

1199 Lancaster Ave., Berwyn, PA 19312 Phone: 1-888-299-2784; Fax: 610-993-8249

www.careersolutionsgroup.com cspg@careersolutionsgroup.com

Job Ready Career Skills Lesson Titles

The Job Search

Finding the Right Job

Locating Jobs
Networking
Job Shopping On Line
Building a Job Search Web Site
Getting Results at Job Fairs
Using Employment Agencies
Searching the Classified Ads
Creating Your Own Position
Landing an Internship
Staying Motivated to Search

Effective Resumes

Things to Include in a Resume Locating Needed Information Selling Yourself in a Resume Terms to Use in a Resume Matching Talents to Employers Describing Your Job Strengths Organizing Your Resume Writing an Electronic Resume Dressing Up Your Resume Using a Resume Successfully

The Application Process

Completing a Job Application
Types of Information for an Application
Reasons Companies Use Applications
Developing Job-Related Information
Assuring Accuracy of Information
Writing a Cover Letter
Applying On Line
Applying in Person
Following Up on Your Application
Double Check on Your Application

Interviewing Skills

Preparing for an Interview
Getting an Interview Off to a Good Start
Questions Interviewers Ask
Questions Interviewers Should Not Ask
Questions You Should Ask in an Interview
Things to Include in a Career Portfolio
Interviewing Mistakes
Benefits to Ask About
Traits Employers Consider to Rate Candidates
Tips to Consider before Taking a Job

Work Habits

Workplace Ethics

Demonstrating Good Work Ethic Behaving Appropriately Showing Honesty Playing Fair Using Ethical Language Showing Responsibility Eliminating Harassment and Intimidation Respecting Diversity Developing the Habit of Truthfulness Leaving a Job Ethically

Personal Characteristics

Demonstrate a Good Attitude Gaining and Showing Respect Demonstrating Responsibility Showing Dependability Demonstrating Courtesy Showing Pride in Your Work Gaining Co-Workers Trust Persevering Handling Criticism Showing Professionalism

Employer Expectations

Behaviors Employers Expect
Behaviors Employers Find Objectionable
Job Success
Transferable Job Skills
Establishing Credibility
Demonstrating Your Skills
Surviving a Bad Work Environment
Managing Change
Building Work Relationships
Advancing Your Career

Business Etiquette

On the Job Etiquette

Using Good Manners
Introducing People
Language and Behavior
Business Casual Dress
Business Meal Functions
Behavior at Office Parties
Behavior at Conventions
International Etiquette
Cross-Cultural Etiquette
Working in a Cubicle

Person-to-Person Etiquette

Meeting Business Acquaintances Meeting People for the First Time Showing Courtesy and Politeness Interacting with Your Boss Interacting with Subordinates Interacting with Co-Workers Interacting with Suppliers Ending a Lingering Visit Handling Confidential Information Avoiding Gossip

Telephone and E-mail Etiquette

Creating a Good Impression
Better Telephone Conversations
Barriers to Telephone Conversations
Making and Returning Calls
Answering Calls and Taking Messages
Making Cold Calls
Handling Conference Calls
Cellular Phone Etiquette
Appropriate Work E-Mail
Mistakes of Work E-Mail

Meeting Etiquette

Handling Pre-Meeting Details Leading a Large Meeting Introducing Speakers Facilitating Discussions Closing a Large Meeting Two-Person Meeting Participating in Meetings Inviting Speakers Preparing Meeting Visuals Attending a Videoconference



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Job Ready Career Skills Lesson Titles

Workplace Effectiveness

Time Management

Managing Time
Putting First Things First
Juggling Many Priorities
Overcoming Procrastination
Dealing with Information Overload
Organizing Workspace and Tasks
Staying Organized
Finding More Time
Managing Projects
Balancing Personal and Work Priorities

Problem Solving

Becoming a Problem Solver
Identifying a Problem
Becoming a Critical Thinker
Thinking Creatively
Characteristics of an Effective Risk Taker
Holding Yourself Accountable
Managing Change
Removing Your Barriers to Change
Making Change Serve You Personally
Dealing with Ongoing Change

Customer Service

Gaining Customer Trust
Interacting with Customers
Finding Out What Customers Want
Giving Customers What They Want
Keeping Customers Coming Back
Seeing the Customer's Point of View
Selling Yourself and the Company
Handling a Customer's Complaints
Providing Customer Service by Telephone
Providing Customer Service by Internet

Teamwork

Teamwork Skills
Reasons Companies Use Teams
Types of Decisions Teams Make
Team Responsibilities
Problems That Affect Teams
Building Strong Team Communication
Expressing Yourself on a Team
Giving Constructive Criticism
Receiving Criticism
Team Problem Solving

Communication Skills

Communicating at Work

Improving Communication Skills
Effective Oral Communication
Effective Written Communication
Effective Nonverbal Communication
Effective Word Use
Giving and Receiving Effective Feedback
Handling Anger
Dealing with Difficult Co-workers
Dealing with a Difficult Boss
Dealing with Difficult Customers

Speaking

Using Language Carefully Showing Confidence One-on-One Conversations Small Group Communication Large Group Communication Making Speeches Involving the Audience Answering Questions Visual and Media Aids Errors in Communication

Listening

Reasons for Listening
Benefits of Listening
Barriers to Listening
Listening Strategies
Ways We Filter What We Hear
Developing a Listening Attitude
Show You Are Listening
Asking Questions
Obtaining Feedback
Getting Others to Listen

Presenting Yourself

Presenting Yourself: Voice
Presenting Yourself: Appearance
Presenting Yourself: Posture
Presenting Yourself: Attitude
Presenting Yourself to Associates
Presenting Written Documents
Presenting Yourself: Conflict
Giving Constructive Criticism
Receiving Criticism
Demonstrating Leadership

Non-Verbal Communication

Communicating Non-Verbally
Positive Non-Verbal Techniques
Harmful Non-Verbal Behaviors
Reading Body Language
Read Mixed Messages
Matching Your Verbals to Non-Verbals
Improving Non-Verbal Listening
Giving Non-Verbal Feedback
Showing Confidence Non-Verbally
Showing Assertiveness