

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Feb 1, 2016 thru Feb 29, 2016

Base Menu Spreadsheet

LUNCH 6-8

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/01/2016				
LUNCH 6-8	Total	100		
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	50	70	4.0
CHICKEN DRUMETTE SOUTHERN	3 EACH	50	110	4.5
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	50	11	2.28
TORTILLA WHEAT 10"	1 EA	20	40	7.2
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	80	54	14.3
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	54	11.2
Weighted Daily Average			503	73.93
% of Calories				58.7%
Nutrient Guideline			600-700	

Tue - 02/02/2016				
LUNCH 6-8	Total	100		
POLLOCK HOAGIE	3.6 OZ	40	76	5.6
PIZZA INDIVIDUAL	1 EA	60	174	17.4
BEANS BAKED	1 CUP	80	224	40.0
POTATO, KK OVENABLE 3 OZ	3 OZ	80	96	15.2
PEARS, FRESH	1 EACH	50	47	12.64
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
TARTAR SAUCE: scratch	1 OZ	50	38	3.26
Weighted Daily Average			782	115.10
% of Calories				58.9%
Nutrient Guideline			600-700	

Wed - 02/03/2016				
LUNCH 6-8	Total	100		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	102	6.0
HAM & CHEESE HOAGIE GRADE K-8	1 EA	50	112	15.71
ROLL DINNER WG BAKER BOY	ROLL	70	77	13.3
SPINACH SALAD	1.5 CUP	80	124	17.9
PINEAPPLE CHUNKS	1/2 CUP	75	55	14.37
CARROTS, RAW BABY EL 4 oz	4 OZ	65	26	6.07
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	80	81	2.18
Weighted Daily Average			702	96.53
% of Calories				55.0%
Nutrient Guideline			600-700	

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Base Menu Spreadsheet

LUNCH 6-8

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 02/04/2016				
LUNCH 6-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	50	150	17.5
CHALUPA BEAN & CHEESE ON WG TO	3.8 oz	50	123	10.58
WINTER MIX :1/2C K-5	3/4 C	60	30	4.8
ORANGES,FRESH	1 EACH	75	34	8.46
JUICE VARIETY NEW	1 EA	75	41	10.13
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
Weighted Daily Average			504	72.46
% of Calories				57.5%
Nutrient Guideline			600-700	

Mon - 02/08/2016				
LUNCH 6-8	Total	100		
CHICKEN DRUMETTE SOUTHERN	3 EACH	50	110	4.5
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	50	151	9.16
RICE, BROWN LONG, 1/2 C	1/2 CUP	75	81	16.79
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	60	23	4.44
APPLES,FRESH,W/SKIN	1 EACH	65	50	13.37
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
Weighted Daily Average			580	78.72
% of Calories				54.3%
Nutrient Guideline			600-700	

Tue - 02/09/2016				
LUNCH 6-8	Total	100		
HAMBURGERELE	1 EACH	70	188	21.7
PORK NUGGETS HONEY BB-Q	4 EACH	30	80	3.2
ROLL DINNER WG BAKER BOY	ROLL	50	55	9.5
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	40	27	7.15
POTATO, KK OVENABLE 3 OZ	3 OZ	60	72	11.4
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	60	42	11.4
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	65	4	0.86
KETCHUP:3	PKG	1	0	0.02
Weighted Daily Average			594	86.23
% of Calories				58.1%
Nutrient Guideline			600-700	

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LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 02/10/2016				
LUNCH 6-8	Total	100		
PULLED CUBAN HOAGIE	1 EA	30	96	9.9
CHICKEN TAQUITOS	3 EACH	70	231	27.3
CARROTS, RAW BABY EL 4 oz	4 OZ	70	28	6.54
BEANS BAKED	1 CUP	80	224	40.0
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	70	70	1.91
JUICE VARIETY NEW	1 EA	90	49	12.15
Weighted Daily Average			825	118.80
% of Calories				57.6%
Nutrient Guideline			600-700	

Thu - 02/11/2016				
LUNCH 6-8	Total	100		
VEGETARIAN CHILI: 1/2 c	1/2 C	50	4446	673.32
STRING CHEESE each	1 OZ	95	87	*N/A*
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	102	6.0
BUNS MINI ALOHA	PORTION	75	135	25.5
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	80	44	10.02
APPLES, FRESH, W/SKIN	1 EACH	80	62	16.46
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
SALAD DRESSING, RANCH	1.5 OZ	75	76	2.05
PEACHES, DICED LIGHT S: 1/2 C	4 oz	80	42	10.72
Weighted Daily Average			5120	*765.06
% of Calories				*59.8%
Nutrient Guideline			600-700	

Fri - 02/12/2016				
LUNCH 6-8	Total	100		
POLLOCK BAJA FISH WG STICKS,	4 PIECES	50	115	10.0
CHICKEN PATTY BREADED K-6	PATTY	50	192	22.1
POTATO, WEDGE FRIES 1/2=3OZ	3 oz	80	116	9.65
BROCCOLI RAW EL 1/2	1/2 C	75	29	5.65
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK 1% SMITH BROTHERS	HALF PINT	80	88	10.4
COOKIE SNICKERDOODLE	1 EACH	90	90	17.1
Weighted Daily Average			691	86.95
% of Calories				50.4%
Nutrient Guideline			600-700	

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LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/15/2016				
LUNCH 6-8	Total	100		
CHICKEN BREAST FILLET, BBQ SAN	1 EACH	50	165	22.0
POLLOCK BAJA FISH WG STICKS,	4 PIECES	50	115	10.0
SWEET POTATO WEDGES CRINKLE	3/4 cup	50	75	12.0
PEARS,FRESH	1 EACH	65	62	16.43
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	80	56	15.2
Weighted Daily Average			599	96.63
% of Calories				64.6%
Nutrient Guideline			600-700	

Tue - 02/16/2016				
LUNCH 6-8	Total	100		
CHICKEN SWEET & SOUR	1 EA	50	70	9.0
EGG ROLL WG CHICKEN & VEG	4.4	50	135	14.97
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	54	11.2
BROCCOLI RAW 3/4 C	.75 C	80	12	2.23
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
PINEAPPLE CHUNKS	1/2 CUP	1	1	0.19
SALAD DRESSING, RANCH	1.5 OZ	1	1	0.03
Weighted Daily Average			437	68.07
% of Calories				62.3%
Nutrient Guideline			600-700	

Wed - 02/17/2016				
LUNCH 6-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	50	150	17.5
PIZZA INDIVIDUAL	1 EA	50	145	14.5
APPLES,FRESH,W/SKIN	1 EACH	95	74	19.55
POTATO, TATER TOTS K-5 (8)	1 EACH	75	98	12.0
JUICE VARIETY NEW	1 EA	80	44	10.8
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
Weighted Daily Average			636	95.35
% of Calories				60.0%
Nutrient Guideline			600-700	

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LUNCH 6-8

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 02/18/2016				
LUNCH 6-8	Total	100		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	50	151	9.16
CHICKEN, POPCORN	SERV 3.85 OZ	50	145	9.29
BUNS MINI ALOHA	PORTION	80	144	27.2
POTATOES, MASHED INSTANT: 1/2C	1/2 cup	80	72	13.6
GRAVY MIX, CHICKEN INSTANT	2 OZ	50	12	2.0
PEARS, DICED IN LIGHT SYRUP	.5 CUP	70	41	10.58
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
WINTER MIX : 1/2C K-5	3/4 C	1	1	0.08
Weighted Daily Average			692	92.91
% of Calories				53.7%
Nutrient Guideline			600-700	

Fri - 02/19/2016				
LUNCH 6-8	Total	100		
PORK PATTY (BBQ)	1 EACH	50	200	19.5
HAM & CHEESE HOAGIE GRADE K-8	1 EA	50	112	15.71
BEANS BAKED	1 CUP	80	224	40.0
ORANGES, FRESH	1 EACH	75	34	8.46
FRUIT, MIXED,, LIGHT: 1/2 C	1/2 C	70	48	12.52
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK 1% SMITH BROTHERS	HALF PINT	80	88	10.4
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	40	2	0.53
Weighted Daily Average			730	109.72
% of Calories				60.1%
Nutrient Guideline			600-700	

Mon - 02/22/2016				
LUNCH 6-8	Total	100		
CHALUPA BEAN & CHEESE ON WG TO	3.8 oz	50	123	10.58
PORK PATTY (BBQ)	1 EACH	50	200	19.5
REFRIED BEANS, TRADITIONAL NF	3/4 cup	80	144	21.6
APPLESAUCE, UNSWEETENED	.5 CUP	75	39	10.34
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	1	1	0.01
Weighted Daily Average			671	92.47
% of Calories				55.1%
Nutrient Guideline			600-700	

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LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 02/23/2016				
LUNCH 6-8	Total	100		
POLLOCK HOAGIE	3.6 OZ	50	95	7.0
CHICKEN SAND BREAD K-6	SANDWICH	50	192	22.1
PEARS, FRESH	1 EACH	75	71	18.96
SWEET POTATO WEDGES CRINKLE	3/4 cup	65	98	15.6
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	80	56	15.2
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
TARTAR SAUCE: scratch	1 OZ	1	1	0.07
Weighted Daily Average			638	99.93
% of Calories				62.7%
Nutrient Guideline			600-700	

Wed - 02/24/2016				
LUNCH 6-8	Total	100		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	102	6.0
PB&J STRAWBERRY	1 EA	50	150	17.0
POTATO, TATER TOTS: 6-12 (12)	12 EACH	60	117	14.4
ORANGES, FRESH	1 EACH	80	36	9.02
JUICE VARIETY NEW	1 EA	70	38	9.45
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
ROLL DINNER WG BAKER BOY	ROLL	50	55	9.5
Weighted Daily Average			624	86.37
% of Calories				55.4%
Nutrient Guideline			600-700	

Thu - 02/25/2016				
LUNCH 6-8	Total	100		
CHICKEN ALFREDO	1 CUP	60	166	21.22
BREAD, TOAST GARLIC MINI	1 oz SLICE	75	53	9.0
PORK NUGGETS HONEY BB-Q	4 EACH	40	107	4.27
BROCCOLI RAW 3/4 C	.75 C	80	12	2.23
PEACHES, DICED LIGHT S: 1/2 C	4 oz	75	40	10.05
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
APPLE SAUCE UNSWEETENED CUPS	1 EA	75	37	10.5
Weighted Daily Average			540	78.27
% of Calories				58.0%
Nutrient Guideline			600-700	

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LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 02/26/2016				
LUNCH 6-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	40	120	14.0
PIZZA INDIVIDUAL	1 EA	30	87	8.7
CHICKEN, BBQ FILLET BURGER	1 EACH	30	99	12.6
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	80	44	10.02
FRUIT, MIXED,, LIGHT: 1/2 C	1/2 C	70	48	12.52
JUICE VARIETY NEW	1 EA	80	44	10.8
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
Weighted Daily Average			568	89.63
% of Calories				63.1%
Nutrient Guideline			600-700	

Mon - 02/29/2016				
LUNCH 6-8	Total	100		
POLLOCK, BREADED OCEAN TREASUR	4 NUGGETS	50	110	9.5
PORK NUGGETS HONEY BB-Q	4 EACH	50	133	5.33
POTATO, KK OVENABLE 3 OZ	3 OZ	60	72	11.4
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	75	16	3.42
APPLESAUCE, UNSWEETENED	.5 CUP	75	39	10.34
MILK 1% SMITH BROTHERS	HALF PINT	20	22	2.6
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	104	18.4
ROLL DINNER WG BAKER BOY	ROLL	50	55	9.5
TARTAR SAUCE: scratch	1 OZ	35	27	2.28
Weighted Daily Average			578	72.77
% of Calories				50.4%
Nutrient Guideline			600-700	

Weighted Average			851	*123.80 *58.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	851		600 - 700	122%			151	
Carbohydrate (g)	123.80	58.21%			Missing			Correction Required - Calories too High

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