Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/01/2016			,	
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	119	25.2
Cindys Fiesta Bowl	.5 CUP	55	174	10.25
PIZZA PRIMO BIG DADDY 16"	SLICE	10	36	3.4
TORTILLA WHEAT 10"	1 EA	55	110	19.8
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	19	3.7
SWEET POTATO WEDGES CRINKLE	6 OZ	50	600	96.0
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
JUICE APPLE JUCE CUP	4 OZ	85	51	11.9
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
CHEESE SAUCE CHEDDAR	2 OZ	35	28	2.1
Weighted Daily Average			1305	203.49
% of Calories				62.4%
Nutrient Guideline			750-850	

Tue - 02/02/2016				
LUNCH 9-12	Total	100		
PORK PATTY (BBQ)	1 EACH	60	240	23.4
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	15	21	1.2
WRAP, HAM 9-12 GRADE	1 EACH	15	57	5.85
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	54	13.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
STRAWBERRIES,FRZ,UNSWTND	.5 CUP	75	29	7.57
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
RICE, BROWN LONG, 1 CUP	1 cup	15	32	6.72
Weighted Daily Average			737	95.16
% of Calories				51.7%
Nutrient Guideline			750-850	

Wed - 02/03/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	112	12.95
CHICKEN TAQUITOS HS	4 EACH	30	132	15.6
BOSCO CHEESE STICK WG	Bread Stick (2)	40	152	20.0
POTATO, CURLY FRIES	SERVING	80	160	21.33
BEANSBAKED	1 CUP	40	112	20.0
JUICE ORANGE JUICE CUP	4 OZ	50	25	6.5
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	5	1.11
KETCHUP:3	PKG	50	5	1.0
DIPPING SAUCE 6-12	4 OZ	20	2	0.59

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Weighted Daily Average			858	127.00
% of Calories				59.2%
Nutrient Guideline			750-850	

Thu - 02/04/2016				
***************************************	Total	100		
LUNCH 9-12	Total	100		
POPCORN CHICKEN POTATO BOWL	SVC	20	79	7.52
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	20	59	6.06
PORK NUGGETS HONEY BB-Q	4 EACH	60	160	6.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	60	84	14.4
APPLESAUCE, UNSWEETENED	.5 CUP	60	31	8.27
GRAVY MIX, CHICKEN INSTANT	2 OZ	20	5	8.0
Weighted Daily Average			721	80.67
% of Calories				44.8%
Nutrient Guideline			750-850	

Fri - 02/05/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	104	9.42
PIZZA PRIMO BIG DADDY 16"	SLICE	60	216	20.38
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	10	22	1.9
POTATO, TATER TOTS: 6-12 (12)	12 EACH	80	156	19.2
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	50	11	2.28
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	58	15.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	2	0.4
TARTAR SAUCE: scratch	1 OZ	10	8	0.65
ROLL DINNER WG BAKER BOY	ROLL	10	11	1.9
Weighted Daily Average			754	102.47
% of Calories				54.4%
Nutrient Guideline			750-850	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet Weighted Values - Detailed

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**LUNCH 9-12** 

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/08/2016	0.20	<u></u>	(11001)	(9)
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	119	25.2
Cindys Fiesta Bowl	.5 CUP	55	174	10.25
PIZZA PRIMO BIG DADDY 16"	SLICE	10	36	3.4
TORTILLA WHEAT 10"	1 EA	55	110	19.8
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	19	3.7
SWEET POTATO WEDGES CRINKLE	6 OZ	50	600	96.0
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
JUICE APPLE JUCE CUP	4 OZ	85	51	11.9
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
CHEESE SAUCE CHEDDAR	2 OZ	35	28	2.1
Weighted Daily Average			1305	203.49
% of Calories				62.4%
Nutrient Guideline			750-850	

Tue - 02/09/2016				
LUNCH 9-12	Total	100		
PORK PATTY (BBQ)	1 EACH	60	240	23.4
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	15	21	1.2
WRAP, HAM 9-12 GRADE	1 EACH	15	57	5.85
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	54	13.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
STRAWBERRIES,FRZ,UNSWTND	.5 CUP	75	29	7.57
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
RICE, BROWN LONG, 1 CUP	1 cup	15	32	6.72
Weighted Daily Average			737	95.16
% of Calories				51.7%
Nutrient Guideline			750-850	

Wed - 02/10/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	112	12.95
CHICKEN TAQUITOS HS	4 EACH	30	132	15.6
BOSCO CHEESE STICK WG	Bread Stick (2)	40	152	20.0
POTATO, CURLY FRIES	SERVING	80	160	21.33
BEANSBAKED	1 CUP	40	112	20.0
JUICE ORANGE JUICE CUP	4 OZ	50	25	6.5
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	5	1.11
KETCHUP:3	PKG	50	5	1.0
DIPPING SAUCE 6-12	4 OZ	20	2	0.59

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Weighted Daily Average			858	127.00
% of Calories				59.2%
Nutrient Guideline			750-850	

TI 00/44/0040				
Thu - 02/11/2016				
LUNCH 9-12	Total	100		
POPCORN CHICKEN POTATO BOWL	SVC	20	79	7.52
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	20	59	6.06
PORK NUGGETS HONEY BB-Q	4 EACH	60	160	6.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	60	84	14.4
APPLESAUCE, UNSWEETENED	.5 CUP	60	31	8.27
GRAVY MIX, CHICKEN INSTANT	2 OZ	20	5	8.0
Weighted Daily Average			721	80.67
% of Calories				44.8%
Nutrient Guideline			750-850	

Fri - 02/12/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	104	9.42
PIZZA PRIMO BIG DADDY 16"	SLICE	60	216	20.38
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	10	22	1.9
POTATO, TATER TOTS: 6-12 (12)	12 EACH	80	156	19.2
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	50	11	2.28
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	58	15.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	2	0.4
TARTAR SAUCE: scratch	1 OZ	10	8	0.65
ROLL DINNER WG BAKER BOY	ROLL	10	11	1.9
Weighted Daily Average			754	102.47
% of Calories				54.4%
Nutrient Guideline			750-850	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed

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**LUNCH 9-12** 

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/15/2016	0.20	<u> </u>	(1100.1)	(9)
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	119	25.2
Cindys Fiesta Bowl	.5 CUP	55	174	10.25
PIZZA PRIMO BIG DADDY 16"	SLICE	10	36	3.4
TORTILLA WHEAT 10"	1 EA	55	110	19.8
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	19	3.7
SWEET POTATO WEDGES CRINKLE	6 OZ	50	600	96.0
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
JUICE APPLE JUCE CUP	4 OZ	85	51	11.9
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
CHEESE SAUCE CHEDDAR	2 OZ	35	28	2.1
Weighted Daily Average			1305	203.49
% of Calories				62.4%
Nutrient Guideline			750-850	

Tue - 02/16/2016				
LUNCH 9-12	Total	100		
PORK PATTY (BBQ)	1 EACH	60	240	23.4
TERIYAKI CHIČKEŃ STIR FRY KIT	2.8 OZ	15	21	1.2
WRAP, HAM 9-12 GRADE	1 EACH	15	57	5.85
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	54	13.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
STRAWBERRIES,FRZ,UNSWTND	.5 CUP	75	29	7.57
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
RICE, BROWN LONG, 1 CUP	1 cup	15	32	6.72
Weighted Daily Average			737	95.16
% of Calories				51.7%
Nutrient Guideline			750-850	

Wed - 02/17/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	112	12.95
CHICKEN TAQUITOS HS	4 EACH	30	132	15.6
BOSCO CHEESE STICK WG	Bread Stick (2)	40	152	20.0
POTATO, CURLY FRIES	SERVING	80	160	21.33
BEANSBAKED	1 CUP	40	112	20.0
JUICE ORANGE JUICE CUP	4 OZ	50	25	6.5
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	5	1.11
KETCHUP:3	PKG	50	5	1.0
DIPPING SAUCE 6-12	4 OZ	20	2	0.59

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Weighted Daily Average			858	127.00
% of Calories				59.2%
Nutrient Guideline			750-850	

Thu - 02/18/2016				
LUNCH 9-12	Total	100		
POPCORN CHICKEN POTATO BOWL	SVC	20	79	7.52
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	20	59	6.06
PORK NUGGETS HONEY BB-Q	4 EACH	60	160	6.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	60	84	14.4
APPLESAUCE, UNSWEETENED	.5 CUP	60	31	8.27
GRAVY MIX, CHICKEN INSTANT	2 OZ	20	5	8.0
Weighted Daily Average			721	80.67
% of Calories				44.8%
Nutrient Guideline			750-850	

Fri - 02/19/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	104	9.42
PIZZA PRIMO BIG DADDY 16"	SLICE	60	216	20.38
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	10	22	1.9
POTATO, TATER TOTS: 6-12 (12)	12 EACH	80	156	19.2
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	50	11	2.28
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	58	15.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	2	0.4
TARTAR SAUCE: scratch	1 OZ	10	8	0.65
ROLL DINNER WG BAKER BOY	ROLL	10	11	1.9
Weighted Daily Average			754	102.47
% of Calories				54.4%
Nutrient Guideline			750-850	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

Page 7 Generated on: 1/20/2016 8:02:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/22/2016			( /	\3/
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	119	25.2
Cindys Fiesta Bowl	.5 CUP	55	174	10.25
PIZZA PRIMO BIG DADDY 16"	SLICE	10	36	3.4
TORTILLA WHEAT 10"	1 EA	55	110	19.8
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	19	3.7
SWEET POTATO WEDGES CRINKLE	6 OZ	50	600	96.0
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
JUICE APPLE JUCE CUP	4 OZ	85	51	11.9
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
CHEESE SAUCE CHEDDAR	2 OZ	35	28	2.1
Weighted Daily Average			1305	203.49
% of Calories				62.4%
Nutrient Guideline			750-850	

Tue - 02/23/2016				
100 00,000	T-4-1	400		
LUNCH 9-12	Total	100		
PORK PATTY (BBQ)	1 EACH	60	240	23.4
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	15	21	1.2
WRAP, HAM 9-12 GRADE	1 EACH	15	57	5.85
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	54	13.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
STRAWBERRIES,FRZ,UNSWTND	.5 CUP	75	29	7.57
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
RICE, BROWN LONG, 1 CUP	1 cup	15	32	6.72
Weighted Daily Average			737	95.16
% of Calories				51.7%
Nutrient Guideline			750-850	

Wed - 02/24/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	112	12.95
CHICKEN TAQUITOS HS	4 EACH	30	132	15.6
BOSCO CHEESE STICK WG	Bread Stick (2)	40	152	20.0
POTATO, CURLY FRIES	SERVING	80	160	21.33
BEANSBAKED	1 CUP	40	112	20.0
JUICE ORANGE JUICE CUP	4 OZ	50	25	6.5
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	5	1.11
KETCHUP:3	PKG	50	5	1.0
DIPPING SAUCE 6-12	4 OZ	20	2	0.59

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			858	127.00 59.2%
Nutrient Guideline			750-850	

TI 00/05/0040				
Thu - 02/25/2016				
LUNCH 9-12	Total	100		
POPCORN CHICKEN POTATO BOWL	SVC	20	79	7.52
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	20	59	6.06
PORK NUGGETS HONEY BB-Q	4 EACH	60	160	6.4
FRUIT BAR FRESH HS	1 EACH	40	27	6.92
VEGTABLE BAR HS	SERVINGS	60	90	7.67
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	60	60	1.64
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	60	84	14.4
APPLESAUCE, UNSWEETENED	.5 CUP	60	31	8.27
GRAVY MIX, CHICKEN INSTANT	2 OZ	20	5	0.8
Weighted Daily Average			721	80.67
% of Calories				44.8%
Nutrient Guideline			750-850	

Fri - 02/26/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	104	9.42
PIZZA PRIMO BIG DADDY 16"	SLICE	60	216	20.38
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	10	22	1.9
POTATO, TATER TOTS: 6-12 (12)	12 EACH	80	156	19.2
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	50	11	2.28
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	58	15.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	2	0.4
TARTAR SAUCE: scratch	1 OZ	10	8	0.65
ROLL DINNER WG BAKER BOY	ROLL	10	11	1.9
Weighted Daily Average			754	102.47
% of Calories				54.4%
Nutrient Guideline			750-850	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

¹- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet Weighted Values - Detailed **LUNCH 9-12** 

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	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Mon - 02/29/2016				
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	119	25.2
Cindys Fiesta Bowl	.5 CUP	55	174	10.25
PIZZA PRIMO BIG DADDY 16"	SLICE	10	36	3.4
TORTILLA WHEAT 10"	1 EA	55	110	19.8
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	19	3.7
SWEET POTATO WEDGES CRINKLE	6 OZ	50	600	96.0
FRUIT BAR FRESH HS	1 EACH	50	34	8.65
JUICE APPLE JUCE CUP	4 OZ	85	51	11.9
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
KETCHUP:3	PKG	75	7	1.5
CHEESE SAUCE CHEDDAR	2 OZ	35	28	2.1
Weighted Daily Average			1305	203.49
% of Calories				62.4%
Nutrient Guideline			750-850	

Weighted Average		895	125.65
			56.1%

Nutrient	Menu	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if
	AVG							any)
Calories Carbohydrate(g)	895 125.65	56.14%	750 - 850	105%			45	Correction Required - Calories too High

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.