

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

LUNCH K-6

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018																
LUNCH K-5	Total	100														
BOSCO CHEESE STICK WG ELM	Bread Stick	100	150	15	220	2.00	1.08	200.0	2000	0.0	1	10.0	17.0	5.0	2.50	0.00
DIPPING SAUCE K-5 2 oz	2 OZ	100	22	0	279	0.71	0.54	10.9	255	3.62	*N/A*	0.72	5.88	0.08	0.02	0.00
CARROTS, RAW BABY EL 4 oz	4 OZ	100	40	0	89	3.24	1.17	32.4	15390	3.89	5	0.0	9.72	0.0	0.00	0.00
SALAD DRESSING, RANCH 2 OZ	2.0 OZ	100	136	22	229	0.00	0.00	38.1	63	0.15	*0	1.14	3.68	12.51	1.21	0.00
PEARS, DICED LIGHT SYRUP	.5 CUP	100	58	0	2	2.00	0.26	9.0	0	2.5	0	0.38	15.12	0.12	0.00	0.00
1/2 C																
JUICE APPLE JUICE CUP	1 EACH	100	60	0	10	0.00	0.00	0.0	0	60.0	13	0.0	14.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			592	43	1033	7.95	3.32	590.4	18208	72.26	*38	20.25	85.90	18.34	4.10	0.62
% of Calories											*25.9%	13.7%	58.1%	27.9%	6.2%	1.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 05/02/2018																
LUNCH K-5	Total	100														
CHICKEN, POPCORN	12 PIECES	100	254	25	386	3.05	1.83	0.0	102	0.0	1	15.25	15.25	14.24	2.54	0.00
POTATOES, MASHED INSTAN	3/4 c	80	135	0	495	1.50	1.08	30.0	0	3.6	0	3.0	25.5	1.5	0.00	0.00
T:3/4 c																
BROCCOLI, FLOR, FROZ 1/2 COM	1/2 C	70	26	0	22	2.80	0.56	47.0	930	36.9	0	2.85	4.93	0.1	0.02	0.00
GRAVY MIX, CHICKEN INSTANT	2 OZ	80	25	5	140	0.00	0.00	0.0	0	0.0	1	0.0	4.0	0.5	0.00	0.00
ORANGES,FRESH	1 EACH	80	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.02	0.00
ROLL DINNER WG BAKER BOY	ROLL	85	100	0	95	2.00	1.08	20.0	0	0.0	0	3.0	17.0	2.0	0.50	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			647	36	1194	9.75	4.35	404.6	1425	71.67	28	30.92	86.28	18.32	3.37	0.62
% of Calories											17.6%	19.1%	53.4%	25.5%	4.7%	0.9%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

LUNCH K-6

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2018																
LUNCH K-5	Total	100														
TACO BOAT	SERVG	100	174	14	380	3.15	2.12	61.7	1497	10.02	*1	8.94	23.61	6.54	1.65	0.00
REFRIED BEANS, ELEM 1/2	1/2 CUP	100	120	0	540	6.00	2.70	40.0	5	1.2	1	6.0	18.0	2.5	0.00	0.00
CORN, CANNED, WHOLE-KER	1/2 cup	100	66	0	140	1.60	0.71	4.0	66	7.0	0	2.15	15.24	0.82	0.13	0.00
N: 1/2c																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	100	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
SALSA , GREEN CHILI TOMAT O, CH	2 oz	100	13	0	306	0.55	0.00	0.0	367	4.4	2	0.48	2.77	0.24	0.00	0.00
STRAWBERRY CUP	1 EACH	100	90	0	0	1.99	0.36	19.9	0	47.84	18	1.0	21.93	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			595	20	1572	13.83	6.31	431.4	2760	76.80	*41	26.96	103.67	10.80	2.16	0.62
% of Calories											*27.9%	18.1%	69.7%	16.3%	3.3%	0.9%
Nutrient Guideline			550-650		1230											<10.00

Fri - 05/04/2018																
LUNCH K-5	Total	100														
CHICKEN BREAD K-6 san new BUN	SANDWIC	100	393	25	746	7.04	3.27	80.6	5	0.0	4	20.19	42.21	15.68	3.03	0.00
WINTER MIX 3/4 C K-5	3/4 C	95	20	0	20	1.00	0.00	20.0	0	24.0	2	1.0	4.0	0.0	0.00	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	60	68	0	8	1.60	0.37	6.0	12	3.81	0	0.52	17.88	0.1	0.03	0.00
GRAPES,FRESH	1/2 C SE RVING	80	78	0	0	1.42	0.26	0.0	71	12.76	21	0.71	19.84	0.71	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	70	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	60	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
Weighted Daily Average			638	31	964	10.41	4.03	391.6	739	39.81	41	29.86	92.93	16.98	3.43	0.62
% of Calories											25.5%	18.7%	58.2%	23.9%	4.8%	0.9%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/07/2018																
LUNCH K-5	Total	100														
CHICKEN TERIYAKI STRIPS G LUT/F	2.85 OZ	100	150	63	370	0.00	0.90	10.0	0	0.0	14	14.0	14.0	4.0	1.00	0.00
RICE, BROWN LONG, 3/4 C	3/4 CUP	100	162	0	7	2.70	0.62	15.0	0	0.0	0	3.78	33.59	1.32	0.26	0.00
PINEAPPLE CHUNKS 1/2 C	1/2 CUP	100	65	0	0	0.86	0.39	21.5	0	8.39	14	0.45	17.21	0.0	0.00	0.00
CORN, CANNED, WHOLE-KER N: 3/4c	3/4 C	100	99	0	210	2.40	1.07	6.0	99	10.5	0	3.22	22.87	1.23	0.20	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR OTHERS	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			601	69	791	5.96	3.24	352.5	599	20.99	47	29.45	108.17	7.18	1.84	0.62
% of Calories											31.6%	19.6%	72.0%	10.8%	2.8%	0.9%
Nutrient Guideline			550-650		1230											<10.00

Tue - 05/08/2018																
LUNCH K-5	Total	100														
HAMBURGER ON BUN	1 EACH	100	290	45	510	3.00	2.88	60.0	0	0.0	*0	18.0	29.0	13.0	4.50	0.50
CHEESE, AMERICAN RF 1 slice	SLICE	100	35	7	105	0.00	0.00	985.0	150	0.0	1	3.5	1.0	2.5	1.25	0.00
BEANS BAKED 1/2	1/2 CUP	50	140	0	550	5.00	1.80	40.0	0	0.0	12	6.0	29.0	1.0	0.00	0.00
POTATO JO-JO 1/2 (1-2 EA)	1/2 C	60	100	0	230	2.00	0.72	0.0	0	4.8	0	2.0	15.0	4.0	1.00	0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	80	8	0	3	0.54	0.14	5.7	325	4.23	0	0.4	1.62	0.08	0.01	0.00
APPLES,FRESH,W/SKIN	1 EACH	85	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR OTHERS	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
Weighted Daily Average			652	59	1235	10.17	4.75	1377.2	979	14.19	*40	34.35	92.79	19.30	6.77	1.12
% of Calories											*24.3%	21.1%	56.9%	26.7%	9.3%	1.6%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

LUNCH K-6

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/09/2018																
LUNCH K-5	Total	100														
PIZZA 4X6 TONY'S	SLICE	100	300	25	440	4.00	2.70	250.0	300	0.0	10	16.0	33.0	11.0	5.00	0.00
GREEN BEANS, CUT;K-51/2 C	.50 CUP	100	14	0	140	1.30	0.61	18.0	294	3.2	0	0.78	3.04	0.07	0.02	0.00
CUCUMBER AND TOMATO SA LAD	1/2 CUP	100	35	0	84	0.90	0.24	13.0	346	6.69	*1	0.71	3.49	2.42	0.34	*0.00
PEACHES, DICED LIGHT S: 1/2 C	4 oz	100	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
SALAD DRESSING, RANCH	1.5 OZ	100	101	16	170	0.00	0.00	28.2	47	0.11	*0	0.85	2.73	9.27	0.89	0.00
MILK 1% SMITH BROTHERS	HALF PINT	20	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	80	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			629	47	1049	7.50	4.22	615.2	1827	15.97	*31	26.84	76.66	23.38	6.55	*0.50
% of Calories											*19.7%	17.1%	48.7%	33.5%	9.4%	*0.7%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 05/10/2018																
LUNCH K-5	Total	100														
PARMESAN CHICKEN SAND 7-12	1 EACH	100	397	53	763	6.46	3.17	65.5	215	1.81	*0	29.04	41.43	14.19	3.55	0.00
SALAD, ROMAINE 2016	SRV	50	56	0	26	2.85	1.07	44.0	12192	50.91	*1	1.54	12.68	0.35	0.05	0.00
BANANAS,RAW FRESH	1 EACH	35	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE JUICE CUP	1 EACH	60	50	0	0	0.00	0.00	0.0	0	60.0	12	0.0	13.0	0.0	0.00	0.00
SALAD DRESSING, RANCH	1.5 OZ	50	101	16	170	0.00	0.00	28.2	47	0.11	*0	0.85	2.73	9.27	0.89	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	65	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			649	67	1042	8.80	4.03	373.4	6806	68.26	*29	37.82	83.21	19.74	4.44	0.62
% of Calories											*18.0%	23.3%	51.3%	27.4%	6.2%	0.9%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

LUNCH K-6

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/11/2018																
LUNCH K-5	Total	100														
CORN PUPS, WHOLE GRAIN C HICKEN	6 EA	100	271	40	412	5.02	1.81	150.7	0	0.0	5	10.05	30.15	12.06	3.52	0.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	95	179	0	268	2.98	0.00	0.0	0	3.57	0	2.98	20.84	10.42	1.49	0.00
WINTER MIX :1/2 C K-5	1/2 C	65	13	0	13	0.66	0.00	13.3	0	15.9	1	0.66	2.65	0.0	0.00	0.00
APPLES,FRESH,W/SKIN	1 EACH	75	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			633	46	880	10.97	2.21	466.1	560	20.97	37	21.60	87.60	22.77	5.34	0.62
% of Calories											23.4%	13.7%	55.4%	32.4%	7.6%	0.9%
Nutrient Guideline			550-650		1230											<10.00

Mon - 05/14/2018																
LUNCH K-5	Total	100														
MEATLOAF /CHEESEBURGER	PATTY	100	190	40	390	1.00	1.44	60.0	200	9.0	5	11.0	8.0	12.0	6.00	0.50
BUN, HAMB 100 % WW	BUN	100	150	0	280	4.00	1.44	40.0	0	0.0	3	6.0	27.0	2.5	0.50	0.00
CARROTS, RAW BABY EL 6 OZ	6 OZ	50	61	0	134	4.86	1.75	48.6	23085	5.83	7	0.0	14.58	0.0	0.00	0.00
BEANS BAKED 1/2	1/2 CUP	50	140	0	550	5.00	1.80	40.0	0	0.0	12	6.0	29.0	1.0	0.00	0.00
MANDARIN ORANGE SEGMENT	.5 CUP	50	90	0	0	1.00	0.36	0.0	0	21.0	18	0.5	21.0	0.0	0.00	0.00
TS: 1/2c																
SALAD DRESSING, RANCH	1.5 OZ	40	101	16	170	0.00	0.00	28.2	47	0.11	*0	0.85	2.73	9.27	0.89	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			651	53	1284	10.43	5.11	455.6	12261	24.56	*46	28.59	88.88	19.33	7.23	1.12
% of Calories											*28.4%	17.6%	54.6%	26.7%	10.0%	1.6%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

LUNCH K-6

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/15/2018																
LUNCH K-5	Total	100														
FRENCH TOAST STICKS, WG : 3 EA	3 EA	100	208	105	268	2.39	24.66	7050.2	2	0.6	11	7.65	25.64	8.78	2.10	0.10
SAUSAGE LINKS L SODIUM 1 ea	1 EA	100	100	25	170	0.00	0.36	0.0	0	0.0	0	7.0	1.0	7.0	3.00	0.00
POTATO, TATER TOTS: 6-12 (12)	12 EACH	65	179	0	268	2.98	0.00	0.0	0	3.57	0	2.98	20.84	10.42	1.49	0.00
PEACHES, DICED LIGHT S: 1/2 C	4 oz	65	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
ORANGES,FRESH	1 EACH	35	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.02	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
SYRUP CUP, REDUCED CALORIE	1 EACH	100	50	0	15	0.00	0.00	0.0	0	0.0	*N/A*	0.0	13.0	0.0	0.00	0.00
Weighted Daily Average			649	136	835	5.98	25.57	7367.6	798	25.37	*34	25.23	86.34	23.30	6.45	0.73
% of Calories											*20.9%	15.5%	53.2%	32.3%	8.9%	1.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 05/16/2018																
LUNCH K-5	Total	100														
CHICKEN NUGGETS,(5 EACH)	SERVING	100	202	25	313	0.00	1.45	20.2	101	15.15	0	16.16	12.12	11.11	2.02	0.00
BROCCOLI, FLOR, FROZ 3/4 COM	3/4 C	100	39	0	33	4.20	0.84	70.5	1395	55.35	0	4.28	7.4	0.15	0.03	0.00
FRUIT,MIXED,,LIGHT: 1/2 C	1/2 C	100	68	0	8	1.60	0.37	6.0	12	3.81	0	0.52	17.88	0.1	0.03	0.00
RICE, BROWN LONG, 3/4 C	3/4 CUP	100	162	0	7	2.70	0.62	15.0	0	0.0	0	3.78	33.59	1.32	0.26	0.00
MILK 1% SMITH BROTHERS	HALF PINT	5	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	95	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			600	31	586	8.50	3.62	411.7	2008	76.65	21	32.73	93.49	12.81	2.41	0.12
% of Calories											14.3%	21.8%	62.3%	19.2%	3.6%	0.2%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/17/2018																
LUNCH K-5	Total	100														
PIZZA STICK BOSCO 7 "	STICK	100	240	25	500	3.00	1.80	150.0	400	3.6	3	11.0	29.0	9.0	4.50	0.00
GREEN BEANS,9-12 LOW SOD IUM	3/4 CUP	100	21	0	210	1.95	0.92	27.0	441	4.8	0	1.17	4.56	0.1	0.03	0.00
MANDARIN ORANGE SEGMENTS: 1/2c	.5 CUP	100	90	0	0	1.00	0.36	0.0	0	21.0	18	0.5	21.0	0.0	0.00	0.00
CRASINS, DRIED FRUIT	1.4 OZ	100	140	0	*N/A*	2.00	0.00	0.0	100	0.0	29	0.0	36.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			616	31	*914	7.95	3.35	477.0	1441	31.50	69	20.67	111.06	9.73	4.91	0.62
% of Calories											45.1%	13.4%	72.1%	14.2%	7.2%	0.9%
Nutrient Guideline			550-650		1230											<10.00

Fri - 05/18/2018																
LUNCH K-5	Total	100														
HOT DOG W/ BUN	1 EACH	100	290	30	710	2.00	1.80	40.0	0	0.0	4	10.0	21.0	18.5	8.00	0.00
POTATO JO-JO 3/4 (2-3 EA)	3/4 C (2-3 EA)	65	150	0	345	3.00	1.08	0.0	0	7.2	0	3.0	22.5	6.0	1.50	0.00
PEARS, DICED LIGHT SYRUP	.5 CUP	80	58	0	2	2.00	0.26	9.0	0	2.5	0	0.38	15.12	0.12	0.00	0.00
COOKIE, CHOC CHIP WG	COOKIE	80	110	15	70	1.00	0.72	20.0	0	0.0	10	2.0	18.0	4.0	1.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BROTHERS	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			647	48	1196	6.35	3.56	363.2	500	8.78	31	21.86	82.62	26.32	10.15	0.62
% of Calories											19.5%	13.5%	51.1%	36.6%	14.1%	0.9%
Nutrient Guideline			550-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Base Menu Spreadsheet

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/21/2018																
LUNCH K-5	Total	100														
PIZZA 4X6 TONY'S	SLICE	100	300	25	440	4.00	2.70	250.0	300	0.0	10	16.0	33.0	11.0	5.00	0.00
WINTER MIX K-12 1 c	1 CUP	100	67	0	67	5.34	0.96	53.4	534	96.05	*N/A*	5.34	10.67	0.0	0.00	0.00
APPLESAUCE UNSWEETENED CUPS	1 EA	100	53	0	2	1.05	0.00	0.0	0	62.74	12	0.0	14.64	0.0	0.00	0.00
FROZEN JUICE BAR	1 EACH	100	40	0	5	2.00	0.00	60.0	500	60.0	7	0.0	10.0	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	25	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	75	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
Weighted Daily Average			585	31	718	12.38	3.93	663.4	1834	220.89	*48	29.34	88.81	11.63	5.37	0.62
% of Calories											*32.8%	20.1%	60.7%	17.9%	8.3%	1.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/22/2018																
LUNCH K-5	Total	100														
PB & J SANDWICH	1 EACH	100	310	0	300	4.00	1.44	60.0	0	0.0	13	10.0	35.0	16.0	2.50	0.00
CRASINS, DRIED FRUIT	1.4 OZ	85	140	0	*N/A*	2.00	0.00	0.0	100	0.0	29	0.0	36.0	0.0	0.00	0.00
GOLD RUSH FRUITABLE	BOX	85	40	0	60	0.00	0.00	0.0	5000	60.0	8	0.0	10.0	0.0	0.00	0.00
STRAWBERRY CUP	1 EACH	90	90	0	0	1.99	0.36	19.9	0	47.84	18	1.0	21.93	0.0	0.00	0.00
MILK 1% SMITH BROTHERS	HALF PINT	1	110	10	125	0.00	0.00	300.0	500	1.2	12	8.0	13.0	2.5	1.50	2.50
MILK CHOCOLATE: SMITH BR	HALF PIN	1	130	5	230	0.00	0.36	300.0	500	2.4	22	8.0	23.0	0.0	0.00	0.00
OTHERS																
MILK UHT WHITE	1 EA	100	100	10	110	0.00	0.00	300.0	500	0.0	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			646	10	*465	7.49	1.77	383.9	4845	94.09	73	19.06	106.19	18.52	4.01	0.02
% of Calories											45.2%	11.8%	65.7%	25.8%	5.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			627	47	*985	9.03	5.21	945.3	3599	55.17	*41	27.22	92.16	17.40	4.91	*0.62
											*58.9%	17.4%	58.8%	25.0%	7.0%	*0.9%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Base Menu Spreadsheet

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	627		550 - 650	100%													
Cholesterol (mg)	47																
Sodium (mg)	985		1230		Missing												
Fiber (g)	9.03																
Iron (mg)	5.21																
Calcium (mg)	945.3																
Vitamin A (IU)	3599																
Sugars (g)	41	26.20%			Missing												
Vitamin C (mg)	55.17																
Protein (g)	27.22	17.37%															
Carbohydrate (g)	92.16	58.81%															
Total Fat (g)	17.40	24.99%															
Saturated Fat (g)	4.91	7.05%	<10.00%														
Trans Fat ¹ (g)	0.62	0.89%			Missing												

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.