

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2018																
LUNCH K-5	Total	100														
CORN PUPS, WHOLE GRAIN C HICKEN	6 EA	100	271	40	412	5.02	1.81	150.7	0	0.0	5	10.05	30.15	12.06	3.52	0.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	100	179	0	268	2.98	0.00	0.0	0	3.57	0	2.98	20.84	10.42	1.49	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	100	14	0	140	1.30	0.61	18.0	294	3.2	0	0.78	3.04	0.07	0.02	0.00
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	100	65	0	0	0.86	0.39	21.5	0	8.39	14	0.45	17.21	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			654	46	1024	10.16	3.08	490.3	794	17.27	39	22.26	91.74	23.17	5.40	0.62
% of Calories											23.6%	13.6%	56.2%	31.9%	7.4%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 04/03/2018																
LUNCH K-5	Total	100														
BOSCO CHEESE STICK WG ELM	Bread Stick	100	150	15	220	2.00	1.08	200.0	2000	0.0	1	10.0	17.0	5.0	2.50	0.00
DIPPING SAUCE K-5 2 oz	2 OZ	100	22	0	279	0.71	0.54	10.9	255	3.62	*N/A*	0.72	5.88	0.08	0.02	0.00
CARROTS, RAW BABY EL 4 oz	4 OZ	100	40	0	89	3.24	1.17	32.4	15390	3.89	5	0.0	9.72	0.0	0.00	0.00
SALAD DRESSING, RANCH 2 OZ	2.0 OZ	100	136	22	229	0.00	0.00	38.1	63	0.15	*0	1.14	3.68	12.51	1.21	0.00
PEARS, DICED LIGHT SYRUP 1/2 C	.5 CUP	100	58	0	2	2.00	0.26	9.0	0	2.5	0	0.38	15.12	0.12	0.00	0.00
JUICE APPLE JUICE CUP	1 EACH	100	60	0	10	0.00	0.00	0.0	0	60.0	13	0.0	14.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			592	43	1033	7.95	3.32	590.4	18208	72.26	*38	20.25	85.90	18.34	4.10	0.62
% of Calories											*25.9%	13.7%	58.1%	27.9%	6.2%	1.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/04/2018																
LUNCH K-5	Total	100														
BREADED CHICKEN PIECES WG	SERVING	100	190	70	470	1.00	1.08	0.0	0	0.0	0	16.0	6.0	11.0	2.50	0.00
POTATOES, MASHED INSTANT	3/4 c	100	135	0	495	1.50	1.08	30.0	0	3.6	0	3.0	25.5	1.5	0.00	0.00
T:3/4 c																
BROCCOLI, FLOR, FROZ 1/2 COM	1/2 C	100	26	0	22	2.80	0.56	47.0	930	36.9	0	2.85	4.93	0.1	0.02	0.00
GRAVY MIX, CHICKEN INSTANT	2 OZ	100	25	5	140	0.00	0.00	0.0	0	0.0	1	0.0	4.0	0.5	0.00	0.00
ORANGES,FRESH	1 EACH	100	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.02	0.00
ROLL DINNER WG BAKER BOY	ROLL	100	100	0	95	2.00	1.08	20.0	0	0.0	0	3.0	17.0	2.0	0.50	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			646	81	1426	9.60	4.17	435.4	1646	93.67	29	33.75	89.21	15.84	3.41	0.62
% of Calories											18.2%	20.9%	55.2%	22.1%	4.8%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/05/2018																
LUNCH K-5	Total	100														
TACO BOAT	SERVG	100	174	14	380	3.15	2.12	61.7	1497	10.02	*1	8.94	23.61	6.54	1.65	0.00
REFRIED BEANS, ELEM 1/2	1/2 CUP	100	120	0	540	6.00	2.70	40.0	5	1.2	1	6.0	18.0	2.5	0.00	0.00
CORN, CANNED, WHOLE-KER	1/2 cup	100	66	0	140	1.60	0.71	4.0	66	7.0	0	2.15	15.24	0.82	0.13	0.00
N: 1/2c																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	100	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
SALSA , GREEN CHILI TOMAT	2 oz	100	13	0	306	0.55	0.00	0.0	367	4.4	2	0.48	2.77	0.24	0.00	0.00
O, CH																
STRAWBERRY CUP	1 EACH	100	90	0	0	1.99	0.36	19.9	0	47.84	18	1.0	21.93	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			595	20	1572	13.83	6.31	431.4	2760	76.80	*41	26.96	103.67	10.80	2.16	0.62
% of Calories											*27.9%	18.1%	69.7%	16.3%	3.3%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/06/2018																
LUNCH K-5	Total	100														
CHICKEN BREAD K-6 san new BUN	SANDWIC	100	393	25	746	7.04	3.27	80.6	5	0.0	4	20.19	42.21	15.68	3.03	0.00
WINTER MIX 3/4 C K-5	3/4 C	95	20	0	20	1.00	0.00	20.0	0	24.0	2	1.0	4.0	0.0	0.00	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	60	68	0	8	1.60	0.37	6.0	12	3.81	0	0.52	17.88	0.1	0.03	0.00
GRAPES,FRESH	1/2 C SE RVING	80	78	0	0	1.42	0.26	0.0	71	12.76	21	0.71	19.84	0.71	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	70	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	60	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
Weighted Daily Average			638	31	964	10.41	4.03	391.6	739	39.81	41	29.86	92.93	16.98	3.43	0.62
% of Calories											25.5%	18.7%	58.2%	23.9%	4.8%	0.9%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/09/2018																
LUNCH K-5	Total	100														
CHICKEN NUGGETS,(5 EACH)	SERVING	100	202	25	313	0.00	1.45	20.2	101	15.15	0	16.16	12.12	11.11	2.02	0.00
CORN, CANNED, WHOLE-KER N: 3/4c	3/4 C	100	99	0	210	2.40	1.07	6.0	99	10.5	0	3.22	22.87	1.23	0.20	0.00
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	0	0	1.00	0.36	0.0	0	21.0	18	0.5	21.0	0.0	0.00	0.00
RICE, BROWN LONG, 1/2 C	1/2 CUP	100	108	0	5	1.80	0.41	10.0	0	0.0	0	2.52	22.39	0.88	0.18	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			624	32	732	5.20	3.57	336.2	700	48.76	37	30.40	98.88	13.85	2.77	0.62
% of Calories											24.0%	19.5%	63.4%	20.0%	4.0%	0.9%
Nutrient Guideline			550-650		1230											<10.00

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2018																
LUNCH K-5	Total	100														
HAMBURGER ON BUN	1 EACH	100	290	45	510	3.00	2.88	60.0	0	0.0	*0	18.0	29.0	13.0	4.50	0.50
BEANS BAKED 1/2	1/2 CUP	50	140	0	550	5.00	1.80	40.0	0	0.0	12	6.0	29.0	1.0	0.00	0.00
POTATO JO-JO 1/2 (1-2 EA)	1/2 C	60	100	0	230	2.00	0.72	0.0	0	4.8	0	2.0	15.0	4.0	1.00	0.00
LETTUCE & TOMATO: 1 leaf, 2 slice	1 lf, 2 slc	80	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	7	105	0.00	0.00	985.0	150	0.0	1	3.5	1.0	2.5	1.25	0.00
GRAPES, FRESH	1/2 C SE R Ving	85	78	0	0	1.42	0.26	0.0	71	12.76	21	0.71	19.84	0.71	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			652	59	1234	8.34	4.81	1369.6	970	19.21	*44	34.62	92.16	19.69	6.73	1.12
% of Calories											*27.0%	21.2%	56.5%	27.2%	9.3%	1.6%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 04/11/2018																
LUNCH K-5	Total	100														
BEEF FINGERS CNTRY FRD (4)	3.88	95	350	40	320	3.00	1.80	40.0	0	0.0	1	14.0	19.0	24.0	7.00	0.00
POTATOES, MASHED INSTANT: 3/4 c	3/4 c	50	135	0	495	1.50	1.08	30.0	0	3.6	0	3.0	25.5	1.5	0.00	0.00
GRAVY BROWN	2 OZ	50	20	0	140	0.00	0.00	0.0	0	0.0	0	0.0	4.0	5.0	0.00	0.00
APPLESAUCE, UNSWEETENED	.5 CUP	70	52	0	2	1.40	0.13	4.0	36	1.4	0	0.2	13.79	0.06	0.02	0.00
ROLL DINNER WG BAKER BOY	ROLL	35	100	0	95	2.00	1.08	20.0	0	0.0	0	3.0	17.0	2.0	0.50	0.00
CRANBERRIES, DRIED, INDIVIDUAL	PACKAGE	50	110	0	0	3.00	0.18	0.0	0	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	70	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			655	44	848	6.78	3.06	347.8	500	4.76	31	23.59	81.75	27.42	7.22	0.62
% of Calories											19.1%	14.4%	49.9%	37.7%	9.9%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

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Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2018																
LUNCH K-5	Total	100														
SPAGHETTI AND MEAT SAUCE	1 CUP	95	266	22	301	6.44	3.49	67.4	337	9.74	*1	14.61	40.98	7.54	2.67	0.00
BREAD, TOAST GARLIC MINI	1 oz SLICE	95	70	0	95	1.00	0.72	0.0	0	0.0	0	2.0	12.0	2.5	0.00	0.00
SALAD, ROMAINE: 50	srv	50	56	0	26	2.84	1.07	43.7	12199	50.62	*1	1.53	12.65	0.35	0.05	0.00
SALAD DRESSING, RANCH	1.5 OZ	50	101	16	170	0.00	0.00	28.2	47	0.11	*0	0.85	2.73	9.27	0.89	0.00
BANANAS,RAW FRESH	1 EACH	75	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE JUICE CUP	1 EACH	80	50	0	0	0.00	0.00	0.0	0	60.0	12	0.0	13.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	70	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			624	35	667	10.46	4.98	388.8	6967	91.19	*39	25.39	105.07	15.22	3.47	0.62
% of Calories											*24.9%	16.3%	67.4%	22.0%	5.0%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 04/13/2018																
LUNCH K-5	Total	100														
PIZZA 4X6 TONY'S	SLICE	100	300	25	440	4.00	2.70	250.0	300	0.0	10	16.0	33.0	11.0	5.00	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	100	14	0	140	1.30	0.61	18.0	294	3.2	0	0.78	3.04	0.07	0.02	0.00
PEACHES, DICED LIGHT S: 1/2 C	4 oz	100	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
CARROTS, RAW BABY EL 4 oz	4 OZ	90	40	0	89	3.24	1.17	32.4	15390	3.89	5	0.0	9.72	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
HUMMAS DIP TRADITIONAL .25 V	1 EACH	80	110	0	300	3.00	1.44	20.0	0	1.2	1	4.0	12.0	5.0	1.00	0.00
Weighted Daily Average			611	31	1104	11.91	6.16	604.2	15260	13.51	34	28.09	87.63	15.69	6.12	0.50
% of Calories											22.3%	18.4%	57.4%	23.1%	9.0%	0.7%
Nutrient Guideline			550-650		1230										<10.00	

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Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/16/2018																
LUNCH K-5	Total	100														
BBQ PORK SAND	1 EA	92	390	50	940	4.00	2.88	100.0	300	1.2	*8	19.0	39.0	19.0	6.00	0.00
BEANS BAKED 3/4	.75 c	50	210	0	825	7.50	2.70	60.0	0	0.0	18	9.0	43.5	1.5	0.00	0.00
PEARS, DICED LIGHT SYRUP	.5 CUP	70	58	0	2	2.00	0.26	9.0	0	2.5	0	0.38	15.12	0.12	0.00	0.00
1/2 C																
JUICE APPLE JUICE CUP	1 EACH	75	60	0	10	0.00	0.00	0.0	0	60.0	13	0.0	14.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	65	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			661	52	1467	8.83	4.42	398.3	726	49.72	*43	29.45	96.91	18.94	5.89	0.62
% of Calories											*26.3%	17.8%	58.6%	25.8%	8.0%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 04/17/2018																
LUNCH K-5	Total	100														
PARMESAN CHICKEN SAND 7-12	1 EACH	85	397	53	763	6.46	3.17	65.5	215	1.81	*0	29.04	41.43	14.19	3.55	0.00
SALAD, ROMAINE 2016	SRV	80	56	0	26	2.85	1.07	44.0	12192	50.91	*1	1.54	12.68	0.35	0.05	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	80	14	0	140	1.30	0.61	18.0	294	3.2	0	0.78	3.04	0.07	0.02	0.00
STRAWBERRY CUP	1 EACH	75	90	0	0	1.99	0.36	19.9	0	47.84	18	1.0	21.93	0.0	0.00	0.00
SALAD DRESSING, RANCH	1.5 OZ	85	101	16	170	0.00	0.00	28.2	47	0.11	*0	0.85	2.73	9.27	0.89	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	70	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			659	65	1112	10.30	4.56	414.2	10661	82.73	*32	35.21	85.26	20.78	4.13	0.50
% of Calories											*19.5%	21.4%	51.7%	28.4%	5.6%	0.7%
Nutrient Guideline			550-650		1230										<10.00	

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2018																
LUNCH K-5	Total	100														
MACARONI N CHEESE	2/3 CUP	100	280	25	670	2.00	1.08	400.2	750	0.0	6	17.01	29.02	11.01	5.00	0.00
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	80	39	0	33	4.20	0.84	70.5	1395	55.35	0	4.28	7.4	0.15	0.03	0.00
APPLES,FRESH,W/SKIN	1 EACH	80	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	0.00
ROLL DINNER WG BAKER BOY	ROLL	80	100	0	95	2.00	1.08	20.0	0	0.0	0	3.0	17.0	2.0	0.50	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
JELLO/ CHERRY	1/2 CUP	90	70	0	90	0.00	0.00	0.0	0	15.0	16	1.0	17.0	0.0	0.00	0.00
Weighted Daily Average			641	31	1059	9.82	3.03	779.8	2431	65.36	52	32.04	100.80	13.56	5.84	0.62
% of Calories											32.6%	20.0%	62.9%	19.0%	8.2%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/19/2018																
LUNCH K-5	Total	100														
HOT DOG W/ BUN	1 EACH	100	290	30	710	2.00	1.80	40.0	0	0.0	4	10.0	21.0	18.5	8.00	0.00
CHILI CON CARNE W/ BEANS	1/4 cup	80	67	6	153	2.26	1.21	25.2	173	3.68	*0	4.5	8.32	2.05	0.79	0.00
CHEESE, CHEDDAR REDUCE	.5 OZ	50	40	8	103	0.00	0.02	128.5	89	0.0	0	3.86	0.28	2.6	1.64	0.00
D FAT M																
CORN, CANNED, WHOLE-KER	3/4 C	50	99	0	210	2.40	1.07	6.0	99	10.5	0	3.22	22.87	1.23	0.20	0.00
N: 3/4c																
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	50	68	0	8	1.60	0.37	6.0	12	3.81	0	0.52	17.88	0.1	0.03	0.00
AMAZIN' RAISIN STRAWBERRY	PACKAGE	50	110	0	10	2.00	0.72	20.0	0	0.0	22	1.0	25.0	0.0	0.00	0.00
CARROTS, RAW BABY EL 4 oz	4 OZ	25	40	0	89	3.24	1.17	32.4	15390	3.89	5	0.0	9.72	0.0	0.00	0.00
HUMMAS DIP TRADITIONAL .25 V	1 EACH	15	110	0	300	3.00	1.44	20.0	0	1.2	1	4.0	12.0	5.0	1.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	30	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	65	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			646	45	1252	8.07	4.60	436.5	4561	13.17	*34	26.10	83.75	23.60	10.17	0.75
% of Calories											*21.2%	16.2%	51.8%	32.9%	14.2%	1.0%
Nutrient Guideline			550-650		1230										<10.00	

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/23/2018																
LUNCH K-5	Total	100														
CHICKEN TERIYAKI STRIPS G LUT/F	2.85 OZ	100	150	63	370	0.00	0.90	10.0	0	0.0	14	14.0	14.0	4.0	1.00	0.00
RICE, BROWN LONG, 3/4 C	3/4 CUP	55	162	0	7	2.70	0.62	15.0	0	0.0	0	3.78	33.59	1.32	0.26	0.00
APPLESAUCE, UNSWEETENED	.5 CUP	80	52	0	2	1.40	0.13	4.0	36	1.4	0	0.2	13.79	0.06	0.02	0.00
SPINACH & FRUIT SALAD 1 1/2	1.5 cup	80	202	0	60	2.24	2.49	84.9	7398	53.71	*0	2.81	23.26	11.56	0.88	0.04
GOLD RUSH FRUITABLE	BOX	60	40	0	60	0.00	0.00	0.0	5000	60.0	8	0.0	10.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			591	69	663	4.40	3.61	389.4	9448	82.19	*38	26.49	88.61	14.65	2.24	0.66
% of Calories											*25.9%	17.9%	60.0%	22.3%	3.4%	1.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2018																
LUNCH K-5	Total	100														
MEATLOAF /CHEESEBURGER	PATTY	100	190	40	390	1.00	1.44	60.0	200	9.0	5	11.0	8.0	12.0	6.00	0.50
POTATOES, MASHED INSTANT: 1/2C	1/2 cup	100	90	0	330	1.00	0.72	20.0	0	2.4	0	2.0	17.0	1.0	0.00	0.00
GREEN BEANS,9-12 LOW SOD IUM	3/4 CUP	100	21	0	210	1.95	0.92	27.0	441	4.8	0	1.17	4.56	0.1	0.03	0.00
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	0	0	1.00	0.36	0.0	0	21.0	18	0.5	21.0	0.0	0.00	0.00
ROLL DINNER WG BAKER BOY	ROLL	100	100	0	95	2.00	1.08	20.0	0	0.0	0	3.0	17.0	2.0	0.50	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
GRAVY BROWN	2 OZ	100	20	0	140	0.00	0.00	0.0	0	0.0	0	0.0	4.0	5.0	0.00	0.00
Weighted Daily Average			636	46	1369	6.95	4.79	427.0	1141	39.30	42	25.67	92.06	20.73	6.91	1.12
% of Calories											26.7%	16.1%	57.9%	29.3%	9.8%	1.6%
Nutrient Guideline			550-650		1230										<10.00	

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/25/2018																
LUNCH K-5	Total	100														
MANWICH SLOPPY JOE'S K-8	3 OZ	100	247	20	694	4.65	2.94	60.0	247	0.0	*0	13.88	34.76	7.49	2.35	0.00
GRADE																
WINTER MIX 3/4 C K-5	3/4 C	100	20	0	20	1.00	0.00	20.0	0	24.0	2	1.0	4.0	0.0	0.00	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	100	68	0	8	1.60	0.37	6.0	12	3.81	0	0.52	17.88	0.1	0.03	0.00
CHOC CHIP w/M&M COOKIE	1 OZ CO OKIE	100	110	0	115	1.00	0.00	0.0	0	0.0	8	0.0	19.0	3.0	1.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	15	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	85	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			572	25	1051	8.25	3.62	386.0	759	30.02	*30	23.40	97.14	10.97	3.60	0.37
% of Calories											*21.3%	16.4%	67.9%	17.2%	5.7%	0.6%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018																
LUNCH K-5	Total	100														
LASAGNA WITH GROUND BEEF	SERVINGS	100	219	31	271	2.04	2.30	215.1	674	16.07	*2	15.33	24.37	6.93	3.44	*0.00
BREAD, TOAST GARLIC MINI	1 oz SLICE	100	70	0	95	1.00	0.72	0.0	0	0.0	0	2.0	12.0	2.5	0.00	0.00
CUCUMBER AND TOMATO SA	1/2 CUP	100	35	0	84	0.90	0.24	13.0	346	6.69	*1	0.71	3.49	2.42	0.34	*0.00
LAD																
BANANAS,RAW FRESH	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
FROZEN JUICE BAR	1 EACH	100	40	0	5	2.00	0.00	60.0	500	60.0	7	0.0	10.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	80	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			580	37	665	8.56	3.82	593.2	2085	93.71	*42	27.14	93.93	12.68	4.19	*0.50
% of Calories											*28.8%	18.7%	64.8%	19.7%	6.5%	*0.8%
Nutrient Guideline			550-650		1230										<10.00	

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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/27/2018																
LUNCH K-5	Total	100														
HOT DOG W/ BUN	1 EACH	100	290	30	710	2.00	1.80	40.0	0	0.0	4	10.0	21.0	18.5	8.00	0.00
BEANS BAKED 1/2	1/2 CUP	75	140	0	550	5.00	1.80	40.0	0	0.0	12	6.0	29.0	1.0	0.00	0.00
POTATO JO-JO 1/2 (1-2 EA)	1/2 C	80	100	0	230	2.00	0.72	0.0	0	4.8	0	2.0	15.0	4.0	1.00	0.00
PEACHES, DICED LIGHT S: 1/2 C	4 oz	90	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			648	36	1516	8.52	4.34	375.4	806	9.36	32	24.55	87.30	23.19	9.17	0.62
% of Calories											20.1%	15.2%	53.9%	32.2%	12.7%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 04/30/2018																
LUNCH K-5	Total	100														
CORN PUPS, WHOLE GRAIN C HICKEN	6 EA	100	271	40	412	5.02	1.81	150.7	0	0.0	5	10.05	30.15	12.06	3.52	0.00
GREEN BEANS, CUT;K-5 1/2 C	.50 CUP	90	14	0	140	1.30	0.61	18.0	294	3.2	0	0.78	3.04	0.07	0.02	0.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	95	179	0	268	2.98	0.00	0.0	0	3.57	0	2.98	20.84	10.42	1.49	0.00
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	100	65	0	0	0.86	0.39	21.5	0	8.39	14	0.45	17.21	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	80	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			644	46	1002	9.88	3.03	488.5	765	16.83	39	22.03	90.89	22.52	5.25	0.50
% of Calories											24.2%	13.7%	56.4%	31.5%	7.3%	0.7%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			628	44	1088	8.91	4.16	503.7	4096	47.98	*38 *54.5%	27.36 17.4%	92.28 58.7%	17.93 25.7%	5.11 7.3%	*0.65 *0.9%
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KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

LUNCH K-5

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	628		550 - 650	100%														
Cholesterol (mg)	44																	
Sodium (mg)	1088		1230															
Fiber (g)	8.91																	
Iron (mg)	4.16																	
Calcium (mg)	503.7																	
Vitamin A (IU)	4096																	
Sugars (g)	38	24.21%				Missing												
Vitamin C (mg)	47.98																	
Protein (g)	27.36	17.41%																
Carbohydrate (g)	92.28	58.73%																
Total Fat (g)	17.93	25.68%																
Saturated Fat (g)	5.11	7.32%	<10.00%															
Trans Fat ¹ (g)	0.65	0.92%				Missing												

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.