



Menus for December 2016

Kenai Peninsula Borough School District Middle School B

This institution is an equal opportunity provider. Menus are subject to change.



No matter how it might look, the top part of this tree is not floating in mid-air! Two artists wrapped the trunk in plastic and spray painted the plastic to match the

background and create this cool illusion! You can learn more by searching on-line for "floating tree illusion."

GERM WARFARE.



The folks who work in your school restaurant wash their hands all the time! And YOU should wash your hands anytime you think they might be dirty. It's one of the easiest ways to fight germs and stay healthy!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Thursday, Dec. 1

Spaghetti w/ meat Sauce
or
Pizza Stick

Garlic Toast
Spinach Salad w/ Salad Dressing
Fresh Orange
Apple Juice
Milk

Friday, December 2

Baja Fish Sticks
Or
Corn Dog

Fresh Broccoli
Baby Carrots w/ Hummus
Peach Cubes
Goldfish Pretzel
Milk

Monday, December 5

Popcorn Chicken
With Roll
Or
Ham N Cheese Hoagie

Green Beans
Fresh Apple
Fruitables
Milk

Tuesday, December 6

Fiesta Bowl w/ Tortilla
or
Chicken Taquitos both with Salsa

Refried Beans
Diced Peaches
Apple Juice
Milk

Wednesday, Dec. 7

Egg Roll with Nuggets
or
BB-Q Nuggets both with Fried Rice

Fresh Broccoli w/ Hummus Dip
Pineapple
Applesauce
Milk

Thursday, Dec. 8

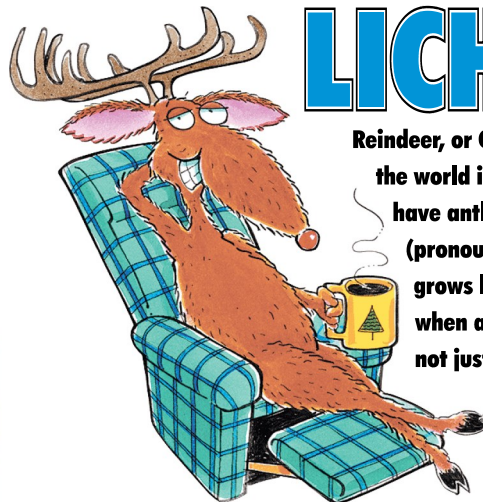
Vegetarian Chili With Garlic Toast
or
Popcorn Chicken

Romaine Salad w/ Dressing
Banana
Apple Juice
Milk

Friday, December 9

Corn Dog
or
Chicken Nuggets
Corn

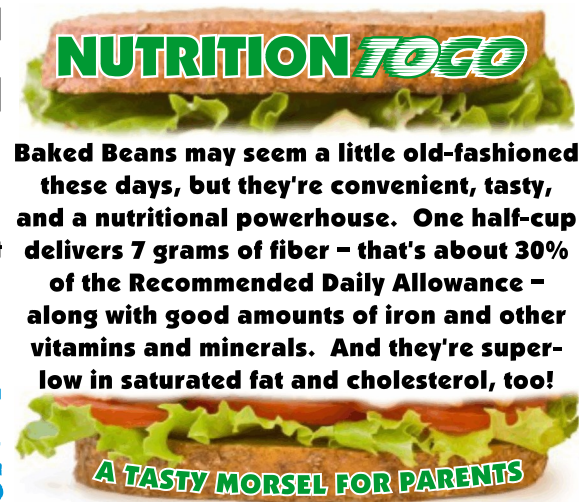
Mixed Fruit
Baby Carrots w/ Ranch
Waffle Graham
Cracker
Milk

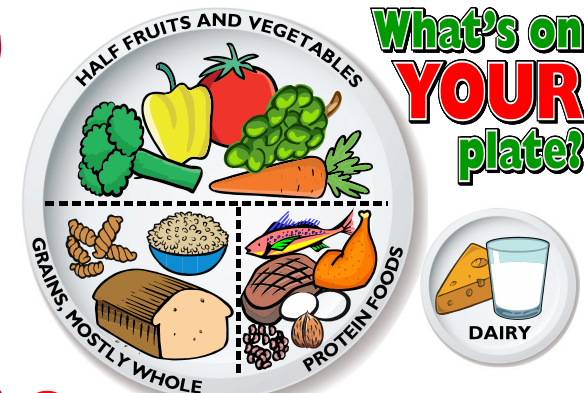


LICHEN LIFE

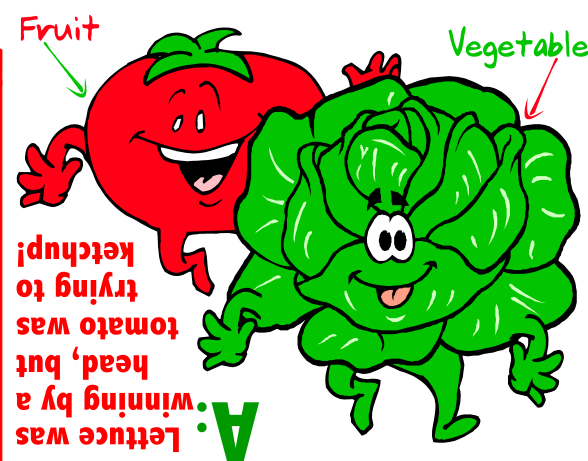
Reindeer, or Caribou, are the only deer species in the world in which both the males and females have antlers. Reindeer eat a lot of lichen (pronounced "like-en"), a moss-like plant that grows low to the ground in Arctic regions. So when a reindeer's munching some moss, he's not just lovin' life -- he's "lichen" it, too!

ANIMAL APPETITES





Q: What happened in the race between lettuce and tomato?



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, Dec. 12

Chicken Nuggets
Or
Egg Roll with
Nuggets both
w/ Rice

Steamed Broccoli
Applesauce
Orange Juice
Milk

Tuesday, Dec. 13

BB-Q Pork Hoagie
Or
Corn Dog

Mixed Fruit
Lattice Cut Sweet
Potatoes
Pineapple
Green Beans
Milk

Wednesday, Dec. 14

Chicken Taquitos
Or Chicken Fajita
Quesadilla both
w/ Salsa

Refried Beans
Fresh Apples
Baby Carrots
w/Ranch
Milk

Thursday, Dec. 15

Chicken Fried Beef
Fingers
w/ Dinner Roll
Or
Cheese burger

Mashed Potato
With Gravy
Winter Mix
Diced Peaches
Milk

Friday, Dec. 16

Pizza
or
Popcorn Chicken

Corn
Fresh Apple
Diced Pears
Choc. Chip Cookie
Milk

Monday, Dec. 19

Corn Dog
or
BB-Q Pork Hoagie

Baked Beans
Lattice Cut Sweet
Potato
Mixed Fruit
Applesauce
Milk

Tuesday, Dec. 20

Cheeseburger
w/ lettuce &
tomato
or
Popcorn Chicken

KK Fries
Green Beans
Banana
Milk

Wednesday, Dec. 21

Sweet N Sour
Chicken or
Chicken Fried Beef
Fingers
Both w/ Rice
Fresh Broccoli
w/ Ranch
Applesauce
Mandarin Oranges
Milk

Thursday, Dec. 22

INSERVICE

NO

SCHOOL

