

# KENAI PENINSULA BOROUGH SCHOOL DISTRICT

May 2, 2016 thru May 18, 2016

Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

Page 1

Generated on: 4/18/2016 9:22:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 05/02/2016				
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	340	72.0
CHICKEN ORANGE STIR FRY KIT	2.8	55	170	11.0
PIZZA PRIMO BIG DADDY 16"	SLICE	10	360	33.97
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	39	7.4
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	50	154	2473.9
FRUIT BAR FRESH HS	1 EACH	50	67	17.3
JUICE APPLE JUICE CUP	4 OZ	85	60	14.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	35	108	22.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CHEESE SAUCE CHEDDAR	2 OZ	35	80	6.0
CRACKER, VANILLA SPORT BITE	1 EACH	50	110	19.32
Weighted Daily Average			677	1336.4
% of Calories				790.0%
Nutrient Guideline			750-850	

Tue - 05/03/2016				
LUNCH 9-12	Total	100		
BBQ PORK RIBWICH	1 EACH	60	400	39.0
CHICKEN SAND BREAD 7-12	1 EACH	25	393	42.17
Cindys Fiesta Bowl 9-12	.5 CUP	15	199	24.83
TORTILLA WHEAT 10"	1 EA	15	200	36.0
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	15	293	30.31
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
VEGETABLE BAR HS	SERVINGS	60	150	12.78
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
COOKIE SNICKERDOODLE	1 EACH	80	100	19.0
Weighted Daily Average			933	126.44
% of Calories				54.2%
Nutrient Guideline			750-850	

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LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 05/04/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	373	43.17
CHICKEN TAQUITOS HS	4 EACH	30	440	52.0
BURRITO CHEESE & BEAN	1 EA	40	290	0.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	15.24
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	40	120	18.0
JUICE ORANGE JUICE CUP	4 OZ	50	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
SALSA , GREEN CHILI TOMATO, CH	2 oz	40	13	2.77
KETCHUP:3	PKG	50	10	2.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	40	80	0.57
Weighted Daily Average			681	84.70
% of Calories				49.8%
Nutrient Guideline			750-850	

Thu - 05/05/2016				
LUNCH 9-12	Total	100		
WRAP, HAM 9-12 GRADE	1 EACH	20	379	38.99
BREAD BEEF FINGER BOWL	SV	20	584	71.32
BOSCO CHEESE STICK WG-2	Bread Stick (2)	60	420	52.0
ROLL DINNER WG BAKER BOY	ROLL	40	110	19.0
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
VEGETABLE BAR HS	SERVINGS	60	150	12.78
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
EDAMANE SUCCOTASH	4 OZ	20	133	13.33
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	20	6	1.32
PEACHES, DICED LIGHT S: 1/2 C	4 oz	20	53	13.39
DIPPING SAUCE 6-12	4 OZ	40	11	2.94
Weighted Daily Average			835	104.87
% of Calories				50.2%
Nutrient Guideline			750-850	

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Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 05/06/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	347	31.4
PIZZA PRIMO BIG DADDY 16"	SLICE	60	360	33.97
PORK NUGGETS W/HONEY BBQ-4 ea	4 EACH	10	267	10.67
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	15.24
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	50	21	4.56
FRUIT BAR FRESH HS	1 EACH	50	67	17.3
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	85	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
KETCHUP: 3	PKG	75	10	2.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	30	6	1.32
ROLL DINNER WG BAKER BOY	ROLL	40	110	19.0
CRACKER, VANILLA SPORT BITE	1 EACH	65	110	19.32
Weighted Daily Average			752	112.24
% of Calories				59.7%
Nutrient Guideline			750-850	

Mon - 05/09/2016				
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	340	72.0
CHICKEN ORANGE STIR FRY KIT	2.8	55	170	11.0
PIZZA PRIMO BIG DADDY 16"	SLICE	10	360	33.97
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	39	7.4
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	50	154	2473.9
FRUIT BAR FRESH HS	1 EACH	50	67	17.3
JUICE APPLE JUICE CUP	4 OZ	85	60	14.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	35	108	22.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CHEESE SAUCE CHEDDAR	2 OZ	35	80	6.0
CRACKER, VANILLA SPORT BITE	1 EACH	50	110	19.32
Weighted Daily Average			677	1336.4
% of Calories				790.0%
Nutrient Guideline			750-850	

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Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 05/10/2016				
LUNCH 9-12	Total	100		
CHICKEN SAND BREAD 7-12	1 EACH	25	393	42.17
BBQ PORK RIBWICH	1 EACH	25	400	39.0
Cindys Fiesta Bowl 9-12	.5 CUP	25	199	24.83
TORTILLA WHEAT 10"	1 EA	25	200	36.0
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	25	293	30.31
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
VEGETABLE BAR HS	SERVINGS	60	150	12.78
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
COOKIE SNICKERDOODLE	1 EACH	80	100	19.0
Weighted Daily Average			809	108.70
% of Calories				53.8%
Nutrient Guideline			750-850	

Wed - 05/11/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	373	43.17
CHICKEN TAQUITOS HS	4 EACH	30	440	52.0
BURRITO, CHEESE/BEAN ZESTY CN	1 EACH	40	290	42.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	15.24
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	40	120	18.0
JUICE ORANGE JUICE CUP	4 OZ	50	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	13	2.77
KETCHUP:3	PKG	50	10	2.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	40	80	0.57
Weighted Daily Average			681	101.50
% of Calories				59.6%
Nutrient Guideline			750-850	

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Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 05/12/2016				
LUNCH 9-12	Total	100		
WRAP, HAM 9-12 GRADE	1 EACH	20	379	38.99
BREAD BEEF FINGER BOWL	SV	20	584	71.32
BOSCO CHEESE STICK WG-2	Bread Stick (2)	60	420	52.0
ROLL DINNER WG BAKER BOY	ROLL	40	110	19.0
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
VEGETABLE BAR HS	SERVINGS	60	150	12.78
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
EDAMANE SUCCOTASH	4 OZ	60	133	13.33
DIPPING SAUCE 6-12	4 OZ	20	11	2.94
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	20	6	1.32
APPLESAUCE, UNSWEETENED	.5 CUP	20	52	13.79
Weighted Daily Average			886	109.69
% of Calories				49.5%
Nutrient Guideline			750-850	

Fri - 05/13/2016				
LUNCH 9-12	Total	100		
BEEF PATTY MESQUITE CHARBROILE	1 ea	30	347	31.4
PIZZA PRIMO BIG DADDY 16"	SLICE	60	360	33.97
PORK NUGGETS W/HONEY BBQ-4 ea	4 EACH	10	267	10.67
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	15.24
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	50	21	4.56
FRUIT BAR FRESH HS	1 EACH	50	67	17.3
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	85	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
KETCHUP: 3	PKG	75	10	2.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	30	6	1.32
ROLL DINNER WG BAKER BOY	ROLL	40	110	19.0
CRACKER, VANILLA SPORT BITE	1 EACH	65	110	19.32
Weighted Daily Average			752	112.24
% of Calories				59.7%
Nutrient Guideline			750-850	

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LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 05/16/2016				
LUNCH 9-12	Total	100		
PRETZEL, SOFT 5 OZ WG	1 EACH	35	340	72.0
CHICKEN ORANGE STIR FRY KIT	2.8	55	170	11.0
PIZZA PRIMO BIG DADDY 16"	SLICE	10	360	33.97
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	50	39	7.4
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	50	154	2473.9
FRUIT BAR FRESH HS	1 EACH	50	67	17.3
JUICE APPLE JUICE CUP	4 OZ	85	60	14.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	35	108	22.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CHEESE SAUCE CHEDDAR	2 OZ	35	80	6.0
CRACKER, VANILLA SPORT BITE	1 EACH	50	110	19.32
Weighted Daily Average			677	1336.4
% of Calories				790.0%
Nutrient Guideline			750-850	

Tue - 05/17/2016				
LUNCH 9-12	Total	100		
BBQ PORK RIBWICH	1 EACH	60	400	39.0
CHICKEN SAND BREAD 7-12	1 EACH	15	393	42.17
Cindys Fiesta Bowl 9-12	.5 CUP	15	199	24.83
TORTILLA WHEAT 10"	1 EA	15	200	36.0
HAM & CHEESE HOAGIE GRADE 9-12	1 EA	15	293	30.31
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JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
COOKIE SNICKERDOODLE	1 EACH	80	100	19.0
Weighted Daily Average			840	109.02
% of Calories				51.9%
Nutrient Guideline			750-850	

Wed - 05/18/2016				
LUNCH 9-12	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	30	373	43.17
CHICKEN TAQUITOS HS	4 EACH	30	440	52.0
BURRITO, CHEESE/BEAN ZESTY CN	1 EACH	40	290	42.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	80	66	15.24
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	40	120	18.0
JUICE ORANGE JUICE CUP	4 OZ	50	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
FRUIT BAR FRESH HS	1 EACH	40	67	17.3
SALSA, GREEN CHILI TOMATO, CH	2 oz	40	13	2.77
KETCHUP:3	PKG	50	10	2.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	40	80	0.57

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LUNCH 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			681	101.50 59.6%
Nutrient Guideline			750-850	

Weighted Average			760	390.80 205.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	760		750 - 850	100%				
Carbohydrate (g)	390.80	205.68%						

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