KENAI PENINSULA BOROUGH SCHOOL DISTRICT

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SCHOOL BOARD COMMUNICATION			
Title:	Policy Revision for First Read		
Date:	June 21, 2013	Item Number:	11a.
Administrator:	Dave Jones, Assistant Superintendent Dusk Sean Dusek, Assistant Superintendent Can Dusk BP 5040 Student Nutrition and Wellness 1 BP 3541.1 School Related Trips		
BP 5040 Student Nutrition and Wellness1Attachments:BP 3541.1 School Related Trips4			
Action Needed For Discussion Information x Other: First Read			

BACKGROUND INFORMATION

The following policy was reviewed by the Board Policy Committee at their November 12, December 3, 2012 and April 1, 2013 meetings. They were presented for a Board Worksession Review at the May 6 and June 3, 2013 meetings. It is presented here for a first reading.

- > BP 5040 Student Nutrition and Wellness (Change in policy number from 5141.6)
 - The policy number has been changed to correspond with the AASB policy.
 - The District surveyed the Site Councils and received input from parents, students, teachers, administrators and the District Wellness Committee on this AASB revised policy.

The following was reviewed at the May 6, 2013 Policy Committee meeting and reviewed at the Board Worksession on June 1, 2013. It is presented here for a first reading.

- ▶ BP 3541.1 School Related Trips
 - Modified to clarify that students shall not be transported in any 9-15 passenger van due to safety concerns. Only 8-passenger (or less) mini vans are acceptable.

ADMINISTRATIVE RECOMMENDATION

Students

STUDENT NUTRITION AND PHYSICAL ACTIVITY

The School Board recognizes that schools are in a position to promote healthy lifestyle choices by students that can affect their lifelong wellness. Therefore, the School District will provide environments that promote and protect children's health, well-being, and ability to learn by supporting healthy eating and physical activity.

Schools will provide nutrition <u>promotion and</u> education, physical education<u>, and</u> <u>other school-based activities</u> to foster lifelong habits of healthy eating and physical activity, and will establish linkages between nutrition education and school meal programs.

Planning and Periodic Review by Stakeholders

The School District and/or individual schools within the District will create or work with an appropriate existing advisory group that will<u>the District Wellness</u> <u>Committee that</u> assist<u>s</u> in developing, implementing, monitoring, reviewing, and, as necessary, revising school nutrition and physical activity goals. The advisory group should be composed of students, parents, food service personnel, School Board, school administration, teachers<u>school</u>, health professionals, <u>physical</u> <u>education teachers</u>, and other interested community members. The advisory group should be provided with appropriate information and clear guidelines to assist in the development and/or revision of relevant policies.

Nutrition

All foods available in District schools during the school day shall be offered to students with consideration for promoting student health and reducing childhood obesity. <u>The Superintendent shall develop and implement nutrition guidelines for all foods available on campus.</u>

Foods and beverages provided through the National School Lunch or School Breakfast Programs shall comply with federal nutrition standards <u>under the School Meals Initiative</u>. To the maximum extent practical, all schools in the District will participate in available federal school meal programs.

All other foods and beverages made available on campus (including, but not limited to vending, concessions, a la carte, student stores, classroom parties, and fundraising) during the school day will be consistent with the nutrition standards <u>developed by the Superintendent</u> described in AR <u>5141.65040</u>, and based on U.S. Dietary Guidelines for Americans.

Students

STUDENT NUTRITION AND PHYSICAL ACTIVITY (continued)

Health curricula will include instruction on the benefits of good nutrition and the role nutrition plays in preventing, or controlling chronic diseases, <u>and</u> maintaining a healthy weight, and supporting the ability to learn.

(cf. 0210 – Goals for Student Learning; cf. 3550 – Student Nutritional Program; cf. 3553 – Free and Reduced Price Meals; cf. 3554 – Other Food Sales)

Physical Activity

All students in grades K-12 will have opportunities, support, and encouragement to be physically active before, during, and after school each school day.

Health curricula will include instruction on the benefits of good nutrition and the role nutrition plays in preventing, or controlling chronic diseases, maintaining a healthy weight, and supporting the ability to learn.

Physical education will be closely coordinated with the overall school health program, especially health education, so that students thoroughly understand the benefits of being physically active and master the self-management skills needed to stay active for a lifetime.

Communication with Parents

The District/school will inform and update the public, including students, parents and the community, about the content and implementation of its policies that promote student wellness.

The District/school will support parents' efforts to provide a healthy diet and daily physical activity for their children. The District/school will send home nutrition information and/or will post nutrition tips on school websites. Schools should encourage parents to pack healthy lunches and snacks and to refrain from including beverages and foods that do not meet nutrition standards established by the District. The District will provide parents with information on healthy foods that meet the District's snack standards and ideas for healthy celebrations/parties, rewards, and fundraising activities.

The District/school will provide information about physical education and other school-based physical activity opportunities before, during, and after the school day; and support parents' efforts to provide their children with opportunities to be physically active outside school. Such support will include sharing information through a website, newsletter, or other take-home materials, special events, or physical education homework.

STUDENT NUTRITION AND PHYSICAL ACTIVITY (continued)

(cf. 6020 – Parent Involvement)

Monitoring, Compliance, and Evaluation

The Superintendent will ensure compliance with established District-wide nutrition and physical activity wellness policies and administrative regulations.

The Superintendent will designate one or more persons to be responsible for ensuring that each school within the District complies with this policy, and that school activities, including fundraisers and celebrations, are consistent with District health and nutrition goals.

The School Board will receive an annual <u>(or biannual or triannual)</u> summary report on District-wide compliance with the established nutrition and physical activity policies, <u>and the progress made in attaining the wellness goals</u>, based on input from the schools within the District. The report will also be distributed to advisory councils, parent/teacher organizations, school principals, and school health services personnel-, and will be made available to the public in the District.

Legal Reference: Richard B. Russell National School Lunch Act, 42 U.S.C 1751 et seq. Child Nutrition Act of 1996, 42 U.S.C. 1771-<u>et seq-1793</u>.

<u>CODE OF FEDERAL REGULATIONS</u> <u>7 C.F.R parts 210 and 220, National School Lunch Program and Breakfast Program</u>

> Kenai Peninsula Borough School District Adoption Date: April 17, 2006

Business and Instructional Support Operations

SCHOOL-RELATED TRIPS

Trips by School Vehicles

Besides taking students to and from school, the Superintendent may approve transportation for field trips and school-sponsored activities. The Superintendent shall regulate the use of the District transportation for approved school-related activities. Student councils, parent-teacher associations, and any other organizations requesting transportation shall be fully responsible for the costs of the trip. To the extent that funding has been approved by the Superintendent, such costs may be charged to the District.

Transportation by Private Automobile or Vans

The Superintendent may authorize the transportation of students by private automobile for approved field trips and activities. Due to safety concerns, students may not be transported in a 9 to 15-passenger van for any reason. This includes vans that are privately-owned or rented. Eight-passenger (or less) mini vans are allowed. Whenever students are being transported in any motorized vehicle E3541.1(a) School Driver Registration Form should be completed. Additionally, E3541.1(b) Private Vehicle Transport Safety Check needs to be completed for student transport by any privately owned vehicle.

Trips Involving Students as Passengers

Drivers shall be an adult age twenty-one (21) or older, registered with the District, possess a valid driver's license and liability insurance of at least \$100,000 per occurrence.

Drivers shall be issued safety instructions and emergency information.

All student passengers shall provide permission slips signed by their parents/guardians.

Owners, drivers and passengers shall be informed that the registered owner and his/her insurance company are responsible for any accidents which may occur.

Transportation of students in vehicles operated by another student is prohibited.

In the event of an accident, regardless of damage or injury, the principal shall notify the Superintendent at the earliest possible time.

BP 3541.1(b)

SCHOOL-RELATED TRIPS (continued)

Trips Involving a Student as Driver

Driver shall be required to possess a valid driver's license and liability insurance as required by state law.

Driver shall provide permission slip signed by parents/guardians.

Driver shall be issued safety instructions and emergency information.

Driver shall be informed that the registered owner and his/her insurance company are responsible for any accidents which may occur.

Transportation of students in vehicles operated by another student is prohibited.

In the event of an accident, regardless of damage or injury, the principal shall notify the Superintendent at the earliest possible time.

(cf. 6153 – School-sponsored Trips)

KENAI PENINSULA BOROUGH SCHOOL DISTRICT Adoption Date: 6/2/2008