



Symptom Free Schools Protocol

Students, Staff, Volunteers, and Visitors:

If you are experiencing one or more of these symptoms* stay home, and do not go to school or report to work:



- **Temperature of 100 or greater**
- **Cough or Sore Throat**
- **Shortness of Breath**
- **Chills, Muscle Pain**
- **Runny or Stuffy Nose**
- **Headache, Vomiting, or Diarrhea**
- **New Loss of Taste or Smell**
- **New undiagnosed or untreated rash or skin condition**
- **You are taking first 24 hours of antibiotic treatment**



When to Return to School after Illness:



- If you have been tested and are diagnosed with COVID-19, you may return to school when cleared by Public Health.
- If you have COVID-19-like symptoms but choose not to be tested, you may return to school no sooner than 10 days after the onset of symptoms AND you must be fever-free for 72 without taking any medicine to reduce the fever AND you must be 24 hours without a cough, without taking medication to reduce the cough. This may be as long as 11 – 14 days.

*Exceptions for preexisting conditions will be determined and potentially approved by the school nurse or administrator

CDC: <https://www.cdc.gov/coronavirus> KPBSD and COVID-19 webpage: <https://bit.ly/KPBSDcovid19>

State of Alaska Health and Social Services: <http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19>