

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

May 2, 2016 thru May 18, 2016

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 05/02/2016				
LUNCH K-5	Total	100		
CHICKEN, POPCORN	SERV 3.85 OZ	100	253	16.21
WINTER MIX :3/4 C K-5	3/4 C	80	50	8.0
APPLES,FRESH,W/SKIN	1 EACH	75	77	20.58
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	80	55	13.5
PRETZEL GOLDFISH CRACKERS	BAG	40	90	16.0
Weighted Daily Average			557	76.25
% of Calories				54.7%
Nutrient Guideline			550-650	

Tue - 05/03/2016				
LUNCH K-5	Total	100		
PORK SHREDDED "CUBAN" K-12	1 EA	50	350	38.0
BUNS MINI ALOHA	PORTION	40	90	17.0
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	50	66	15.24
FRUIT, MIXED,, LIGHT: 1/2 C	1/2 C	60	68	17.88
CARROTS, RAW BABY EL 6 OZ	6 OZ	60	60	14.02
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALAD DRESSING, RANCH	1.5 OZ	40	101	2.73
Weighted Daily Average			487	74.65
% of Calories				61.3%
Nutrient Guideline			550-650	

Wed - 05/04/2016				
LUNCH K-5	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	100	373	43.17
BEANS BAKED 1 CUP	1 CUP	60	280	50.0
BROCCOLI RAW 3/4 C	.75 C	80	15	2.79
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	70	55	13.5
SALAD DRESSING, RANCH	1.5 OZ	65	101	2.73
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	45	6	1.32
Weighted Daily Average			786	108.23
% of Calories				55.1%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 05/05/2016				
LUNCH K-5	Total	100		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	203	12.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
REFRIED BEANS, TRADITIONAL NF	3/4 cup	80	180	27.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	70	55	13.5
COOKIE SNICKERDOODLE	1 EACH	65	100	19.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	80	80	0.57
Weighted Daily Average			570	79.13
% of Calories				55.5%
Nutrient Guideline			550-650	

Fri - 05/06/2016				
LUNCH K-5	Total	100		
PB&J STRAWBERRY	1 EA	50	300	34.0
CARROTS, RAW BABY EL 6 OZ	6 OZ	50	60	14.02
JUICE VARIETY NEW	1 EA	80	55	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CRACKER WAFFLE GRAHAM	serving	50	111	20.25
COOKIE SNICKERDOODLE	1 EACH	50	100	19.0
Weighted Daily Average			455	75.43
% of Calories				66.2%
Nutrient Guideline			550-650	

Mon - 05/09/2016				
LUNCH K-5	Total	100		
PIZZA 4X6 TONY'S	SLICE	70	300	35.0
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	60	154	2473.9
ORANGES, FRESH	1 EACH	60	45	11.28
JUICE VARIETY NEW	1 EA	50	55	13.5
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			483	1543.4
% of Calories				1277.8
Nutrient Guideline			550-650	

Tue - 05/10/2016				
LUNCH K-5	Total	100		
TERIYAKI CHICKEN STIR FRY KIT	2.8 OZ	30	140	8.0
RICE FRIED VEG.	SERVING (3/4C)	70	270	55.0
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	1	68	17.88
BROCCOLI, FLORETS, FROZEN 1/2	1/2 C	80	26	4.93
CARROTS, RAW BABY EL 4 oz	4 OZ	1	40	9.34
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			379	66.12 69.8%
Nutrient Guideline			550-650	

Wed - 05/11/2016				
LUNCH K-5	Total	100		
FRENCH TOAST STICKS, WG :3 ea	1 EACH	50	69	8.55
SAUSAGE LINKS	1 EA	50	43	1.0
BANANAS, RAW FRESH	1 EACH	70	90	23.07
JUICE VARIETY NEW	1 EA	60	55	13.5
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	60	99	22.87
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average % of Calories			338	63.74 75.5%
Nutrient Guideline			550-650	

Thu - 05/12/2016				
LUNCH K-5	Total	100		
PORK NUGGETS HONEY BB-Q-2 ea	2 each	50	133	5.33
BUNS MINI ALOHA	PORTION	50	90	17.0
POTATOES, MASHED INSTANT: 1/2C	1/2 cup	80	90	17.0
WINTER MIX : 1/2C K-5	1/2 C	70	33	5.34
PEACHES, DICED LIGHT S: 1/2 C	4 oz	50	53	13.39
STRAWBERRY CUP	1 EACH	50	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average % of Calories			414	70.89 68.5%
Nutrient Guideline			550-650	

Fri - 05/13/2016				
LUNCH K-5	Total	100		
HAMBURGER ELE	1 EACH	50	268	31.0
BEANS BAKED 1/2	1/2 CUP	50	140	25.0
APPLES, FRESH, W/SKIN	1 EACH	50	77	20.58
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	50	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	50	6	1.32
KETCHUP: 3	PKG	40	10	2.0
Weighted Daily Average % of Calories			410	69.69 68.0%
Nutrient Guideline			550-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 05/16/2016				
LUNCH K-5	Total	100		
EGG N CHEESE SANDWICH	1 EACH	50	159	18.82
SAUSAGE LINKS	1 EA	50	43	1.0
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	13.79
CARROTS, RAW BABY EL 6 OZ	6 OZ	50	60	14.02
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	50	55	13.5
CRACKER WAFFLE GRAHAM	serving	50	111	20.25
SALAD DRESSING, RANCH	1.5 OZ	30	101	2.73
Weighted Daily Average			412	66.64
% of Calories				64.7%
Nutrient Guideline			550-650	

Tue - 05/17/2016				
LUNCH K-5	Total	100		
CHICKEN DRUMETTE SOUTHERN	3 EACH	50	220	9.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	50	108	22.39
ROLL DINNER WG BAKER BOY	ROLL	40	110	19.0
PEARS, DICED IN LIGHT SYRUP	.5 CUP	95	58	15.12
ORANGES, FRESH	1 EACH	80	45	11.28
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	75	154	2473.9
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			541	1923.1
% of Calories				1422.2
Nutrient Guideline			550-650	

Wed - 05/18/2016				
LUNCH K-5	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	50	373	43.17
POTATO JO-JO 1/2	1/2 C	50	146	12.06
JUICE VARIETY NEW	1 EA	50	55	13.5
APPLESAUCE UNSWEETENED CUPS	1 EA	70	50	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	50	6	1.32
Weighted Daily Average			451	65.83
% of Calories				58.4%
Nutrient Guideline			550-650	

Weighted Average			483	329.47 272.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Cals (kcal) Shortfall	Carb (g) Overage	Error Messages (if any)
Calories	483		550 - 650	88%		67		
Carbohydrate (g)	329.47	272.72%						Correction Required - Calories are Low

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