

Monday, August 21

Niko / Nanwalek

Chicken Taquitos

Winter Mix Chilled Mandarin Orange Apple Juice Milk

Tuesday, August 22

Cheeseburger

Baked Beans Jo-Jo's Fresh Grapes

Milk

Wed., August 23

Chicken Fried Beef Sticks with Roll

Mashed Potato Gravy Golden Corn Diced Peaches Milk

Thursday, August 24

Spaghetti with Meat Sauce

Garlic Toast Romaine Salad w/Ranch Dressing Banana Milk

Pizza

Friday, August 25

Green Beans Lattice Cut Sweet Potato Chilled Applesauce Cup Milk

Word of the Month

This institution is an equal opportunity provider. Menus

gen·er·os·i·ty

n. 1. willingness to give to others of one's time, effort, or other support 2. unselfishness 3. good will expressed in giving and charity

Monday, August 28

Breaded Chicken Sandwich

Fresh Baby Carrots w/ Hummus Dip Chilled Diced Pears Apple Juice Milk

Tuesday, August 29

Meat Loaf

Dinner Roll Mashed Potato Gravy Green Beans Strawberry Cup Milk

Wed., August 30

Macaroni and Cheese

Steamed Broccoli Fresh Apple Jello

Milk

Thursday, August 31

Chili with Pretzel

Corn Chilled Mixed Fruit Chocolate Chip Cookie Milk

Friday, September 1

French Toast with Sausage

Tater Tots Chilled Diced Peaches Orange Juice Milk

I am the letter



Monday, Sept. 4



No School

Tuesday, Sept. 5

Teriyaki Chicken with Rice

Mandarin Orange Sugar Snap Peas w/ Ranch Gold Rush Juice Milk

Wed., September 6

Sloppy Joe's

Winter Mix Chilled Mixed Fruit Bunny Grahams Milk

Thursday, Sept. 7

Lasagna Garlic Toast Spinach Fruit Salad Chilled Applesauce Juice Milk

Friday, September 8

Hot Dog

Baked Beans KK Fries Chilled Diced Peaches Milk

Still the best deal in town

K-6 \$3.00

Lunch

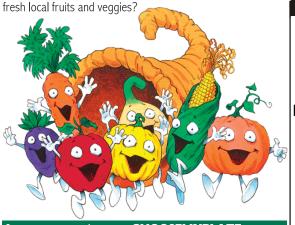
7-12 \$3.50

Get in touch with us today to learn more about free and reduced-price meals in our district:

Local school or 907-714-8832

HALF FRUITS AND VEGET ABILES	What's on YOUR plate?
CRANTS AND STILL WHOLE	DAIRY

In most parts of the country, it's never easier to fill up your plate with local produce than the warm, golden days of late summer. How much of your plate can you fill with delicious and



Mon. September 11

Egg Roll

Fried Rice Green Beans Chilled Pineapple Chunks Milk Tues. September 12

Cheese Sticks w/
Marinara Dipping
Sauce
Baby Carrots w/
Hummus Dip
Chilled Pears
Apple Juice
Milk

Wed. September 13

Popcorn Chicken Roll Mashed Potato w /Gravy Steamed Broccoli Fresh Oranges Wedges Milk

Taco Boat

Thurs. September 14

Refried Beans Golden Corn Frozen Strawberry Cup Milk BB-Q Pork Sandwich

Friday, September 15

Jo– Jo's Chilled Mixed Fruit Fresh Grapes Milk

Mon. September 18

Chicken Taquitos

Winter Mix Chilled Mandarin Orange Apple Juice Milk Tues. September 19

Cheeseburger

Baked Beans Jo-Jo's Fresh Grapes

Milk

Wed. September 20

Chicken Fried Beef Sticks with Roll

Mashed Potato Gravy Golden Corn Diced Peaches Milk Thurs. September 21

Spaghetti with Meat Sauce

Garlic Toast Romaine Salad w/Ranch Dressing Banana Orange Juice Milk Friday, September 22

Pizza

Green Beans Lattice Cut Sweet Potato Chilled Applesauce Cup Milk

Mon. September 25

Breaded Chicken Sandwich

Fresh Baby Carrots w/ Hummus Dip Chilled Diced Pears Apple Juice Milk **Tues. September 26**

Meat Loaf

Dinner Roll Mashed Potato Gravy Green Beans Strawberry Cup Milk Wed., September 27

Macaroni and Cheese

Steamed Broccoli Fresh Apple Jell-O

Milk

Thurs. September 28

Beef Chili with Pretzel

Golden Corn Chilled Mixed Fruit Chocolate Chunk Cookie Milk Friday, September 29

French Toast with Sausage

Tater Tots Chilled Diced Peaches Orange Juice Milk

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html