KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2016 thru Apr 29, 2016

Base Menu Spreadsheet — LUNCH 6-8

Portion Values - Detailed

Generated on: 3/25/2016 11:58:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Fri - 04/01/2016					
LUNCH 6-8	Total	100			
CHICKEN SWEET & SOUR	1 EA	40	140	9	18.0
PORK NUGGETS HONEY BB-Q	4 EACH	60	267	*N/A*	10.67
RICE, BROWN LONG, 1/2 C	1/2 CUP	80	108	0	22.39
BEANS BAKED 3/4	.75 c	80	210	*N/A*	37.5
POTATO JO-JO 1/2	1/2 C	50	146	*N/A*	12.06
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	70	68	0	17.88
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			717	*21	101.06
% of Calories				*11.8%	56.4%
Nutrient Guideline			600-700		

	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Mon - 04/04/2016					
LUNCH 6-8	Total	100			
CHICKEN, POPCORN	SERV 3.85 OZ	50	253	1	16.21
BURRITO CHEESE & BEAN	1 EA	50	290	*N/A*	0.0
WINTER MIX :3/4 C K-5	3/4 C	80	50	*N/A*	8.0
APPLES,FRESH,W/SKIN	1 EACH	75	77	15	20.58
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
JUICE VARIETY NEW	1 EA	80	55	*N/A*	13.5
SALSA , GREEN CHILI TOMATO, CH	2 oz	50	13	*N/A*	2.77
PRETZEL GOLDFISH CRACKERS	BAG	40	90	*N/A*	16.0
Weighted Daily Average			582	*30	69.53
% of Calories				*20.4%	47.8%
Nutrient Guideline			600-700		

	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Tue - 04/05/2016					
LUNCH 6-8	Total	100			
HAMBURGER ELE	1 EACH	50	268	*0	31.0
PORK NUGGETS HONEY BB-Q	4 EACH	50	267	*N/A*	10.67
POTATO, KK OVENABLE 3 OZ	3 OZ	75	120	*N/A*	19.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	50	6	*N/A*	1.32
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	80	70	*N/A*	19.0
BUNS MINI ALOHA	PORTION	40	90	*N/A*	17.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	40	68	0	17.88
KETCHUP:3	PKG	40	10	*N/A*	2.0
Weighted Daily Average			610	*18	86.70
% of Calories				*11.5%	56.9%
Nutrient Guideline			600-700		

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Wed - 04/06/2016					
LUNCH 6-8	Total	100			
CHICKEN PATTY BREADED 7-12	PATTY	50	373	*1	43.17
CHICKEN TAQUITOS	3 EACH	50	330	*N/A*	39.0
BEANS BAKED 1 CUP	1 CUP	60	280	*N/A*	50.0
BROCCOLI RAW 3/4 C	.75 C	80	15	*N/A*	2.79
CARROTS, RAW BABY EL 4 oz	4 OZ	70	40	*N/A*	9.34
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
SALSA , GREEN CHILI TOMATO, CH	2 oz	50	13	*N/A*	2.77
JUICE VARIETY NEW	1 EA	70	55	*N/A*	13.5
SALAD DRESSING, RANCH	1.5 OZ	65	101	*N/A*	2.73
Weighted Daily Average			796	*18	113.47
% of Calories				*9.1%	57.1%
Nutrient Guideline			600-700		

Thu - 04/07/2016					
LUNCH 6-8	Total	100			
VEGETARIAN CHILI :1/2	1/2 c	50	89	*0	13.47
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	203	0	12.0
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	50	140	*N/A*	24.0
APPLES,FRESH,W/SKIN	1 EACH	80	77	15	20.58
PEACHES, DICED LIGHT S: 1/2 C	4 oz	70	53	0	13.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	50	55	*1	12.52
SALAD DRESSING, RANCH	1.5 OZ	50	101	*N/A*	2.73
STRING CHEESE each	1 OZ	50	91	*N/A*	*N/A*
Weighted Daily Average			565	*31	*79.20
% of Calories				*21.7%	*56.1%
Nutrient Guideline			600-700		

Fri - 04/08/2016					
LUNCH 6-8	Total	100			
PB&J STRAWBERRY	1 EA	70	300	15	34.0
CHICKEN PATTY BREADED K-6	PATTY	30	383	*1	44.21
JUICE VARIETY NEW	1 EA	40	55	*N/A*	13.5
CARROTS, RAW BABY EL 4 oz	4 OZ	60	40	*N/A*	9.34
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
COOKIE SNICKERDOODLE	1 EACH	50	100	*N/A*	19.0
SALAD DRESSING, RANCH	1.5 OZ	50	101	*N/A*	2.73
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	6	*N/A*	1.32
Weighted Daily Average			599	*28	80.33
% of Calories				*19.0%	53.6%
Nutrient Guideline			600-700		

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Mon - 04/11/2016					
LUNCH 6-8	Total	100			
PIZZA 4X6 TONY'S	SLICE	30	300	*N/A*	35.0
BBQ PORK RIBWICH	1 EACH	70	400	11	39.0
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	80	154	9	2473.9
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
PEARS,FRESH	1 EACH	90	95	16	25.28
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	80	70	*N/A*	19.0
CRACKER PIZZA SAVORY BITES	BAG 1 oz	50	80	2	15.0
Weighted Daily Average			801	*48	2083.4
% of Calories				*24.0%	1040.9
Nutrient Guideline			600-700		
Tue - 04/12/2016					
LUNCH 6-8	Total	100			
CHICKEN SWEET & SOUR	1 EA	50	140	9	18.0
EGG ROLL WG CHICKEN &VEG	4.4	50	269	*N/A*	29.94
BROCCOLI RAW 3/4 C	.75 C	80	15	*N/A*	2.79
PINEAPPLE CHUNKS	1/2 CUP	80	73	*N/A*	19.15
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
SALAD DRESSING, RANCH	1.5 OZ	75	101	*N/A*	2.73
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	108	0	22.39
Weighted Daily Average			531	*22	75.77
% of Calories				*16.7%	57.1%
Nutrient Guideline			600-700		
Wed - 04/13/2016					
LUNCH 6-8	Total	100			
FRENCH TOAST STICKS, WG :3 EA	3 EA	50	208	*N/A*	25.64
SAUSAGE, LINKS LF SKINLESS 2	2 EA	50	132	*N/A*	2.63
PB&J STRAWBERRY	1 EA	50	300	15	34.0
POTATO JO-JO 3/4	3/4 C	80	291	*N/A*	24.12
JUICE VARIETY NEW	1 EA	70	55	*N/A*	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
STRAWBERRY CUP	1 EACH	90	108	*N/A*	29.38
Weighted Daily Average			815	*25	107.32
% of Calories				*12.3%	52.7%
Nutrient Guideline			600-700		

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Apr 1, 2016 thru Apr 29, 2016

Base Menu Spreadsheet — LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Thu - 04/14/2016					
LUNCH 6-8	Total	100			
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	203	0	12.0
CHICKEN, POPCORN	SERV 3.85 OZ	50	253	1	16.21
POTATOES, MASHED INSTANT:1/2C	1/2 cup	65	90	0	17.0
GRAVY MIX, CHICKEN INSTANT	2 OZ	50	25	1	4.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	80	53	0	13.39
BUNS MINI ALOHA	PORTION	35	90	*N/A*	17.0
WINTER MIX :1/2C K-5	1/2 C	35	33	*N/A*	5.34
Weighted Daily Average			511	*19	66.69
% of Calories				*14.6%	52.2%
Nutrient Guideline			600-700		
Fri - 04/15/2016					
LUNCH 6-8	Total	100			
PORK PATTY (BBQ)	1 EACH	50	400	11	39.0
HAM & CHEESE HOAGIE GRADE K-8	1 EA	50	225	*3	31.43
ORANGES,FRESH	1 EACH	80	45	9	11.28
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	50	68	0	17.88
BEANS BAKED 3/4	.75 c	40	210	*N/A*	37.5
Weighted Daily Average			592	*32	89.18
% of Calories				*21.5%	60.2%
Nutrient Guideline			600-700		
Mon - 04/18/2016					
LUNCH 6-8	Total	100			
EGG N CHEESE SANDWICH	1 EACH	50	159	4	18.82
SAUSAGE LINKS	1 EA	50	43	*N/A*	1.0
PB&J STRAWBERRY	1 EA	50	300	15	34.0
APPLESAUCE, UNSWEETENED	.5 CUP	95	52	0	13.79
CARROTS, RAW BABY EL 4 oz	4 OZ	75	40	*N/A*	9.34
JUICE VARIETY NEW	1 EA	80	55	*N/A*	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
CRACKER PIZZA SAVORY BITES	BAG 1 oz	60	80	2	15.0
SALAD DRESSING, RANCH	1.5 OZ	70	101	*N/A*	2.73
JUICE/FRUITABLES/TROPICAL	6.75 OZ	50	90	*N/A*	22.0
Weighted Daily Average			664	*28	100.73
% of Calories				*17.0%	60.7%
Nutrient Guideline			600-700		

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Tue - 04/19/2016					
LUNCH 6-8	Total	100			
PORK PATTY (BBQ)	1 EACH	50	400	11	39.0
CHICKEN PATTY BREADED 7-12	PATTY	50	373	*1	43.17
PEARS, DICED IN LIGHT SYRUP	.5 CUP	70	58	0	15.12
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	50	6	*N/A*	1.32
JUICE WH FRUIT CUP FZ STRAW/PO	1 each	50	70	*N/A*	19.0
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	60	154	9	2473.9
Weighted Daily Average			684	*29	1567.2
% of Calories				*17.0%	917.0%
Nutrient Guideline			600-700		

Wed - 04/20/2016					
LUNCH 6-8	Total	100			
CHICKEN SAND BREAD 7-12	1 EACH	50	393	*1	42.17
PIZZA 4X6 TONY'S	SLICE	50	300	*N/A*	35.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	0	15.24
ORANGES,FRESH	1 EACH	75	45	9	11.28
JUICE VARIETY NEW	1 EA	70	55	*N/A*	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	40	6	*N/A*	1.32
Weighted Daily Average			600	*25	90.22
% of Calories				*16.6%	60.1%
Nutrient Guideline			600-700		

Thu - 04/21/2016					
LUNCH 6-8	Total	100			
CHICKEN SWEET & SOUR	1 EA	50	140	9	18.0
PORK NUGGETS HONEY BB-Q	4 EACH	50	267	*N/A*	10.67
RICE, BROWN LONG, 1 CUP	1 cup	50	216	0	44.79
BREAD, TOAST GARLIC MINI	1 oz SLICE	80	70	*N/A*	12.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	75	53	0	13.39
BROCCOLI RAW 3/4 C	.75 C	70	15	*N/A*	2.79
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
APPLESAUCE, CINNAMON CUP	1 EA	50	90	19	22.0
Weighted Daily Average			589	*32	90.32
% of Calories				*21.5%	61.4%
Nutrient Guideline			600-700		

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Fri - 04/22/2016					
LUNCH 6-8	Total	100			
CHICKEN DRUMETTE SOUTHERN	3 EACH	50	220	*N/A*	9.0
CHALUPA BEAN & CHEESE ON WG TO	3.8 oz	50	245	1	21.15
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	75	68	0	17.88
SALAD, ROMAINE: 1.5C NO DRESSI	1.5 CUP	65	55	*1	12.52
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
BEANS BAKED 3/4	.75 c	60	210	*N/A*	37.5
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	2.73
PRETZEL GOLDFISH CRACKERS	BAG	50	90	*N/A*	16.0
Weighted Daily Average			677	*19	89.76
% of Calories				*10.9%	53.0%
Nutrient Guideline			600-700		

Mon - 04/25/2016					
LUNCH 6-8	Total	100			
CHICKEN, POPCORN	SERV 3.85 OZ	50	253	1	16.21
PORK NUGGETS HONEY BB-Q	4 EACH	50	267	*N/A*	10.67
ROLL DINNER WG BAKER BOY	ROLL	60	110	*N/A*	19.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	0	15.24
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	70	21	0	4.56
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
APPLESAUCE, UNSWEETENED	.5 CUP	50	52	0	13.79
CRACKER PIZZA SAVORY BITES	BAG 1 oz	40	80	2	15.0
Weighted Daily Average			578	*19	74.12
% of Calories				*13.1%	51.3%
Nutrient Guideline			600-700		

Tue - 04/26/2016					
LUNCH 6-8	Total	100			
PORK PATTY (BBQ)	1 EACH	50	400	11	39.0
CHICKEN PATTY BREADED 7-12	PATTY	50	373	*1	43.17
BROCCOLI RAW 3/4 C	.75 C	40	15	*N/A*	2.79
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	35	68	0	17.88
JUICE VARIETY NEW	1 EA	80	55	*N/A*	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
SALAD DRESSING, RANCH	1.5 OZ	80	101	*N/A*	2.73
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	50	6	*N/A*	1.32
APPLE CHIPS CINNAMON BARE	BAG	40	50	*N/A*	14.0
Weighted Daily Average			690	*24	88.71
% of Calories				*13.7%	51.4%
Nutrient Guideline			600-700		

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Wed - 04/27/2016					
LUNCH 6-8	Total	100			
RAVIOLI, BEEF W/WHEAT MACARONI	1 EACH	40	250	*N/A*	30.0
BREAD, TOAST GARLIC MINI	1 oz SLICE	40	70	*N/A*	12.0
HAM & CHEESE HOAGIE GRADE K-8	1 EA	60	225	*3	31.43
WINTER MIX :3/4 C K-5	3/4 C	30	50	*N/A*	8.0
PINEAPPLE CHUNKS	1/2 CUP	80	73	*N/A*	19.15
JUICE VARIETY NEW	1 EA	70	55	*N/A*	13.5
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	6	*N/A*	1.32
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			503	*19	84.23
% of Calories				*15.5%	67.0%
Nutrient Guideline			600-700		
Thu - 04/28/2016					
LUNCH 6-8	Total	100			
CHICKEN TACO	2 EACH	50	244	*1	22.31
PB&J STRAWBERRY	1 EA	50	300	15	34.0
REFRIED BEANS, ELEM	1/2 CUP	75	120	1	18.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	75	6	*N/A*	1.32
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
COOKIE SNICKERDOODLE	1 EACH	70	100	*N/A*	19.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	75	80	0	0.57
ORANGES,FRESH	1 EACH	60	45	9	11.28
CRACKER PIZZA SAVORY BITES	BAG 1 oz	40	80	2	15.0
Weighted Daily Average			682	*33	90.14
% of Calories				*19.1%	52.9%
Nutrient Guideline			600-700		
Fri - 04/29/2016					
LUNCH 6-8	Total	100			
CHICKEN SWEET & SOUR	1 EA	50	140	9	18.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	108	0	22.39
CARROTS, RAW BABY EL 4 oz	4 OZ	75	40	*N/A*	9.34
JUICE VARIETY NEW	1 EA	65	55	*N/A*	13.5
BROCCOLI, FLORETS, FROZEN 1/2	1/2 C	80	26	0	4.93
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
SALAD DRESSING, RANCH	1.5 OZ	75	101	*N/A*	2.73
Weighted Daily Average			412	*22	62.97
% of Calories				*21.5%	61.2%
Nutrient Guideline			600-700		
Weighted Average			628	*26	*251.96
				*36.8%	*160.4

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***- denotes combined nutrient totals with either missing or incomplete nutrient data**
[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2016 thru Apr 29, 2016

Base Menu Spreadsheet

LUNCH 6-8

Portion Values - Detailed

Generated on: 3/25/2016 11:58:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	628		600 - 700	100%				
Sugars (g)	26	16.38%			Missing			
Carbohydrate (g)	251.96	160.42%			Missing			

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
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