## K-12/Middle Schools



Kenai Peninsula Borough School District Breakfast Menu for 2018-2019

Choc Chip Benefit Bar Applesauce Cup Crasins Cereal Bar, Bunny Grahams Fresh Orange Banana Bread Orange Juice Crasins

Cereal Chewy Graham Bites Banana

French Toast Benefit Bar Apple Juice Fresh Fruit

Grab and Go Breakfast option may be available at your school



# Required Course

We don't consider Breakfast to be optional. Every kid needs to eat a good morning meal to be ab le to concentrate and learn. That's why we work hard to keep our meal prices as low as possible.



Your choice of three or more items daily. Only one from the entrées listed, and two or more fr he daily Fruit choices Whole Fresh, Frozen, Canned or 100 % Fruit Juice, Low-Fat White & Non-Fat Chocolate Milk offered Daily

#### **Monday Breakfast**

French Toast Benefit Bar

Combine up to 2 of the following Cereal, Cinnamon Toast Crunch Bar or Raspberry Churro

Must choose a fruit or vegetable from daily selections

#### **Tuesday Breakfast**

Oatmeal

Or

Combine up to 2 of the following Cereal, Bunny Grahams or Blueberry Muffin

Must choose a fruit or vegetable from daily selections

#### Wednesday Breakfast

Breakfast Pizza

Or

Combine up to 2 of the following Cereal, Chewy Oat Bites or Cocoa Puff Cereal Bar

Must choose a fruit or vegetable from daily selections

### **Thursday Breakfast**

Omelet w/ Ham on Biscuit

Or

Combine up to 2 of the following Cereal, Bunny Grahams or Chewy Oat Bites

Must choose a fruit or vegetable from daily selections

#### Friday Breakfast

Banana Bread OR Combine up to 2 of the following Cereal, Cinnamon Toast Crunch Bar Bunny Grahams or Raspberry Churro

Must choose a fruit or vegetable from daily selections