

# KENAI PENINSULA BOROUGH SCHOOL DISTRICT

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

LUNCH 9-12

Portion Values - Detailed

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Monday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)
LUNCH 9-12	Total	100				
PIZZA PRIMO BIG DADDY 16"	SLICE	35	370	8	35.96	14.98
BBQ PORK HOAGIE	1 EACH	55	400	*3	39.0	18.5
CHICKEN TERIYAKI STRIPS GLUT/F	2.85 OZ	15	150	14	14.0	4.0
RICE, BROWN LONG, 1 CUP	1 cup	15	216	0	44.79	1.76
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	80	39	0	7.4	0.15
SWEET POTATO LATTICE CUT FRIES	1/2 CUP	80	85	5	11.0	4.0
FRUIT BAR FRESH HS	1 EACH	65	67	*9	17.3	0.29
VEGETABLE BAR HS	SERVINGS	65	48	*0	9.84	0.49
SALAD DRESSING, RANCH	1.5 OZ	65	101	*N/A*	2.73	9.27
JUICE APPLE JUICE CUP	1 EACH	100	60	13	14.0	0.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0	2.5
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0	0.0
Weighted Daily Average			830	*47	111.99	26.64
% of Calories				*22.7%	54.0%	28.9%
Nutrient Guideline			750-850			

Tuesday						
LUNCH 9-12	Total	100				
EGG ROLL 2 EACH	ROLL	30	320	6	40.01	10.0
CHICKEN NUGGETS,(5 EACH)	SERVING	40	260	1	16.0	15.0
WRAP, TURKEY 9-12 GRADE	1 EACH	30	473	*1	43.61	21.89
RICE FRIED VEG.	SERVING (3/4C)	30	270	3	54.0	3.5
FRUIT BAR FRESH HS	1 EACH	30	67	*9	17.3	0.29
VEGETABLE BAR HS	SERVINGS	60	48	*0	9.84	0.49
MILK 1% SMITH BROTHERS	HALF PINT	15	110	*N/A*	13.0	2.5
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0	0.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	2.73	9.27
JUICE/FRUITABLES/TROPICAL	6.75 OZ	55	90	*N/A*	22.0	*N/A*
HUMMAS DIP TRADITIONAL .85 V	1 EACH	25	110	1	12.0	5.0
COOKIE, CHOC CHIP / M&M WG (1	1 EACH	100	110	8	19.0	3.0
Weighted Daily Average			840	*32	114.87	*27.19
% of Calories				*15.4%	54.7%	*29.1%
Nutrient Guideline			750-850			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)
Wednesday						
LUNCH 9-12	Total	100				
BOSCO CHEESE STICK WG-2	Bread Stick (2)	30	300	2	34.0	10.0
DIPPING SAUCE K-5 2 oz	2 OZ	30	22	*N/A*	5.88	0.08
CHICKEN TAQUITOS 3 ea	3 EACH	30	330	*N/A*	39.0	15.0
CHICKEN FAJITA QUES 9-12	1 EACH	40	452	*N/A*	37.41	17.78
POTATO JO-JO 1/2 (5 EA)	1/2 C	80	100	0	15.0	4.0
VEGETABLE BAR HS	SERVINGS	20	48	*0	9.84	0.49
SALAD DRESSING, RANCH	1.5 OZ	20	101	*N/A*	2.73	9.27
REFRIED BEANS, TRADITIO :1/2 C	1/2 C	60	120	1	18.0	2.5
ORANGE JUICE CUP	1 EACH	95	50	12	13.0	0.0
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0	2.5
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0	0.0
FRUIT BAR FRESH HS	1 EACH	95	67	*9	17.3	0.29
SALSA , GREEN CHILI TOMATO, CH	2 oz	30	13	*N/A*	2.77	0.24
CHEESE, CHEDDAR REDUCED FAT M	1 OZ	40	80	0	0.57	5.19
Weighted Daily Average			832	*39	114.78	24.22
% of Calories				*18.9%	55.2%	26.2%
Nutrient Guideline			750-850			

Thursday						
LUNCH 9-12	Total	100				
HOAGIE HAM/CHEESE	1 EA	15	188	*3	30.24	3.64
CHICKEN PATTY BREADED 7-12 san	sandwich	40	342	*0	38.11	11.11
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	60	6	*N/A*	1.32	0.07
BEEF FINGERS CNTRY FRD (4)	3.88	45	302	*N/A*	18.32	17.24
POTATOES, MASHED INSTANT: 1/2 C	1/2 cup	45	90	0	17.0	1.0
GRAVY BROWN	2 OZ	45	25	*N/A*	0.0	0.0
ROLL DINNER WG BAKER BOY	ROLL	45	110	*N/A*	19.0	2.0
FRUIT BAR FRESH HS	1 EACH	100	67	*9	17.3	0.29
VEGETABLE BAR HS	SERVINGS	35	48	*0	9.84	0.49
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0	2.5
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	22	23.0	0.0
SALAD DRESSING, RANCH	1.5 OZ	60	101	*N/A*	2.73	9.27
EDAMANE SUCCOTASH	4 OZ	65	133	*N/A*	13.33	4.0
PEACH CUBES 1/2 CUP	1/2 cup	95	35	7	8.5	0.0
Weighted Daily Average			790	*33	103.99	23.27
% of Calories				*16.6%	52.6%	26.5%
Nutrient Guideline			750-850			

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Friday	Portion Size	Reimb Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)
LUNCH 9-12	Total	100				
BEEF PATTY MESQUITE CHARBROILE	1 ea	35	347	*N/A*	31.4	14.17
CHEESE, AMERICAN RF 1 slice	SLICE	35	35	*N/A*	1.0	2.0
PIZZA PRIMO BIG DADDY 16"	SLICE	35	370	8	35.96	14.98
FRENCH TOAST STICKS, WG :3 EA	3 EA	30	208	*N/A*	25.64	8.78
SAUSAGE LINKS lower sod (2)	ser -2	30	200	0	2.0	14.0
POTATO, TATER TOTS: 6-12 (15)	15 EACH	65	225	0	25.5	13.5
VEGETABLE BAR HS	SERVINGS	20	48	*0	9.84	0.49
SALAD DRESSING, RANCH	1.5 OZ	20	101	*N/A*	2.73	9.27
FRUIT BAR FRESH HS	1 EACH	50	67	*9	17.3	0.29
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	85	68	0	17.88	0.1
MILK 1% SMITH BROTHERS	HALF PINT	20	110	*N/A*	13.0	2.5
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	80	130	22	23.0	0.0
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	6	*N/A*	1.32	0.07
PRETZEL GOLDFISH CRACKERS	BAG	65	90	*N/A*	16.0	1.5
Weighted Daily Average			839	*25	106.95	30.19
% of Calories				*12.0%	51.0%	32.4%
Nutrient Guideline			750-850			

Weighted Average			826	*35 *38.5%	110.52 53.5%	*26.30 *28.6%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	826		750 - 850	100%				
Sugars (g)	35	17.11%			Missing			
Carbohydrate (g)	110.52	53.50%						
Total Fat (g)	26.30	28.65%			Missing			

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