD DRESSING, RANCH	1.5 OZ	80	81	2.18
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	65	4	0.86
BUN, HAMBURGER 4" WG	BUN	100	140	29.0
Weighted Daily Average % of Calories			803	110.50 55.1%
Nutrient Guideline			550-650	

Wed - 08/26/2015				
LUNCH K-5	Total	100		
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64
SAUSAGE LINKS	2 EACH	75	65	1.5
POTATO, TATER TOTS: 6-12 (12)	12 EACH	75	146	18.0
STRAWBERRY CUP	1 EACH	80	87	23.5
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
SYRUP CUP, REDUCED CALORIE	1 EACH	85	43	11.05
Weighted Daily Average % of Calories			682	104.69 61.4%
Nutrient Guideline			550-650	

Thu - 08/27/2015				
LUNCH K-5	Total	100		
SPAGHETTI AND MEAT SAUCE	1 CUP	100	266	41.86
BREAD STICK WG BROWN SERVE	STICK	80	72	11.2
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	75	42	9.39
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	65	43	9.91
PEACHES, DICED LIGHT S: 1/2 C	1/2 CUP	75	5	1.26
SALAD DRESSING, RANCH	1.5 OZ	75	76	2.05
Weighted Daily Average % of Calories			503	75.66 60.2%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 3

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 08/28/2015				
LUNCH K-5	Total	100		
TACO SNACK, BURRTIO	BURRITO	100	280	34.94
REFRIED BEANS, ELEM	1/2 CUP	50	60	9.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	75	51	13.41
JUICE CUP, VARIETY	1 EACH	75	37	10.13
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	85	68	0.48
SALSA , GREEN CHILI TOMATO, CH	1 OZ	25	2	0.35
Weighted Daily Average			632	93.30
% of Calories				59.1%
Nutrient Guideline			550-650	

Mon - 08/31/2015				
LUNCH K-5	Total	100		
PIZZA 4X6 TONY'S	SLICE	100	300	35.0
GREEN BEANS, CUT;K-5 LOW SO	.50 CUP	60	8	1.82
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	75	51	13.41
JUICE CUP, VARIETY	1 EACH	75	37	10.13
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			531	85.36
% of Calories				64.3%
Nutrient Guideline			550-650	

Tue - 09/01/2015				
LUNCH K-5	Total	100		
CORN PUPS, WHOLE GRAIN CHICKEN	6 EA	100	300	32.99
POTATO, CRINKLE CUT: 4 OZ	4 OZ	80	128	20.27
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	65	25	4.81
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	80	72	16.8
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
KETCHUP:3	PKG	70	7	1.4
Weighted Daily Average			666	101.26
% of Calories				60.8%
Nutrient Guideline			550-650	

Wed - 09/02/2015				
LUNCH K-5	Total	100		
PRETZEL CHEESE FILLED WG	3.3 OZ	100	241	38.23
BERRY,TRIPLE BERRY BLEND	SERVING	80	70	16.64
BEANS, BAKED ORIGINAL:1/2c	1/2 C	50	70	12.5
CARROTS, RAW BABY EL 4 oz	4 OZ	75	30	7.01
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 4

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average			546	99.37
% of Calories				72.9%
Nutrient Guideline			550-650	

Thu - 09/03/2015				
LUNCH K-5	Total	100		
PORK NUGGETS HONEY BB-Q	4 EACH	100	267	10.67
ROLL DINNER WG BAKER BOY	ROLL	80	88	15.2
WINTER MIX CAUL& BROCC (1C)	1 CUP	65	43	6.94
JUICE APPLE JUCE CUP	4 OZ	75	45	10.5
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
POTATOES, MASHED INSTANT:1/2C	1/2 CUP	75	34	6.37
GRAVY BROWN	2 OZ	60	15	0.0
Weighted Daily Average			626	74.68
% of Calories				47.7%
Nutrient Guideline			550-650	

Fri - 09/04/2015				
LUNCH K-5	Total	100		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	100	302	18.32
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	65	43	9.91
ORANGES,FRESH	1 EACH	70	32	7.9
JUICE APPLE JUCE CUP	4 OZ	75	45	10.5
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
ROLL DINNER WG BAKER BOY	ROLL	50	55	9.5
Weighted Daily Average			610	81.13
% of Calories				53.2%
Nutrient Guideline			550-650	

Tue - 09/08/2015				
LUNCH K-5	Total	100		
CHALUPA BEAN & CHEESE ON WG TO	3.8 OZ	100	245	21.15
POTATO, SWEET KK FRIES	3 OZ	50	60	*N/A*
PEARS, SLICED :1/2 C	1/2 C	65	52	13.0
JUICE WH FRUIT CUP FZ STRAW/PO	1 EACH	75	53	14.25
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			544	*73.40
% of Calories				*54.0%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

† - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 5

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/09/2015				
LUNCH K-5	Total	100		
RAVIOLI, BEEF W/WHEAT MACARONI	1 EACH	100	250	30.0
BREAD STICK WG BROWN SERVE	STICK	80	72	11.2
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	65	43	9.91
PEACHES, DICED LIGHT S: 1/2 C	4 OZ	75	40	10.05
JUICE CUP, VARIETY	1 EACH	75	37	10.13
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			576	96.28
% of Calories				66.8%
Nutrient Guideline			550-650	

Thu - 09/10/2015				
LUNCH K-5	Total	100		
PORK NUGGETS HONEY BB-Q	.90	100	67	2.67
BEANS, BAKED ORIGINAL:1/2c	1/2 C	60	84	15.0
STRAWBERRY CUP	1 EACH	65	70	19.1
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
COOKIE SNICKERDOODLE	1 EACH	90	90	17.1
Weighted Daily Average			445	78.86
% of Calories				70.9%
Nutrient Guideline			550-650	

Fri - 09/11/2015				
LUNCH K-5	Total	100		
CHICKEN, POPCORN	SERV 3.85 OZ	100	289	17.56
POTATO JO-JO 4 OZ	3.0	80	155	12.86
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	75	51	13.41
JUICE CUP, VARIETY	1 EACH	75	37	10.13
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			666	78.96
% of Calories				47.4%
Nutrient Guideline			550-650	

Mon - 09/14/2015				
LUNCH K-5	Total	100		
EGG ROLL SFS MINH TURKEY & VEG	1 EACH	95	238	25.65
RICE FRIED VEG.	SERVING	60	162	33.0
GREEN BEANS, CUT;K-5 LOW SO	.50 CUP	60	8	1.82
JUICE APPLE JUICE CUP	4 OZ	80	48	11.2
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 6

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average			590	96.67
% of Calories				65.6%
Nutrient Guideline			550-650	

Tue - 09/15/2015				
LUNCH K-5	Total	1		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	4	1207	73.29
SWEET POTATO CRINKLE CUT	SERVING	1	187	29.33
BROCCOLI, FLORETS, FROZEN 1/2	1/2 C	1	26	4.93
APPLESAUCE, UNSWEETENED	.5 CUP	1	52	13.79
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	1	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	1	140	28.0
Weighted Daily Average			1722	162.34
% of Calories				37.7%
Nutrient Guideline			550-650	

Wed - 09/16/2015				
LUNCH K-5	Total	100		
FRENCH TOAST STICKS, WG :3 ea	3 EACH	100	208	25.64
SAUSAGE LINKS	2 EACH	100	87	2.0
POTATO, TATER TOTS: 6-12 (12)	12 EACH	60	117	14.4
STRAWBERRY CUP	1 EACH	75	81	22.03
JUICE CUP, VARIETY	1 EACH	80	40	10.8
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	60	84	16.8
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	40	44	5.2
Weighted Daily Average			661	96.87
% of Calories				58.6%
Nutrient Guideline			550-650	

Thu - 09/17/2015				
LUNCH K-5	Total	1		
Fish Salad Mini's	4 oz	1	278	37.34
MANDARIN ORANGE SEG LIGHT 3/4	.5 cup	1	67	15.75
Carrot & Celery Sticks	portion	1	39	8.69
PRETZEL GOLDFISH CRACKERS	BAG	1	90	16.0
Weighted Daily Average			475	77.78
% of Calories				65.5%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 7

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 09/18/2015				
LUNCH K-5	Total	1		
CHICKEN TAQUITOS	SERVING	4	440	52.0
EDAMANE SUCCOTASH	3 OZ	1	100	10.0
APPLES,FRESH,W/SKIN	1 EACH	1	77	20.58
JUICE CUP, VARIETY	1 EACH	1	50	13.5
SALSA , GREEN CHILI TOMATO, CH	1 OZ	1	6	1.39
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	1	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	1	140	28.0
Weighted Daily Average			924	138.46
% of Calories				59.9%
Nutrient Guideline			550-650	

Mon - 09/21/2015				
LUNCH K-5	Total	100		
CHICKEN DRUMETTE SOUTHERN	SERVING	95	70	2.85
GREEN BEANS, CUT;K-5 LOW SO	.50 CUP	60	8	1.82
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	54	14.3
JUICE APPLE JUCE CUP	4 OZ	80	48	11.2
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
ROLL DINNER WG BAKER BOY	ROLL	80	88	15.2
Weighted Daily Average			402	70.38
% of Calories				69.9%
Nutrient Guideline			550-650	

Tue - 09/22/2015				
LUNCH K-5	Total	1		
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	4	880	76.0
POTATO, CRINKLE CUT: 4 OZ	4 OZ	1	160	25.33
BROCCOLI RAW EL 1/2	1/2 C	1	39	7.53
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	4	360	84.0
TARTAR SAUCE: scratch	1 OZ	1	77	6.52
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	1	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	1	140	28.0
Weighted Daily Average			1765	240.38
% of Calories				54.5%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 8

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 09/23/2015				
LUNCH K-5	Total	100		
BEEF TERIYAKI FINGERS (JTM)	SERVING	95	166	7.63
RICE, BROWN LONG, 3/4 C	3/4 cup	80	130	26.87
BERRY, TRIPLE BERRY BLEND	SERVING	75	66	15.6
CARROTS, RAW BABY EL 4 oz	4 OZ	80	32	7.48
JUICE ORANGE JUICE CUP	4 OZ	90	45	11.7
SALAD DRESSING RANCH 1 OZ	1 OZ	30	0	0.0
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			572	94.27
% of Calories				65.9%
Nutrient Guideline			550-650	

Thu - 09/24/2015				
LUNCH K-5	Total	100		
VEGETARIAN CHILI	1 CUP	95	84	12.79
BREAD, TOAST GARLIC MINI	1 oz SLICE	95	67	11.4
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	65	36	8.14
PEACHES, DICED LIGHT S: 1/2 C	4 oz	80	42	10.72
SALAD DRESSING, RANCH	1.5 OZ	65	65	1.77
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
Weighted Daily Average			429	69.82
% of Calories				65.1%
Nutrient Guideline			550-650	

Fri - 09/25/2015				
LUNCH K-5	Total	100		
CHICKEN TAQUITOS	SERVING	100	110	13.0
EDAMANE SUCCOTASH	4 OZ	50	67	6.67
APPLES, FRESH, W/SKIN	1 EACH	75	58	15.43
JUICE ORANGE JUICE CUP	4 OZ	90	45	11.7
SALSA, GREEN CHILI TOMATO, CH	2 OZ	90	12	2.49
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			425	74.29
% of Calories				69.9%
Nutrient Guideline			550-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

† - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Aug 17, 2015 thru Sep 30, 2015

Base Menu Spreadsheet

LUNCH K-5

Weighted Values - Detailed

Page 9

Generated on: 8/13/2015 11:24:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 09/28/2015				
LUNCH K-5	Total	100		
POLLOCK NUGGETS: 4 EA	1 EACH	95	215	17.74
SWEET POTATO CRINKLE CUT	SERVING	60	112	17.6
PEARS, SLICED :1/2 C	1/2 C	80	64	16.0
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	80	56	15.2
TARTAR SAUCE: scratch	1 OZ	60	46	3.91
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			628	95.45
% of Calories				60.8%
Nutrient Guideline			550-650	

Tue - 09/29/2015				
LUNCH K-5	Total	100		
HAMBURGER ELE	1 EACH	100	268	31.0
BROCCOLI RAW EL 1/2	1/2 C	60	23	4.52
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	54	14.3
JUICE APPLE JUCE CUP	4 OZ	90	54	12.6
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			534	87.42
% of Calories				65.5%
Nutrient Guideline			550-650	

Wed - 09/30/2015				
LUNCH K-5	Total	100		
PIZZA 4X6 TONY'S	SLICE	100	300	35.0
GREEN BEANS, CUT;K-5 LOW SO	.50 CUP	80	11	2.43
BEANS, BAKED ORIGINAL	4 oz	60	84	15.0
ORANGES,FRESH	1 EACH	80	36	9.02
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	20	22	2.6
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	80	112	22.4
Weighted Daily Average			565	86.46
% of Calories				61.2%
Nutrient Guideline			550-650	

Weighted Average			652	*94.93
				*58.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	652		550 - 650	100%			2	
Carbohydrate (g)	94.93	58.21%			Missing			Correction Required - Calories too High

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.