

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

moose pass k-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 11/01/2016				
moose pass k-8	Total	10		
BBQ PORK HOAGIE	1 EACH	9	400	39.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	9	68	17.88
SWEET POTATO LATTICE FF 3/4	3/4 CUP	6	191	24.75
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	8	73	19.15
CELERY STICKS*1/2 C	1/2 cup	10	12	2.21
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
Weighted Daily Average			732	104.57
% of Calories				57.1%
Nutrient Guideline			600-650	

Wed - 11/02/2016				
moose pass k-8	Total	10		
CHICKEN TAQUITOS	3 EACH	10	330	39.0
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	4	120	18.0
CARROTS, RAW BABY EL 4 oz	4 OZ	6	40	9.34
SALAD DRESSING, RANCH	1.5 OZ	6	101	2.73
SALSA , GREEN CHILI TOMATO, CH	2 oz	8	13	2.77
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
ORANGES,FRESH	1 EACH	8	45	11.28
Weighted Daily Average			635	85.69
% of Calories				54.0%
Nutrient Guideline			600-650	

Thu - 11/03/2016				
moose pass k-8	Total	100		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	100	350	19.0
ROLL DINNER WG BAKER BOY	ROLL	60	110	19.0
POTATOES, MASHED INSTANT:1/2C	1/2 cup	60	90	17.0
GRAVY BROWN	2 OZ	60	25	0.0
WINTER MIX :3/4 C K-5	3/4 C	60	50	8.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	45	53	13.39
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	55	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			701	81.76
% of Calories				46.6%
Nutrient Guideline			600-650	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 11/04/2016				
moose pass k-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	100	300	33.0
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	65	99	22.87
APPLES,FRESH,W/SKIN	1 EACH	60	77	20.58
PEARS, SLICED :1/2 C	1/2 C	75	80	20.0
COOKIE SNICKERDOODLE	1 EACH	85	100	19.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			670	110.56
% of Calories				66.0%
Nutrient Guideline			600-650	

Mon - 11/07/2016				
moose pass k-8	Total	100		
CORN DOG CHICKEN	1 EACH	100	240	30.0
BEANS BAKED 1/2	1/2 CUP	80	140	25.0
SWEET POTATO LATTICE CUT FRIES	1/2 CUP	75	85	11.0
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	13.79
JUICE APPLE CUP JOHA	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			631	101.48
% of Calories				64.3%
Nutrient Guideline			600-650	

Tue - 11/08/2016				
moose pass k-8	Total	100		
HAMBURGER ELE	1 EACH	100	268	31.0
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	1.0
POTATO, KK OVENABLE 3 OZ	3 OZ	90	120	21.0
BANANAS,RAW FRESH	1 EACH	75	90	23.07
GREEN BEANS, CUT;K-51/2 C	.50 CUP	75	14	3.04
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	85	6	1.32
Weighted Daily Average			615	91.95
% of Calories				59.8%
Nutrient Guideline			600-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 11/09/2016				
moose pass k-8	Total	10		
CHICKEN DRUMETTE SOUTHERN	3 EACH	10	220	9.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	10	108	22.39
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	6	39	7.4
SALAD DRESSING, RANCH	1.5 OZ	6	101	2.73
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	9	90	21.0
JUICE APPLE CUP JOHA	4 OZ	8	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	5	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	5	130	23.0
Weighted Daily Average			661	85.57
% of Calories				51.8%
Nutrient Guideline			600-650	

Thu - 11/10/2016				
moose pass k-8	Total	100		
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64
SAUSAGE LINKS 2	2 EACH	100	43	1.0
POTATO, TATER TOTS: 6-12 (15)	15 each	95	225	25.5
STRAWBERRY CUP	1 EACH	75	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	80	58	15.12
Weighted Daily Average			707	104.19
% of Calories				59.0%
Nutrient Guideline			600-650	

Fri - 11/11/2016				
moose pass k-8	Total	100		
CHICKEN BREAD K-6 san new BUN	PATTY	100	393	42.21
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	100	66	15.24
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	100	6	1.32
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			614	86.68
% of Calories				56.5%
Nutrient Guideline			600-650	

Mon - 11/14/2016				
moose pass k-8	Total	10		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	10	203	12.0
RICE, BROWN LONG, 3/4 C	3/4 CUP	10	162	33.59
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	10	39	7.4
APPLESAUCE, UNSWEETENED	.5 CUP	10	52	13.79
JUICE ORANGE JUICE CUP J	4 OZ	10	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	3	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	7	130	23.0
KETCHUP: 3	PKG	10	10	2.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories			640	101.77 63.6%
Nutrient Guideline			600-650	

Tue - 11/15/2016				
moose pass k-8	Total	10		
BBQ PORK HOAGIE	1 EACH	9	400	39.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	9	68	17.88
SWEET POTATO LATTICE FF 3/4	3/4 CUP	6	191	24.75
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	8	73	19.15
CELERY STICKS*1/2 C	1/2 cup	10	12	2.21
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
Weighted Daily Average % of Calories			732	104.57 57.1%
Nutrient Guideline			600-650	

Wed - 11/16/2016				
moose pass k-8	Total	10		
CHICKEN TAQUITOS	3 EACH	10	330	39.0
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	4	120	18.0
CARROTS, RAW BABY EL 4 oz	4 OZ	6	40	9.34
SALAD DRESSING, RANCH	1.5 OZ	6	101	2.73
SALSA , GREEN CHILI TOMATO, CH	2 oz	8	13	2.77
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
ORANGES,FRESH	1 EACH	8	45	11.28
Weighted Daily Average % of Calories			635	85.69 54.0%
Nutrient Guideline			600-650	

Thu - 11/17/2016				
moose pass k-8	Total	100		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	100	350	19.0
ROLL DINNER WG BAKER BOY	ROLL	60	110	19.0
POTATOES, MASHED INSTANT:1/2C	1/2 cup	60	90	17.0
GRAVY BROWN	2 OZ	60	25	0.0
WINTER MIX :3/4 C K-5	3/4 C	60	50	8.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	45	53	13.39
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	55	68	17.88
MILK 1% SMITH BROTHERS	HALF PINT	25	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average % of Calories			701	81.76 46.6%
Nutrient Guideline			600-650	

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moose pass k-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 11/18/2016				
moose pass k-8	Total	100		
PIZZA 4X6 TONY'S	SLICE	100	300	33.0
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	65	99	22.87
APPLES,FRESH,W/SKIN	1 EACH	60	77	20.58
PEARS, SLICED :1/2 C	1/2 C	75	80	20.0
COOKIE SNICKERDOODLE	1 EACH	85	100	19.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			670	110.56
% of Calories				66.0%
Nutrient Guideline			600-650	

Mon - 11/21/2016				
moose pass k-8	Total	100		
CORN DOG CHICKEN	1 EACH	100	240	30.0
BEANS BAKED 1/2	1/2 CUP	80	140	25.0
SWEET POTATO LATTICE CUT FRIES	1/2 CUP	75	85	11.0
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	13.79
JUICE APPLE CUP JOHA	4 OZ	80	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			631	101.48
% of Calories				64.3%
Nutrient Guideline			600-650	

Tue - 11/22/2016				
moose pass k-8	Total	100		
HAMBURGER ELE	1 EACH	100	268	31.0
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	1.0
POTATO, KK OVENABLE 3 OZ	3 OZ	90	120	21.0
BANANAS,RAW FRESH	1 EACH	75	90	23.07
GREEN BEANS, CUT;K-51/2 C	.50 CUP	75	14	3.04
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	85	6	1.32
Weighted Daily Average			615	91.95
% of Calories				59.8%
Nutrient Guideline			600-650	

Wed - 11/23/2016				
moose pass k-8	Total	10		
CHICKEN DRUMETTE SOUTHERN	3 EACH	10	220	9.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	10	108	22.39
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	6	39	7.4
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	9	90	21.0
JUICE APPLE CUP JOHA	4 OZ	8	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	5	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	5	130	23.0

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Weighted Daily Average			600	83.93
% of Calories				55.9%
Nutrient Guideline			600-650	

Thu - 11/24/2016				
moose pass k-8	Total	100		
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64
SAUSAGE LINKS 2	2 EACH	100	43	1.0
POTATO, TATER TOTS: 6-12 (15)	15 each	95	225	25.5
STRAWBERRY CUP	1 EACH	75	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	80	58	15.12
Weighted Daily Average			707	104.19
% of Calories				59.0%
Nutrient Guideline			600-650	

Fri - 11/25/2016				
moose pass k-8	Total	100		
CHICKEN BREAD K-6 san new BUN	PATTY	100	393	42.21
CORN, CANNED, WHOLE-KERN: 1/2c	1/2 cup	85	66	15.24
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	100	6	1.32
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			604	84.39
% of Calories				55.9%
Nutrient Guideline			600-650	

Mon - 11/28/2016				
moose pass k-8	Total	10		
CHICKEN NUGGETS, WHOLE GRAIN C	3.04 oz	10	203	12.0
RICE, BROWN LONG, 3/4 C	3/4 CUP	10	162	33.59
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	10	39	7.4
APPLESAUCE, UNSWEETENED	.5 CUP	10	52	13.79
JUICE ORANGE JUICE CUP J	4 OZ	10	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	3	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	7	130	23.0
KETCHUP: 3	PKG	10	10	2.0
Weighted Daily Average			640	101.77
% of Calories				63.6%
Nutrient Guideline			600-650	

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 11/29/2016				
moose pass k-8	Total	10		
BBQ PORK HOAGIE	1 EACH	9	400	39.0
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	9	68	17.88
SWEET POTATO LATTICE FF 3/4	3/4 CUP	6	191	24.75
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	8	73	19.15
CELERY STICKS*1/2 C	1/2 cup	10	12	2.21
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
Weighted Daily Average			732	104.57
% of Calories				57.1%
Nutrient Guideline			600-650	

Wed - 11/30/2016				
moose pass k-8	Total	10		
CHICKEN TAQUITOS	3 EACH	10	330	39.0
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	4	120	18.0
CARROTS, RAW BABY EL 4 oz	4 OZ	6	40	9.34
SALAD DRESSING, RANCH	1.5 OZ	6	101	2.73
SALSA , GREEN CHILI TOMATO, CH	2 oz	8	13	2.77
MILK 1% SMITH BROTHERS	HALF PINT	2	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	8	130	23.0
ORANGES,FRESH	1 EACH	8	45	11.28
Weighted Daily Average			635	85.69
% of Calories				54.0%
Nutrient Guideline			600-650	

Weighted Average			659	95.22
				57.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	659		600 - 650	101%			9	
Carbohydrate (g)	95.22	57.76%						Correction Required - Calories too High

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