

**KENAI PENINSULA BOROUGH
SCHOOL DISTRICT**

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

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Monday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Protrn (g)	Carb (g)
LUNCH 9-12	Total	100				
PIZZA PRIMO BIG DADDY 16"	SLICE	35	370	8	20.98	35.96
BBQ PORK HOAGIE	1 EACH	55	400	*3	*7.0	39.0
Sweet N Sour Chicken	3.9 oz	15	190	13	14.0	25.0
RICE, BROWN LONG, 3/4 C	3/4 CUP	15	162	0	3.78	33.59
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	80	39	0	4.28	7.4
SWEET POTATO LATTICE CUT FRIES	1/2 CUP	80	85	5	1.0	11.0
FRUIT BAR FRESH HS	1 EACH	65	67	*9	0.79	17.3
VEGETABLE BAR HS	SERVINGS	65	48	*0	2.95	9.84
SALAD DRESSING, RANCH	1.5 OZ	65	101	*N/A*	0.85	2.73
JUICE APPLE JUICE CUP	1 EACH	100	60	13	0.0	14.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	8.0	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	8.0	23.0
Weighted Daily Average			828	*47	*29.07	111.96
% of Calories				*22.7%	*14.0%	54.1%
Nutrient Guideline			750-850			

Tuesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Protrn (g)	Carb (g)
LUNCH 9-12	Total	100				
EGG ROLL 2 EACH	ROLL	30	320	6	20.0	40.01
CHICKEN, POPCORN	serv 3.36 oz	40	253	1	15.2	16.21
WRAP, TURKEY 9-12 GRADE	1 EACH	30	473	*1	26.48	43.61
RICE FRIED VEG.	SERVING (3/4C)	30	270	3	6.0	54.0
FRUIT BAR FRESH HS	1 EACH	30	67	*9	0.79	17.3
VEGETABLE BAR HS	SERVINGS	60	48	*0	2.95	9.84
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	8.0	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	8.0	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	0.85	2.73
JUICE/FRUITABLES/TROPICAL	6.75 OZ	55	90	*N/A*	*N/A*	22.0
HUMMAS DIP TRADITIONAL .85 V	1 EACH	25	110	1	4.0	12.0
COOKIE, CHOC CHIP / M&M WG (1	1 EACH	100	110	8	0.0	19.0
Weighted Daily Average			838	*32	*32.94	114.95
% of Calories				*15.4%	*15.7%	54.9%
Nutrient Guideline			750-850			

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Wednesday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Protn (g)	Carb (g)
LUNCH 9-12	Total	100				
BOSCO CHEESE STICK WG-2	Bread Stick (2)	30	300	2	20.0	34.0
DIPPING SAUCE K-5 2 oz	2 OZ	30	22	*N/A*	0.72	5.88
CHICKEN TAQUITOS 3 ea	3 EACH	30	330	*N/A*	12.0	39.0
CHICKEN FAJITA QUES 9-12	1 EACH	40	452	*N/A*	34.29	37.41
POTATO JO-JO 1/2 (5 EA)	1/2 C	80	100	0	2.0	15.0
FRUIT BAR FRESH HS	1 EACH	20	67	*9	0.79	17.3
VEGETABLE BAR HS	SERVINGS	20	48	*0	2.95	9.84
SALAD DRESSING, RANCH	1.5 OZ	20	101	*N/A*	0.85	2.73
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	60	120	1	6.0	18.0
ORANGE JUICE CUP	1 EACH	95	50	12	0.0	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	8.0	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	8.0	23.0
FRUIT BAR FRESH HS	1 EACH	95	67	*9	0.79	17.3
SALSA , GREEN CHILI TOMATO, CH	2 oz	30	13	*N/A*	0.48	2.77
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	40	80	0	7.71	0.57
Weighted Daily Average			845	*41	41.63	118.24
% of Calories				*19.5%	19.7%	56.0%
Nutrient Guideline			750-850			

Thursday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Protn (g)	Carb (g)
LUNCH 9-12	Total	100				
HOAGIE HAM/CHEESE	1 EA	15	188	*3	10.86	30.24
CHICKEN PATTY BREADED 7-12 san	sandwich	40	342	*0	25.24	38.11
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	60	6	*N/A*	0.31	1.32
BEEF FINGERS CNTRY FRD (4)	3.88	45	302	*N/A*	17.24	18.32
POTATOES, MASHED INSTANT: 1/2 C	1/2 cup	45	90	0	2.0	17.0
GRAVY BROWN	2 OZ	45	25	*N/A*	0.0	0.0
ROLL DINNER WG BAKER BOY	ROLL	45	110	*N/A*	4.0	19.0
FRUIT BAR FRESH HS	1 EACH	65	67	*9	0.79	17.3
VEGETABLE BAR HS	SERVINGS	35	48	*0	2.95	9.84
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	8.0	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	8.0	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	0.85	2.73
EDAMANE SUCCOTASH	4 OZ	45	133	*N/A*	9.33	13.33
PEACH CUBES 1/2 CUP	1/2 cup	95	35	7	0.5	8.5
Weighted Daily Average			740	*29	36.70	95.27
% of Calories				*15.9%	19.8%	51.5%
Nutrient Guideline			750-850			

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Friday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Protn (g)	Carb (g)
LUNCH 9-12	Total	100				
BEEF PATTY MESQUITE CHARBROILE	1 ea	35	347	*N/A*	27.45	31.4
CHEESE, AMERICAN RF 1 slice	SLICE	35	35	*N/A*	3.5	1.0
PIZZA PRIMO BIG DADDY 16"	SLICE	35	370	8	20.98	35.96
CORN DOG CHICKEN	1 EACH	30	240	5	9.0	30.0
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	50	21	0	1.17	4.56
POTATO, TATER TOTS: 6-12 (15)	15 EACH	80	225	0	1.5	25.5
VEGETABLE BAR HS	SERVINGS	20	48	*0	2.95	9.84
SALAD DRESSING, RANCH	1.5 OZ	20	101	*N/A*	0.85	2.73
FRUIT BAR FRESH HS	1 EACH	50	67	*9	0.79	17.3
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	68	0	0.52	17.88
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	8.0	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	8.0	23.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	6	*N/A*	0.31	1.32
PRETZEL GOLDFISH CRACKERS	BAG	65	90	*N/A*	2.0	16.0
Weighted Daily Average			833	*27	33.65	113.76
% of Calories				*12.8%	16.2%	54.6%
Nutrient Guideline			750-850			

Weighted Average			817	*35 *38.9%	*34.80 *17.0%	110.84 54.3%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	817		750 - 850	100%				
Sugars (g)	35	17.30%			Missing			
Protein (g)	34.80	17.04%			Missing			
Carbohydrate (g)	110.84	54.28%						

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