

# KENAI PENINSULA BOROUGH SCHOOL DISTRICT

May 1, 2017 - May 31, 2017

LUNCH K-12

Base Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Mon - 05/01/2017					
LUNCH K-5	Total	100			
HAMBURGER ELE	1 EACH	100	268	*0	31.0
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	*N/A*	1.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	100	6	*N/A*	1.32
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	100	39	0	7.4
APPLES, FRESH, W/SKIN	1 EACH	100	77	15	20.58
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	22	23.0
Weighted Daily Average			553	*34	82.80
% of Calories				*24.8%	59.9%
Nutrient Guideline			550-650		

Tue - 05/02/2017					
LUNCH K-5	Total	100			
BBQ PORK HOAGIE	1 EACH	95	400	*3	39.0
FRUIT, MIXED,, LIGHT: 1/2 C	1/2 C	95	68	0	17.88
SWEET POTATO LATTICE FF 3/4	3/4 CUP (12 EA)	35	250	13	32.29
MILK 1% SMITH BROTHERS	HALF PINT	40	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	55	130	22	23.0
Weighted Daily Average			647	*20	83.19
% of Calories				*12.1%	51.4%
Nutrient Guideline			550-650		

Wed - 05/03/2017					
LUNCH K-5	Total	100			
CHICKEN TAQUITOS 2 ea	2 EACH	100	220	*N/A*	26.0
REFRIED BEANS, TRADITIO : 1/2 C	1/2 C	95	120	1	18.0
APPLESAUCE, UNSWEETENED	.5 CUP	85	52	0	13.79
CARROTS, RAW BABY EL 4 oz	4 OZ	75	40	*N/A*	9.34
SALAD DRESSING, RANCH	1.5 OZ	75	101	*N/A*	2.73
SALSA , GREEN CHILI TOMATO, CH	2 oz	100	13	*N/A*	2.77
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
Weighted Daily Average			610	*17	85.84
% of Calories				*11.4%	56.3%
Nutrient Guideline			550-650		

Thu - 05/04/2017					
LUNCH K-5	Total	100			
BEEF FINGERS CNTRY FRD (4)	3.88	100	302	*N/A*	18.32
POTATOES, MASHED INSTANT: 3/4 c	3/4 c	100	135	0	25.5
GRAVY BROWN	2 OZ	100	25	*N/A*	0.0
PEACHES, DICED LIGHT S: 1/2 C	4 oz	80	53	0	13.39
MILK 1% SMITH BROTHERS	HALF PINT	25	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Weighted Daily Average			629	*16	75.04
% of Calories				*10.5%	47.7%
Nutrient Guideline			550-650		

Fri - 05/05/2017					
LUNCH K-5	Total	100			
PIZZA 4X6 TONY'S	SLICE	100	300	10	33.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	100	58	0	15.12
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	100	21	0	4.56
CHOC CHIP w/M&M COOKIE	1 OZ COOKIE	100	110	*N/A*	19.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
Weighted Daily Average			603	*26	90.88
% of Calories				*17.6%	60.3%
Nutrient Guideline			550-650		

Mon - 05/08/2017					
LUNCH K-5	Total	100			
CORN DOG CHICKEN	1 EACH	100	240	5	30.0
BEANS BAKED 1/2	1/2 CUP	45	140	*N/A*	25.0
SWEET POTATO LATTICE CUT FRIES	1/2 CUP (8each)	75	170	9	22.0
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	0	13.79
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			598	*29	89.78
% of Calories				*19.6%	60.0%
Nutrient Guideline			550-650		

Tue - 05/09/2017					
LUNCH K-5	Total	100			
MANWICH SLOPPY JOE	SERVINGS	100	303	*3	35.68
POTATO, KK OVENABLE 3 OZ	3 OZ	70	120	0	21.0
BANANAS,RAW FRESH	1 EACH	75	90	12	23.07
GREEN BEANS, CUT;K-51/2 C	.50 CUP	75	14	0	3.04
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			585	*29	90.31
% of Calories				*20.1%	61.7%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Wed - 05/10/2017					
LUNCH K-5	Total	100			
CHICKEN TERIYAKI STRIPS GLUT/F	2.85 OZ	100	150	14	14.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	100	108	0	22.39
ROLL DINNER WG BAKER BOY	ROLL	100	110	*N/A*	19.0
WINTER MIX 3/4 C K-5	3/4 C	100	20	2	4.0
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	*N/A*	21.0
SWEET & SOUR SAUCE PKT	PACKAGE	100	30	*N/A*	8.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0
Weighted Daily Average			634	*34	109.39
% of Calories				*21.2%	69.0%
Nutrient Guideline			550-650		

Thu - 05/11/2017					
LUNCH K-5	Total	100			
TACO BEEF & BEAN K-8 GRADE:2	2 EACH	100	255	*0	24.14
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	100	6	*N/A*	1.32
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	100	99	0	22.87
APPLESAUCE UNSWEETENED CUPS	1 EA	100	50	12	14.0
SALSA , GREEN CHILI TOMATO, CH	2 oz	100	13	*N/A*	2.77
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
Weighted Daily Average			536	*29	84.30
% of Calories				*21.5%	62.9%
Nutrient Guideline			550-650		

Fri - 05/12/2017					
LUNCH K-5	Total	100			
CHICKEN SAND BREAD K-6	SANDWICH	100	383	*1	44.21
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	25	6	*N/A*	1.32
SALAD, ROMAINE 2016	SRV	50	56	*1	12.68
SALAD DRESSING, RANCH	1.5 OZ	50	101	*N/A*	2.73
PEACHES, DICED LIGHT S: 1/2 C	4 oz	60	53	0	13.39
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
Weighted Daily Average			609	*18	79.48
% of Calories				*11.8%	52.2%
Nutrient Guideline			550-650		

Mon - 05/15/2017					
LUNCH K-5	Total	100			
BEEF TERYAKI DIPPER 4 each **	2.8 OZ	100	150	4	6.0
RICE, BROWN LONG, 1/2 C	1/2 CUP	100	108	0	22.39
APPLES,FRESH,W/SKIN	1 EACH	100	77	15	20.58
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	100	21	0	4.56
CHOC CHIP w/M&M COOKIE	1 OZ COOKIE	100	110	*N/A*	19.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Weighted Daily Average			580	*36	91.73
% of Calories				*24.8%	63.2%
Nutrient Guideline			550-650		

Tue - 05/16/2017					
LUNCH K-5	Total	100			
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	*N/A*	1.0
HAMBURGER ELE	1 EACH	100	268	*0	31.0
POTATO JO-JO 1/2 (5 EA)	1/2 C	80	100	0	15.0
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	65	58	0	15.12
BEANS BAKED 1/2	1/2 CUP	40	140	*N/A*	25.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	100	6	*N/A*	1.32
Weighted Daily Average			597	*16	84.35
% of Calories				*11.1%	56.5%
Nutrient Guideline			550-650		

Wed - 05/17/2017					
LUNCH K-5	Total	100			
FRENCH TOAST STICKS, WG :3 EA	3 EA	90	208	*N/A*	25.64
SAUSAGE LINKS lower sod (2)	1 EACH	80	200	0	2.0
POTATO, TATER TOTS: 6-12 (15)	15 EACH	45	225	0	25.5
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	45	90	*N/A*	21.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
SYRUP CUP, REDUCED CALORIE	1 EACH	90	50	*N/A*	13.0
Weighted Daily Average			648	*16	76.50
% of Calories				*10.2%	47.2%
Nutrient Guideline			550-650		

Thu - 05/18/2017					
LUNCH K-5	Total	100			
TACO BEEF & BEAN K-8 GRADE:2	2 EACH	100	255	*0	24.14
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	100	6	*N/A*	1.32
JUICE APPLE JUICE CUP	1 EACH	100	60	13	14.0
CARROTS, RAW BABY EL 4 oz	4 OZ	100	40	*N/A*	9.34
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	70	130	22	23.0
HUMMAS RANCH DIP V.94	SERVING	100	90	1	11.0
Weighted Daily Average			563	*30	78.51
% of Calories				*21.1%	55.7%
Nutrient Guideline			550-650		

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Fri - 05/19/2017					
LUNCH K-5	Total	100			
CHICKEN NUGGETS,(5 EACH)	SERVING	100	260	1	16.0
SALAD, ROMAINE 2016	SRV	60	56	*1	12.68
PEACH CUBES 1/2 CUP	1/2 CUP	75	35	7	8.5
PRETZEL GOLDFISH CRACKERS	BAG	75	90	*N/A*	16.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	22	23.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	2.73
Weighted Daily Average			580	*25	65.77
% of Calories				*17.4%	45.3%
Nutrient Guideline			550-650		

Mon - 05/22/2017					
LUNCH K-5	Total	100			
BBQ PORK HOAGIE	1 EACH	100	400	*3	39.0
GREEN BEANS,9-12 LOW SODIUM	3/4 CUP	100	21	0	4.56
APPLES,FRESH,W/SKIN	1 EACH	100	77	15	20.58
MILK 1% SMITH BROTHERS	HALF PINT	25	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0
Weighted Daily Average			623	*35	84.64
% of Calories				*22.5%	54.3%
Nutrient Guideline			550-650		

Tue - 05/23/2017					
LUNCH K-5	Total	100			
EGG ROLL (1 EACH)	ROLL	95	160	3	20.0
RICE FRIED VEG.	SERVING (3/4C)	65	270	3	54.0
BROCCOLI RAW EL 1/2	1/2 C	65	39	*N/A*	7.53
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	65	73	*N/A*	19.15
HUMMAS DIP TRADITIONAL .85 V	1 EACH	65	110	1	12.0
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	85	130	22	23.0
Weighted Daily Average			599	*24	100.74
% of Calories				*16.1%	67.3%
Nutrient Guideline			550-650		

Wed - 05/24/2017					
LUNCH K-5	Total	100			
PIZZA 4X6 TONY'S	SLICE	100	300	10	33.0
CORN, CANNED, WHOLE-KERN: 3/4c	3/4 C	100	99	0	22.87
APPLESAUCE UNSWEETENED CUPS	1 EA	100	50	12	14.0
ORANGE JUICE CUP	EACH	100	50	12	13.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0

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**KENAI PENINSULA BOROUGH  
SCHOOL DISTRICT**

**May 1, 2017 - May 31, 2017**

LUNCH K-12

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)
Weighted Daily Average % of Calories			625	*52 *33.0%	103.87 66.5%
Nutrient Guideline			550-650		

Weighted Average			601	*27 *40.6%	86.51 57.6%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	601		550 - 650	100%				
Sugars (g)	27	18.04%			Missing			
Carbohydrate (g)	86.51	57.56%						

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