**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 02/01/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	35	107	23.0
Cracker, Maple Waffle Graham	BAG 1 oz	35	111	20.25
BAR OATMEAL CHOC CHIP BENEFIT	BAR	45	290	47.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
JUICE APPLE JUCE CUP	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	23.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
STRING CHEESE each	1 OZ	20	91	*N/A*
Weighted Daily Average			439	*76.09
% of Calories				*69.3%
Nutrient Guideline			400-550	

Tue - 02/02/2016				
BREAKFAST6-8	Total	100		
CEREAL, 2 BOWL VARIETY	SERVING	20	210	47.5
YOGURT, LI'L YAMI VARIETY	4 OZ	10	130	18.17
BURRITO, BRK BACON & POTATO	1 EACH	50	200	25.0
BERRY,TRIPLE BERRY BLEND K-5	SERVING	85	88	20.8
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
STRING CHEESE each	1 OZ	10	91	*N/A*
Weighted Daily Average			398	*70.70
% of Calories				*71.0%
Nutrient Guideline			400-550	

Wed - 02/03/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
POP TART, WHOLE GRAIN STRAWBER	PASTRY	15	180	38.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
BAR FRENCH TOAST BENEFIT	BAR	65	290	47.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	68	17.88
JUICE ORANGE JUICE CUP	4 OZ	95	50	13.0
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	25	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	75	140	28.0
Weighted Daily Average			497	95.39
% of Calories				76.7%
Nutrient Guideline			400-550	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Page 2 Generated on: 1/20/2016 11:14:01 AM

	Portion Size	Reimb Qtv	Cals (kcal)	Carb (g)
Thu - 02/04/2016	0.20		(noai)	(9)
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	25	107	23.0
NUTRI-GRAINBAR, STRAWBERRY	BAR	25	120	24.0
PIZZA, BREAKFAST PIZZA SAUSAGE	SLICE	50	203	25.14
PEARS, DICED IN LIGHT SYRUP	.5 CUP	80	58	15.12
STRAWBERRY CUP	1 EACH	85	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			422	81.88
% of Calories				77.7%
Nutrient Guideline			400-550	

Fri - 02/05/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
CRACKER, VANILLA SPORT BITE	1 EACH	20	110	19.32
EGG N CHEESE SANDWICH	1 EACH	35	159	18.82
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	80	90	21.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
BLUEBERRIES, FROZEN	1/2 CUP	80	40	9.5
Weighted Daily Average			322	59.30
% of Calories				73.6%
Nutrient Guideline			400-550	

Mon - 02/08/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	35	107	23.0
Cracker, Maple Waffle Graham	BAG 1 oz	35	111	20.25
BAR OATMEAL CHOC CHIP BENEFIT	BAR	45	290	47.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
JUICE APPLE JUCE CUP	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	23.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
STRING CHEESE each	1 OZ	20	91	*N/A*
Weighted Daily Average			439	*76.09
% of Calories				*69.3%
Nutrient Guideline			400-550	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Nutrient Guideline

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Reimh

Cals

Carb

Portion

	Portion	Reimb	Cais	Carb
	Size	Qty	(kcal)	(g)
Tue - 02/09/2016				
BREAKFAST6-8	Total	100		
CEREAL, 2 BOWL VARIETY	SERVING	20	210	47.5
YOGURT, LI'L YAMI VARIETY	4 OZ	10	130	18.17
BURRITO, BRK BACON & POTATO	1 EACH	50	200	25.0
BERRY.TRIPLE BERRY BLEND K-5	SERVING	85	88	20.8
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
STRING CHEESE each	1 OZ	10	91	*N/A*
OTTAIN OTTEE OUT	1 32	10	01	14// (
Weighted Daily Average			398	*70.70
% of Calories				*71.0%
7,00.00.000				
Nutrient Guideline			400-550	
Wed - 02/10/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
POP TART, WHOLE GRAIN STRAWBER	PASTRY	15	180	38.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
BAR FRENCH TOAST BENEFIT	BAR	65	290	47.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	68	17.88
JUICE ORANGE JUICE CUP	4 OZ	95	50	13.0
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	25	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	75	140	28.0
Weighted Daily Average	15 (21 ) 11(1	, ,	497	95.39
% of Calories			451	76.7%
70 Of Galories				70.770
Nutrient Guideline			400-550	
	·			
Thu - 02/11/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	25	107	23.0
NUTRI-GRAINBAR, STRAWBERRY	BAR	25	120	24.0
PIZZA, BREAKFAST PIZZA SAUSAGE	SLICE	50	203	25.14
PEARS, DICED IN LIGHT SYRUP	.5 CUP	80	58	15.12
STRAWBERRY CUP	1 EACH	85	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average	17.121.111	7.0	422	81.88
% of Calories			722	77.7%
70 OI GUIDING				17.170

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Page 4 Generated on: 1/20/2016 11:14:01 AM

	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Fri - 02/12/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
CRACKER, VANILLA SPORT BITE	1 EACH	20	110	19.32
EGG N CHEESE SANDWICH	1 EACH	35	159	18.82
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	80	90	21.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
BLUEBERRIES, FROZEN	1/2 CUP	80	40	9.5
Weighted Daily Average			322	59.30
% of Calories				73.6%
Nutrient Guideline			400-550	

Mon - 02/15/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	35	107	23.0
Cracker, Maple Waffle Graham	BAG 1 oz	35	111	20.25
BAR OATMEAL CHOC CHIP BENEFIT	BAR	45	290	47.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
JUICE APPLE JUCE CUP	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	23.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
STRING CHEESE each	1 OZ	20	91	*N/A*
Weighted Daily Average			439	*76.09
% of Calories				*69.3%
Nutrient Guideline			400-550	

Tue - 02/16/2016				
BREAKFAST6-8	Total	100		
CEREAL, 2 BOWL VARIETY	SERVING	20	210	47.5
YOGURT, LI'L YAMI VARIETY	4 OZ	10	130	18.17
BURRITO, BRK BACON & POTATO	1 EACH	50	200	25.0
BERRY,TRIPLE BERRY BLEND K-5	SERVING	85	88	20.8
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
STRING CHEESE each	1 OZ	10	91	*N/A*
Weighted Daily Average			398	*70.70
% of Calories				*71.0%
Nutrient Guideline			400-550	
% of Calories			400-550	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Page 5 Generated on: 1/20/2016 11:14:01 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 02/17/2016			` ′	(0)
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
POP TART, WHOLE GRAIN STRAWBER	PASTRY	15	180	38.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
BAR FRENCH TOAST BENEFIT	BAR	65	290	47.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	68	17.88
JUICE ORANGE JUICE CUP	4 OZ	95	50	13.0
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	25	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	75	140	28.0
Weighted Daily Average			497	95.39
% of Calories				76.7%
Nutrient Guideline			400-550	

Thu - 02/18/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	25	107	23.0
NUTRI-GRAINBAR, STRAWBERRY	BAR	25	120	24.0
PIZZA, BREAKFAST PIZZA SAUSAGE	SLICE	50	203	25.14
PEARS, DICED IN LIGHT SYRUP	.5 CUP	80	58	15.12
STRAWBERRY CUP	1 EACH	85	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			422	81.88
% of Calories				77.7%
Nutrient Guideline			400-550	

Fri - 02/19/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
CRACKER, VANILLA SPORT BITE	1 EACH	20	110	19.32
EGG N CHEESE SANDWICH	1 EACH	35	159	18.82
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	80	90	21.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
BLUEBERRIES, FROZEN	1/2 CUP	80	40	9.5
Weighted Daily Average			322	59.30
% of Calories				73.6%
Nutrient Guideline			400-550	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Page 6 Generated on: 1/20/2016 11:14:01 AM

	Portion Size	Reimb Qtv	Cals (kcal)	Carb (g)
Mon - 02/22/2016			( /	\3/
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	35	107	23.0
Cracker, Maple Waffle Graham	BAG 1 oz	35	111	20.25
BAR OATMEAL CHOC CHIP BENEFIT	BAR	45	290	47.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
JUICE APPLE JUCE CUP	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	23.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
STRING CHEESE each	1 OZ	20	91	*N/A*
Weighted Daily Average			439	*76.09
% of Calories				*69.3%
Nutrient Guideline			400-550	

Tue - 02/23/2016				
BREAKFAST6-8	Total	100		
CEREAL, 2 BOWL VARIETY	SERVING	20	210	47.5
YOGURT, LI'L YAMI VARIETY	4 OZ	10	130	18.17
BURRITO, BRK BACON & POTATO	1 EACH	50	200	25.0
BERRY,TRIPLE BERRY BLEND K-5	SERVING	85	88	20.8
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
STRING CHEESE each	1 OZ	10	91	*N/A*
Weighted Daily Average			398	*70.70
% of Calories				*71.0%
Nutrient Guideline			400-550	

Wed - 02/24/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
POP TART, WHOLE GRAIN STRAWBER	PASTRY	15	180	38.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
BAR FRENCH TOAST BENEFIT	BAR	65	290	47.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	68	17.88
JUICE ORANGE JUICE CUP	4 OZ	95	50	13.0
MILK DARIGOLD WHITE 1% HALF P	HALF PINT	25	110	13.0
MILK, DARIGOLD CHOC FF HALF PI	HALF PINT	75	140	28.0
Weighted Daily Average			497	95.39
% of Calories				76.7%
Nutrient Guideline			400-550	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

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**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

ated on: 1/20/2016 11:14:01 AM

Page 7				Genera
	Portion	Reimb	Cals	Carb
	Size	Qty	(kcal)	(g)
Thu - 02/25/2016			, ,	, ,
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	25	107	23.0
NUTRI-GRAINBAR, STRAWBERRY	BAR	25	120	24.0
PIZZA, BREAKFAST PIZZA SAUSAGE	SLICE	50	203	25.14
PEARS, DICED IN LIGHT SYRUP	.5 CUP	80	58	15.12
STRAWBERRY CUP	1 EACH	85	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			422	81.88
% of Calories				77.7%
Nutrient Guideline			400-550	
Fri - 02/26/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	20	107	23.0
CRACKER, VANILLA SPORT BITE	1 EACH	20	110	19.32
EGG N CHEESE SANDWICH	1 EACH	35	159	18.82
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	80	90	21.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
BLUEBERRIES, FROZEN	1/2 CUP	80	40	9.5
Weighted Daily Average			322	59.30
% of Calories				73.6%
Nutrient Guideline			400-550	
Mon - 02/29/2016				
BREAKFAST6-8	Total	100		-

Mon - 02/29/2016				
BREAKFAST6-8	Total	100		
CEREAL,1 BOWL VARIETY	SERVING	35	107	23.0
Cracker, Maple Waffle Graham	BAG 1 oz	35	111	20.25
BAR OATMEAL CHOC CHIP BENEFIT	BAR	45	290	47.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
JUICE APPLE JUCE CUP	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	40	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	50	130	23.0
YOGURT, LI'L YAMI VARIETY	4 OZ	20	130	18.17
STRING CHEESE each	1 OZ	20	91	*N/A*
Weighted Daily Average			439	*76.09
% of Calories				*69.3%
Nutrient Guideline			400-550	

Weighted Average		417	*76.65
			*73.5%

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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**BREAKFAST 6-8** 

Base Menu Spreadsheet Portion Values - Detailed

Page 8 Generated on: 1/20/2016 11:14:01 AM

				Portion	Reimb	Cals	Carb		
				Size	Qty	(kcal)	(g)		
Nutrient	Menu	% of Cals	Weekly Target	% of Target	Miss Data	Shortfal		Overage	Error Messages (if
	AVG							_	any)
Calories	417		400 - 550	100%					
Carbohydrate(g)	76.65	73.54%			Missing				

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\*-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>&</sup>lt;sup>1</sup>- Trans Fat value is provided for informational purposes only, not for monitoring purposes.