

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Chapman / k-12 menu

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 11/01/2016				
9-12 / k-12 menu	Total	100		
PULLED PORK SANDWICH	4.20	95	310	33.0
POTATO JO-JO 1/2 (5 EA)	1/2 C	95	100	15.0
PEARS,FRESH	1 EACH	95	101	27.11
BEANS BAKED 1/2	1/2 CUP	45	140	25.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
FRUIT BAR FRESH HS	1 EACH	65	67	17.3
Weighted Daily Average			707	113.05
% of Calories				64.0%
Nutrient Guideline			750-850	

Wed - 11/02/2016				
9-12 / k-12 menu	Total	100		
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64
SAUSAGE LINKS 2	2 EACH	100	43	1.0
SYRUP CUP, REDUCED CALORIE	1 EACH	100	50	13.0
POTATO, TATER TOTS: 6-12 (15)	15 EACH	95	225	25.5
STRAWBERRY CUP	1 EACH	75	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
CRACKER WAFFLE GRAHAM	serving	65	111	20.25
Weighted Daily Average			837	131.46
% of Calories				62.8%
Nutrient Guideline			750-850	

Thu - 11/03/2016				
9-12 / k-12 menu	Total	100		
SPAGHETTI AND MEAT SAUCE	1 CUP	100	266	41.86
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	100	140	24.0
SPINACH SALAD	1.5 CUP	65	159	10.23
SALAD DRESSING, RANCH	1.5 OZ	65	101	2.73
JUICE APPLE JUICE CUP	1 EACH	85	60	14.0
ORANGES,FRESH	1 EACH	75	45	11.28
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			786	115.64
% of Calories				58.8%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu /

Portion Values - Detailed

Page 2

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 11/04/2016				
9-12 / k-12 menu	Total	100		
POLLOCK BAJA FISH WG STICKS,	4 PIECES	100	220	18.0
BROCCOLI RAW EL 1/2	1/2 C	80	39	7.53
CARROTS, RAW BABY EL 6 OZ	6 OZ	80	60	14.02
PEACH CUBES 3/4 CUP	3/4 CUP	80	39	9.56
PRETZEL GOLDFISH CRACKERS	BAG	100	90	16.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
TARTAR SAUCE: scratch	1 OZ	80	77	6.52
HUMMAS DIP TRADITIONAL .85 V	1 EACH	85	110	12.0
FRUIT BAR FRESH HS	1 EACH	85	67	17.3
Weighted Daily Average			758	110.00
% of Calories				58.0%
Nutrient Guideline			750-850	

Mon - 11/07/2016				
9-12 / k-12 menu	Total	100		
CHICKEN, POPCORN	serv 3.36 oz	100	253	16.21
ROLL DINNER WG BAKER BOY	ROLL	100	110	19.0
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	90	21	4.56
APPLES, FRESH, W/SKIN	1 EACH	90	77	20.58
JUICE/FRUITABLES/TROPICAL	6.75 OZ	65	90	22.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CRACKER BUNNY GRAHAMS	PACKAGE	85	162	25.31
Weighted Daily Average			774	114.65
% of Calories				59.2%
Nutrient Guideline			750-850	

Tue - 11/08/2016				
9-12 / k-12 menu	Total	100		
Cindys Fiesta Bowl each 3/4 ri	serving	95	387	47.54
TORTILLA WHEAT 10" 1/2 tortilla	1/2	80	100	18.0
SALSA, GREEN CHILI TOMATO, CH	2 oz	85	13	2.77
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
JUICE APPLE JUICE CUP	1 EACH	85	60	14.0
REFRIED BEANS, 3/4 TRAI NF	3/4 cup	45	180	27.0
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	45	80	0.57
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			782	115.28
% of Calories				59.0%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

k-12 menu Chapman

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 11/09/2016				
9-12 / k-12 menu	Total	100		
EGG ROLL (1 EACH)	ROLL	100	160	20.0
PORK NUGGETS HONEY BB-Q-2 ea	2 each	100	133	5.33
RICE FRIED VEG.	SERVING (3/4C)	60	270	54.0
BROCCOLI RAW 3/4 C	.75 C	60	15	2.79
HUMMAS DIP TRADITIONAL .85 V	1 EACH	45	110	12.0
APPLESAUCE, UNSWEETENED	.5 CUP	65	52	13.79
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	95	73	19.15
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			738	112.31
% of Calories				60.9%
Nutrient Guideline			750-850	

Thu - 11/10/2016				
9-12 / k-12 menu	Total	100		
Vegetarian Chili 1 c	1 CUP	100	89	13.47
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	100	80	0.57
BREAD, TOAST GARLIC MINI (2)	2 oz SLICE	100	140	24.0
SALAD DRESSING, RANCH	1.5 OZ	100	101	2.73
SALAD, ROMAINE 2016	1.5 CUP	100	84	19.02
BANANAS,RAW FRESH	1 EACH	100	90	23.07
JUICE APPLE JUICE CUP	1 EACH	90	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
Weighted Daily Average			764	116.45
% of Calories				61.0%
Nutrient Guideline			750-850	

Fri - 11/11/2016				
9-12 / k-12 menu	Total	100		
CORN DOG CHICKEN	1 EACH	100	240	30.0
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	95	99	22.87
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	95	68	17.88
CARROTS, RAW BABY EL 4 oz	4 OZ	85	40	9.34
SALAD DRESSING, RANCH	1.5 OZ	85	101	2.73
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	23.0
CRACKER WAFFLE GRAHAM	serving	85	111	20.25
FRUIT BAR FRESH HS	1 EACH	25	67	17.3
Weighted Daily Average			756	121.51
% of Calories				64.3%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu

Portion Values - Detailed

Page 4

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Mon - 11/14/2016				
9-12 / k-12 menu	Total	100		
CHICKEN NUGGETS,(5 EACH)	SERVING	100	260	16.0
RICE, BROWN LONG, 3/4 C	3/4 CUP	100	162	33.59
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	100	39	7.4
APPLESAUCE, UNSWEETENED	.5 CUP	100	52	13.79
MILK 1% SMITH BROTHERS	HALF PINT	10	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
JUICE/FRUITABLES/TROPICAL	6.75 OZ	100	90	22.0
Weighted Daily Average			724	113.62
% of Calories				62.7%
Nutrient Guideline			750-850	

Tue - 11/15/2016				
9-12 / k-12 menu	Total	100		
BBQ PORK HOAGIE	1 EACH	100	400	39.0
SWEET POTATO LATTICE FF 3/4	3/4 CUP	75	191	24.75
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	80	68	17.88
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	95	73	19.15
GREEN BEANS, CUT;K-51/2 C	.50 CUP	45	14	3.04
MILK 1% SMITH BROTHERS	HALF PINT	20	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			793	111.28
% of Calories				56.1%
Nutrient Guideline			750-850	

Wed - 11/16/2016				
9-12 / k-12 menu	Total	100		
CHICKEN TAQUITOS HS	4 EACH	100	440	52.0
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	70	120	18.0
APPLES,FRESH,W/SKIN	1 EACH	75	77	20.58
CARROTS, RAW BABY EL 4 oz	4 OZ	60	40	9.34
SALAD DRESSING, RANCH	1.5 OZ	60	101	2.73
SALSA , GREEN CHILI TOMATO, CH	2 oz	60	13	2.77
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
JUICE/FRUITABLES/TROPICAL	6.75 OZ	65	90	22.0
Weighted Daily Average			847	122.44
% of Calories				57.9%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu

Portion Values - Detailed

Page 5

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Thu - 11/17/2016				
9-12 / k-12 menu	Total	100		
BEEF FINGERS COUNTRY FRIED	SERVING (4 EA)	100	350	19.0
GRAVY BROWN	2 OZ	65	25	0.0
WINTER MIX :3/4 C K-5	3/4 C	60	50	8.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	90	53	13.39
ROLL DINNER WG BAKER BOY	ROLL	90	110	19.0
POTATOES, MASHED INSTANT:3/4 c	3/4 c	65	135	25.5
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
FRUIT BAR FRESH HS	1 EACH	80	67	17.3
Weighted Daily Average			812	104.87
% of Calories				51.7%
Nutrient Guideline			750-850	

Fri - 11/18/2016				
9-12 / k-12 menu	Total	100		
PIZZA 4X6 TONY'S	SLICE	100	300	33.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	95	58	15.12
CORN, CANNED, WHOLE-KERN: cup	1 CUP	85	132	30.49
COOKIE SNICKERDOODLE (2)	1 EACH	95	200	38.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
FRUIT BAR FRESH HS	1 EACH	80	67	17.3
Weighted Daily Average			838	144.71
% of Calories				69.1%
Nutrient Guideline			750-850	

Mon - 11/21/2016				
9-12 / k-12 menu	Total	100		
CORN DOG CHICKEN	1 EACH	100	240	30.0
SWEET POTATO LATTICE CUT FRIES	1/2 CUP (8each)	85	170	22.0
BEANS BAKED 1/2	1/2 CUP	85	140	25.0
APPLESAUCE, UNSWEETENED	.5 CUP	85	52	13.79
JUICE APPLE JUICE CUP	1 EACH	90	60	14.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
CRACKER WAFFLE GRAHAM	serving	95	111	20.25
Weighted Daily Average			835	135.00
% of Calories				64.7%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu

Portion Values - Detailed

Page 6

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Tue - 11/22/2016				
9-12 / k-12 menu	Total	100		
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	1.0
HAMBURGER ELE	1 EACH	100	268	31.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	80	6	1.32
POTATO, CRINKLE CUT: 4 OZ	4 OZ	100	160	25.33
GREEN BEANS, 9-12 LOW SODIUM	3/4 CUP	100	21	4.56
BANANAS, RAW FRESH	1 EACH	100	90	23.07
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
FRUIT, MIXED, LIGHT: 1/2 C	1/2 C	95	68	17.88
Weighted Daily Average			770	124.50
% of Calories				64.6%
Nutrient Guideline			750-850	

Wed - 11/23/2016				
9-12 / k-12 menu	Total	100		
Sweet N Sour Chicken	3.9 oz	100	190	25.0
RICE, BROWN LONG, 3/4 C	3/4 CUP	100	162	33.59
BROCCOLI RAW 3/4 C	1 C	95	20	3.72
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	95	90	21.0
SALAD DRESSING, RANCH	1.5 OZ	95	101	2.73
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
PRETZEL GOLDFISH CRACKERS	BAG	100	90	16.0
FRUIT BAR FRESH HS	1 EACH	45	67	17.3
Weighted Daily Average			799	129.95
% of Calories				65.0%
Nutrient Guideline			750-850	

Thu - 11/24/2016				
9-12 / k-12 menu	Total	100		
TACO BEEF & BEAN 9-12 GRADE 3e	3 each	100	382	36.21
SALSA, GREEN CHILI TOMATO, CH	2 oz	80	13	2.77
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	85	6	1.32
SALAD, ROMAINE 2016	SRV	95	56	12.68
SALAD DRESSING, RANCH	1.5 OZ	95	101	2.73
PEARS, FRESH	1 EACH	75	101	27.11
ORANGE JUICE CUP	1 EACH	85	50	13.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
Weighted Daily Average			792	107.07
% of Calories				54.1%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu

Portion Values - Detailed

Page 7

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Fri - 11/25/2016				
9-12 / k-12 menu	Total	100		
CHICKEN BREAD K-6 san new BUN	PATTY	100	393	42.21
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	25	6	1.32
STRAWBERRY CUP	1 EACH	100	108	29.38
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	100	99	22.87
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	13.39
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	23.0
Weighted Daily Average			764	124.99
% of Calories				65.5%
Nutrient Guideline			750-850	

Mon - 11/28/2016				
9-12 / k-12 menu	Total	100		
PORK NUGGETS W/HONEY BBQ-4 ea	4 EACH	100	267	10.67
RICE, BROWN LONG, 1/2 C	1/2 CUP	100	108	22.39
FRUIT, MIXED, CND, LIGHT: 3/4 C	3/4 C	75	102	26.82
GREEN BEANS, 9-12 LOW SODIUM 1C	1 CUP	85	28	6.08
COOKIE SNICKERDOODLE (2)	1 EACH	90	200	38.0
APPLES, FRESH, W/SKIN	1 EACH	65	77	20.58
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
Weighted Daily Average			819	125.12
% of Calories				61.1%
Nutrient Guideline			750-850	

Tue - 11/29/2016				
9-12 / k-12 menu	Total	100		
PULLED PORK SANDWICH	4.20	95	310	33.0
POTATO JO-JO 1/2 (5 EA)	1/2 C	95	100	15.0
PEARS, FRESH	1 EACH	95	101	27.11
BEANS BAKED 1/2	1/2 CUP	45	140	25.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
FRUIT BAR FRESH HS	1 EACH	65	67	17.3
Weighted Daily Average			707	113.05
% of Calories				64.0%
Nutrient Guideline			750-850	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Chapman / k-12 menu

Portion Values - Detailed

Page 8

Generated on: 11/1/2016 4:22:01 PM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)
Wed - 11/30/2016				
9-12 / k-12 menu	Total	100		
FRENCH TOAST STICKS, WG :3 EA	3 EA	100	208	25.64
SAUSAGE LINKS 2	2 EACH	100	43	1.0
SYRUP CUP, REDUCED CALORIE	1 EACH	100	50	13.0
POTATO, TATER TOTS: 6-12 (15)	15 EACH	95	225	25.5
STRAWBERRY CUP	1 EACH	75	108	29.38
MILK 1% SMITH BROTHERS	HALF PINT	15	110	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	23.0
JUICE/FRUITABLES/TROPICAL	6.75 OZ	60	90	22.0
CRACKER WAFFLE GRAHAM	serving	65	111	20.25
Weighted Daily Average			837	131.46
% of Calories				62.8%
Nutrient Guideline			750-850	

Weighted Average			784	119.93 61.2%
------------------	--	--	-----	-----------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	784		750 - 850	100%				
Carbohydrate (g)	119.93	61.23%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.