

Base Menu Spreadsheet

Kenai Peninsula School District

Portion Values

May 1, 2019 thru May 21, 2019

Menu Name: (9-12) of K-12 LUNCH

Include Cost: No

Site:

Report Style: Detailed

Wednesday - 05/01/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990130 CHICKEN, POPCORN WG	3.3 OZ	100	250	2.50	380	1	14.00	0.00	15.00	15.00
990335 ROLL, DINNER WHITE WG	ROLL	100	70	0.25	125	2	1.00	0.00	13.00	2.00
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	100	135	0.00	555	0	2.25	0.00	24.00	3.00
990198 GRAVY, CHICKEN	SERVING	100	23	0.00	132	1	0.47	0.00	3.76	0.00
990149 WINTER MIX , VEG. .75	3/4 CUP	100	38	0.00	30	2	0.00	0.00	6.02	3.01
990164 STRAWBERRIES, DICED, CUP, FROZEN	EACH	100	90	0.00	0	18	0.00	0.00	21.93	1.00
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12.00	8.00
990200 JUICE, APPLE	4 oz	100	60	0.00	10	13	0.00	0.00	14.00	0.00
Weighted Daily Average			789	3.20	1429	55	18.47	0.00	117.61	32.01
% of Calories				3.65%		27.9%	21.1%	0.0%	59.6%	16.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Thursday - 05/02/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Kenai Peninsula School District

Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990266 NACHO'S SEC	SERVING	100	441	8.29	574	0	22.07	0.00	44.39	16.39
990037 BEANS, REFRIED 1/2 CUP	1/2 CUP	45	120	1.00	540	1	2.50	0.00	18.00	6.00
990220 SALAD, ROMAINE TOSSED	SERVINGS	65	55	0.01	27	7	0.27	0.00	12.43	1.56
990380 RANCH SALAD DRESSING @ 2 oz	OZ	65	104	1.19	325	2	10.31	0.00	1.62	1.00
990187 BANANAS,RAW	EACH	100	121	0.15	1	17	0.45	0.00	31.06	1.48
990204 MILK, CHOC FF CARTON	CARTON	65	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12.00	8.00
990154 SALSA, GREEN CHILI	1/4 Cup	85	20	0.00	360	2	0.00	0.00	4.00	0.00
Weighted Daily Average			848	10.05	1533	42	31.15	0.00	114.24	29.44
% of Calories				10.67%		19.8%	33.1%	0.0%	53.9%	13.9%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Friday - 05/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990354 FRENCH TOAST STICKS SECONDARY	4 STICKS	100	281	2.67	387	15	12.02	0.00	34.73	10.69
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	100	100	3.00	170	0	7.00	0.00	0.00	7.00
990157 POTATO, TATER TOTS	1 CUP	65	258	1.98	377	0	13.89	0.00	29.76	1.98

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990171 PEACHES DICED EXTRA LIGHT SYRUP	1/2 CUP	75	60	0.00	5	13	0.00	0.00	14.00	0.00
990239 JUICE, ORANGE	EACH	75	50	0.00	0	12	0.00	0.00	13.00	0.00
990225 RICE CRISPY TREAT WG	PACKAGE	45	99	0.99	49	7	2.47	0.00	15.78	0.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12.00	8.00
990217 SRYUP CUP, LITE	CARTON	100	50	0.00	70	4	0.00	0.00	14.00	0.00
Weighted Daily Average			848	7.86	1095	60	29.91	0.00	115.33	27.42
% of Calories				8.34%		28.3%	31.7%	0.0%	54.4%	12.9%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Monday - 05/06/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990138 MACARONI & CHEESE RF	2/3 CUP	100	280	5.00	670	6	11.00	0.00	29.00	17.00
990045 BREAD STICK WG	1 OZ	100	90	0.00	120	2	2.50	0.00	14.00	3.00
990149 WINTER MIX , VEG. .75	3/4 CUP	95	38	0.00	30	2	0.00	0.00	6.02	3.01
990164 STRAWBERRIES, DICED, CUP, FROZEN	EACH	95	90	0.00	0	18	0.00	0.00	21.93	1.00
990163 CRANBERRIES, DRIED, INDIVIDUAL	PACKAGE	75	110	0.00	0	24	0.00	0.00	28.00	0.00

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	13.00	8.00
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	23.00	8.00
990289 FRUITABLE / TROPICAL TWIST	JUICE BOX	80	90	0.00	20	19	0.00	0.00	22.00	0.00
Weighted Daily Average			770	5.38	1038	79	14.12	0.00	128.65	31.81
% of Calories				6.29%		41.0%	16.5%	0.0%	66.8%	16.5%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Tuesday - 05/07/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990141 PIZZA STICK, PEPPERONI WG	2 STICK	100	480	9.00	1000	6	18.00	0.00	58.00	22.00
990155 POTATO, TATER TOTS	1/2 CUP	85	130	1.00	190	0	7.00	0.00	15.00	1.00
990069 CORN KERNEL 1/2 C	1/2 CUP	85	65	0.00	15	3	1.00	0.00	15.00	2.00
990180 ORANGE	EACH	85	60	0.00	0	12	0.00	0.00	15.00	1.00
990204 MILK, CHOC FF CARTON	CARTON	90	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	13.00	8.00

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May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			825	10.00	1394	40	25.05	0.00	118.25	33.40
% of Calories				10.91%		19.4%	27.3%	0.0%	57.3%	16.2%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Wednesday - 05/08/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	100	146	1.00	414	14	2.50	0.00	14.00	15.00
990335 ROLL, DINNER WHITE WG	ROLL	100	70	0.25	125	2	1.00	0.00	13.00	2.00
990229 RICE, BROWN,	1 Cup, Prepar	100	174	0.00	7	0	1.53	0.00	36.75	4.08
990060 BROCCOLI, FROZEN CUTS 1 c	1 CUP	100	30	0.00	15	1	0.00	0.00	5.00	2.00
990176 PEARS, DICED EXTRA LIGHT SYRUP	1 CUP	100	120	0.00	10	24	0.00	0.00	32.00	0.00
990204 MILK, CHOC FF CARTON	CARTON	80	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			666	1.55	780	60	5.53	0.00	121.75	31.08
% of Calories				2.09%		36.0%	7.5%	0.0%	73.1%	18.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Base Menu Spreadsheet

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Portion Values

May 1, 2019 thru May 21, 2019

Thursday - 05/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990246 COTTAGE PIE	SERVINGS	100	362	3.76	1439	2	38.32	0.00	48.69	14.39
990336 ROLL, DINNER WHITE WG @2	ROLLS	100	140	0.50	250	3	2.00	0.00	26.00	4.00
990040 BEANS GREEN , LOW SODIUM, CANNED 1/2 CUP	1/2 Cup	85	16	0.00	140	1	0.00	0.00	3.00	0.99
990171 PEACHES DICED EXTRA LIGHT SYRUP	1/2 CUP	85	60	0.00	5	13	0.00	0.00	14.00	0.00
990187 BANANAS,RAW	EACH	65	121	0.15	1	17	0.45	0.00	31.06	1.48
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			770	4.74	2017	48	41.23	0.00	129.82	28.19
% of Calories				5.54%		24.9%	48.2%	0.0%	67.4%	14.6%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Friday - 05/10/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990349 CHICKEN SANDWICH BREADED ELEMENTARY	SANDWICH	100	380	2.50	710	6	15.00	0.00	44.00	20.00
990035 BEANS, BAKED 1/2 CUP	1/2 CUP	65	140	0.00	550	12	1.00	0.00	29.00	6.00

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May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990197 CARROTS, BABY FRESH	CUP (12 ea)	55	49	0.00	109	7	0.00	0.00	11.54	0.90
990380 RANCH SALAD DRESSING @ 2 oz	OZ	50	104	1.19	325	2	10.31	0.00	1.62	1.00
990168 PINEAPPLE TIDBITS,NAT JUICE	1/2 CUP	95	70	0.00	0	13	0.00	0.00	13.94	0.87
990205 MILK,LOW FAT WHITE CARTON	CARTON	70	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	25	100	1.50	110	12	2.50	0.00	12.00	8.00
990204 MILK, CHOC FF CARTON	CARTON	0	130	0.00	230	22	0.00	0.00	23.00	8.00
000034 LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	30	9	0.01	4	1	0.10	0.00	2.00	0.49
990239 JUICE, ORANGE	EACH	70	50	0.00	0	12	0.00	0.00	13.00	0.00
Weighted Daily Average			756	4.52	1406	51	23.21	0.00	105.05	33.47
% of Calories				5.38%		27.0%	27.6%	0.0%	55.6%	17.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Monday - 05/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990130 CHICKEN, POPCORN WG	3.3 OZ	100	250	2.50	380	1	14.00	0.00	15.00	15.00
990150 WINTER MIX , VEG. 1 Cup	1 Cup	85	50	0.00	40	2	0.00	0.00	8.00	4.00
990316 APPLES,RAW,WITH SKIN 163 CT.	EACH	85	55	0.03	1	11	0.18	0.00	14.64	0.28
990163 CRANBERRIES,DRIED, INDIVIDUAL	PACKAGE	85	110	0.00	0	24	0.00	0.00	28.00	0.00

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990366 COOKIE, (OTIS SPUNKMEYER)2 EA CHOC CHIP	2 cookie	85	320	2.00	200	24	10.00	0.00	52.00	4.00
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			828	4.68	782	72	23.40	0.00	122.14	30.04
% of Calories				5.09%		34.8%	25.4%	0.0%	59.0%	14.5%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Tuesday - 05/14/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990352 CHEESEBURGER	SANDWICH	100	305	4.25	615	5	12.00	0.00	30.00	21.50
990151 JO JO'S, 1/2 C SEASONED CRISP SAVORY WEDGE	SERVING	100	130	1.00	300	0	4.50	0.00	21.01	2.00
990197 CARROTS, BABY FRESH	CUP (12 ea)	85	49	0.00	109	7	0.00	0.00	11.54	0.90
990380 RANCH SALAD DRESSING @ 2 oz	OZ	85	104	1.19	325	2	10.31	0.00	1.62	1.00
990176 PEARS, DICED EXTRA LIGHT SYRUP	1 CUP	100	120	0.00	10	24	0.00	0.00	32.00	0.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	70	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	20	100	1.50	110	12	2.50	0.00	12.00	8.00
990204 MILK, CHOC FF CARTON	CARTON	10	130	0.00	230	22	0.00	0.00	23.00	8.00

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000034 LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	45	9	0.01	4	1	0.10	0.00	2.00	0.49
Weighted Daily Average			799	7.62	1428	50	27.56	0.00	108.90	33.33
% of Calories				8.58%		25.0%	31.0%	0.0%	54.5%	16.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Wednesday - 05/15/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990137 PIZZA, CHEESE 4X6 WG	4.5 OZ	100	300	5.00	440	10	11.00	0.00	33.00	16.00
990038 BROCCOLI, FROZEN CUTS 1/2 c	1/2 CUP	100	15	0.00	8	0	0.00	0.00	2.50	1.00
990156 POTATO, TATER TOTS	3/4 CUP	100	193	1.49	283	0	10.42	0.00	22.32	1.49
990173 PEACHES DICED EXTRA LIGHT SYRUP	1 CUP	100	120	0.00	10	26	0.00	0.00	28.00	0.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	70	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	20	100	1.50	110	12	2.50	0.00	12.00	8.00
990204 MILK, CHOC FF CARTON	CARTON	10	130	0.00	230	22	0.00	0.00	23.00	8.00
Weighted Daily Average			738	7.84	873	50	23.67	0.00	99.62	26.49
% of Calories				9.56%		27.1%	28.9%	0.0%	54.0%	14.4%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Thursday - 05/16/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990120 CHICKEN, CORN PUPS	6 EACH	100	270	3.50	410	5	12.00	0.00	30.00	10.00
990035 BEANS, BAKED 1/2 CUP	1/2 CUP	100	140	0.00	550	12	1.00	0.00	29.00	6.00
990069 CORN KERNEL 1/2 C	1/2 CUP	100	65	0.00	15	3	1.00	0.00	15.00	2.00
990167 MANDARIN ORANGE, CANNED	1 CUP	100	160	0.00	20	36	0.00	0.00	38.00	0.00
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			758	3.95	1192	75	14.75	0.00	131.90	26.00
% of Calories				4.69%		39.6%	17.5%	0.0%	69.6%	13.7%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Friday - 05/17/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990141 PIZZA STICK, PEPPERONI WG	2 STICK	100	480	9.00	1000	6	18.00	0.00	58.00	22.00
990065 BEANS GREEN , LOW SODIUM, CANNED 1 CUP	1 Cup	100	32	0.00	280	2	0.00	0.00	5.99	1.99
990168 PINEAPPLE TIDBITS,NAT JUICE	1/2 CUP	100	70	0.00	0	13	0.00	0.00	13.94	0.87
990200 JUICE, APPLE	4 oz	100	60	0.00	10	13	0.00	0.00	14.00	0.00

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Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990204 MILK, CHOC FF CARTON	CARTON	90	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
Weighted Daily Average			770	9.15	1509	55	18.25	0.00	113.93	32.86
% of Calories				10.69%		28.6%	21.3%	0.0%	59.2%	17.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Monday - 05/20/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990359 BEEF HOT DOG SANDWICH	SANDWICH	100	300	0.00	790	5	18.50	0.00	22.00	11.00
990162 APPLESAUCE SINGLE SERVE CUP, PLAIN	CUP	85	51	0.00	2	11	0.00	0.00	14.00	0.00
990239 JUICE, ORANGE	EACH	85	50	0.00	0	12	0.00	0.00	13.00	0.00
990157 POTATO, TATER TOTS	1 CUP	65	258	1.98	377	0	13.89	0.00	29.76	1.98
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12.00	8.00

Base Menu Spreadsheet

Kenai Peninsula School District

Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990046 BUNNY GRAHAMS, ANNIE'S	1.25 OZ	100	160	0.50	110	9	6.00	0.00	25.00	3.00
Weighted Daily Average			837	2.24	1344	53	34.28	0.00	109.20	23.29
% of Calories				2.41%		25.3%	36.9%	0.0%	52.2%	11.1%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

Tuesday - 05/21/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990125 PB&J SANDWICH, GRAPE WG	2.8 OZ	100	300	2.50	300	11	16.00	0.00	34.00	10.00
990361 CHEESE, STRING STICK	EACH	100	80	3.00	190	1	5.00	0.00	0.00	7.00
990164 STRAWBERRIES, DICED, CUP, FROZEN	EACH	100	90	0.00	0	18	0.00	0.00	21.93	1.00
990163 CRANBERRIES,DRIED, INDIVIDUAL	PACKAGE	85	110	0.00	0	24	0.00	0.00	28.00	0.00
990032 FRUITABLE , GOLD RUSH	BOX	75	40	0.00	60	8	0.00	0.00	10.00	0.00
990195 CARROTS, BABY FRESH	SERVING	45	24	0.00	55	3	0.00	0.00	5.77	0.45
990074 GOLDFISH WG CRACKER	PACKAGE	100	90	0.00	200	0	1.50	0.00	16.00	2.00
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	13.00	8.00

Base Menu Spreadsheet

Kenai Peninsula School District

Portion Values

May 1, 2019 thru May 21, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	23.00	8.00
Weighted Daily Average			819	5.88	963	77	23.12	0.00	126.32	28.20
% of Calories				6.46%		37.6%	25.4%	0.0%	61.7%	13.8%
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.