

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

May 2, 2016 thru May 18, 2016

Base Menu Spreadsheet

LUNCH 6-8

Portion Values - Detailed

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Generated on: 4/19/2016 9:13:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 05/02/2016				
LUNCH 6-8	Total	100		
CHICKEN, POPCORN	SERV 3.85 OZ	50	253	16.21
BURRITO CHEESE & BEAN	1 EA	50	290	0.0
WINTER MIX :3/4 C K-5	3/4 C	80	50	8.0
APPLES,FRESH,W/SKIN	1 EACH	75	77	20.58
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	80	55	13.5
SALSA , GREEN CHILI TOMATO, CH	2 oz	50	13	2.77
PRETZEL GOLDFISH CRACKERS	BAG	40	90	16.0
Weighted Daily Average			582	69.53
% of Calories				47.8%
Nutrient Guideline			600-700	

Tue - 05/03/2016				
LUNCH 6-8	Total	100		
PORK SHREDDED"CUBAN" K-12	1 EA	50	350	38.0
PORK NUGGETS HONEY BB-Q-2 ea	2 each	50	133	5.33
BUNS MINI ALOHA	PORTION	40	90	17.0
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	50	99	22.87
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	60	68	17.88
CARROTS, RAW BABY EL 6 OZ	6 OZ	60	60	14.02
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALSA , GREEN CHILI TOMATO, CH	2 oz	50	13	2.77
SALAD DRESSING, RANCH	1.5 OZ	40	101	2.73
Weighted Daily Average			576	82.51
% of Calories				57.3%
Nutrient Guideline			600-700	

Wed - 05/04/2016				
LUNCH 6-8	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	40	373	43.17
CHICKEN TAQUITOS	3 EACH	60	330	39.0
BEANS BAKED 1 CUP	1 CUP	60	280	50.0
BROCCOLI RAW 3/4 C	.75 C	80	15	2.79
CARROTS, RAW BABY EL 4 oz	4 OZ	70	40	9.34
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
SALSA , GREEN CHILI TOMATO, CH	2 oz	50	13	2.77
JUICE VARIETY NEW	1 EA	70	55	13.5
SALAD DRESSING, RANCH	1.5 OZ	65	101	2.73
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	45	6	1.32
Weighted Daily Average			794	113.65
% of Calories				57.3%
Nutrient Guideline			600-700	

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LUNCH 6-8

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Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 05/05/2016				
LUNCH 6-8	Total	100		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	50	203	12.0
APPLESAUCE, UNSWEETENED	.5 CUP	60	52	13.79
REFRIED BEANS, TRADITIONAL NF	3/4 cup	80	180	27.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	70	55	13.5
COOKIE SNICKERDOODLE	1 EACH	65	100	19.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	80	80	0.57
Weighted Daily Average			570	79.13
% of Calories				55.5%
Nutrient Guideline			600-700	

Fri - 05/06/2016				
LUNCH 6-8	Total	100		
PB&J STRAWBERRY	1 EA	50	300	34.0
CHICKEN PATTY BREADED 7-12	PATTY	50	373	43.17
CARROTS, RAW BABY EL 6 OZ	6 OZ	50	60	14.02
JUICE VARIETY NEW	1 EA	80	55	13.5
PEACHES, DICED LIGHT S: 1/2 C	4 oz	70	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CRACKER WAFFLE GRAHAM	serving	50	111	20.25
COOKIE SNICKERDOODLE	1 EACH	50	100	19.0
Weighted Daily Average			679	106.40
% of Calories				62.7%
Nutrient Guideline			600-700	

Mon - 05/09/2016				
LUNCH 6-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	70	300	35.0
BEEF FINGERS CNTRY FRD (4)	3.88	30	302	18.32
JUICE VARIETY NEW	1 EA	40	55	13.5
JUICE/FRUITABLES/TROPICAL	6.75 OZ	40	90	22.0
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	60	154	2473.9
ORANGES, FRESH	1 EACH	60	45	11.28
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			604	1556.3
% of Calories				1030.4
Nutrient Guideline			600-700	

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LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 05/10/2016				
LUNCH 6-8	Total	100		
CHICKEN TERIYAKI (BBQ)	1 EA	30	240	10.0
RICE FRIED VEG.	SERVING (3/4C)	40	270	55.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	90	68	17.88
BROCCOLI, FLORETS, FROZEN 3/4	3/4 C	80	39	7.4
CARROTS, BABY RAW SB 2 OZ	2 OZ	50	20	4.67
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			408	70.34
% of Calories				68.9%
Nutrient Guideline			600-700	

Wed - 05/11/2016				
LUNCH 6-8	Total	100		
FRENCH TOAST STICKS, WG :3 ea	1 EACH	50	69	8.55
SAUSAGE LINKS	1 EA	50	43	1.0
EGG N CHEESE SANDWICH	1 EACH	50	159	18.82
BANANAS,RAW FRESH	1 EACH	70	90	23.07
JUICE VARIETY NEW	1 EA	60	55	13.5
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	60	99	22.87
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			417	73.15
% of Calories				70.2%
Nutrient Guideline			600-700	

Thu - 05/12/2016				
LUNCH 6-8	Total	100		
PORK NUGGETS HONEY BB-Q-2 ea	2 each	50	133	5.33
CHICKEN, POPCORN	serv 3.36 oz	50	253	16.21
BUNS MINI ALOHA	PORTION	50	90	17.0
POTATOES, MASHED INSTANT: 1/2C	1/2 cup	80	90	17.0
WINTER MIX :1/2C K-5	1/2 C	70	33	5.34
PEACHES, DICED LIGHT S: 1/2 C	4 oz	50	53	13.39
STRAWBERRY CUP	1 EACH	50	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
GRAVY MIX, CHICKEN INSTANT	2 OZ	80	25	4.0
Weighted Daily Average			560	82.19
% of Calories				58.7%
Nutrient Guideline			600-700	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 05/13/2016				
LUNCH 6-8	Total	100		
HAMBURGERELE	1 EACH	50	268	31.0
HAM & CHEESE HOAGIE GRADE K-8	1 EA	50	225	31.43
BEANS BAKED 1/2	1/2 CUP	50	140	25.0
APPLES,FRESH,W/SKIN	1 EACH	50	77	20.58
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	50	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	50	6	1.32
KETCHUP:3	PKG	40	10	2.0
Weighted Daily Average			522	85.40
% of Calories				65.4%
Nutrient Guideline			600-700	

Mon - 05/16/2016				
LUNCH 6-8	Total	100		
EGG N CHEESE SANDWICH	1 EACH	50	159	18.82
SAUSAGE LINKS	1 EA	50	43	1.0
PB&J STRAWBERRY	1 EA	50	300	34.0
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	13.79
CARROTS, RAW BABY EL 6 OZ	6 OZ	50	60	14.02
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
JUICE VARIETY NEW	1 EA	50	55	13.5
CRACKER WAFFLE GRAHAM	serving	50	111	20.25
Weighted Daily Average			531	82.82
% of Calories				62.3%
Nutrient Guideline			600-700	

Tue - 05/17/2016				
LUNCH 6-8	Total	100		
CHICKEN DRUMETTE SOUTHERN	3 EACH	50	220	9.0
CHICKEN SAND BREAD 7-12	1 EACH	50	393	42.17
RICE, BROWN LONG, 1/2 C	1/2 CUP	1	108	22.39
PEARS, DICED IN LIGHT SYRUP	.5 CUP	95	58	15.12
ORANGES,FRESH	1 EACH	80	45	11.28
SWEET POTATO WEDGES CRINKLE 10	3/4 cup	75	154	2473.9
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			640	1925.6
% of Calories				1202.7
Nutrient Guideline			600-700	

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LUNCH 6-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 05/18/2016				
LUNCH 6-8	Total	100		
CHICKEN PATTY BREADED 7-12	PATTY	50	373	43.17
PIZZA 4X6 TONY'S	SLICE	50	300	35.0
POTATO JO-JO 1/2	1/2 C	50	146	12.06
JUICE VARIETY NEW	1 EA	50	55	13.5
APPLESAUCE UNSWEETENED CUPS	1 EA	70	50	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	50	6	1.32
Weighted Daily Average			601	83.33
% of Calories				55.5%
Nutrient Guideline			600-700	

Weighted Average			576	339.27 235.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	576		600 - 700	96%		24		
Carbohydrate (g)	339.27	235.65%						Correction Required - Calories are Low

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