



Symptom Free School Protocol

Students, Staff, Volunteers, and Visitors:

If you are experiencing one or more of these symptoms* stay home, and do not go to school or report to work:



- **Temperature of 100 or greater**
- **Cough or Sore Throat**
- **Shortness of Breath**
- **Chills, Muscle Pain**
- **Runny or Stuffy Nose**
- **Headache, Vomiting, Diarrhea, Nausea, or Abdominal Pain**
- **New Loss of Taste or Smell**
- **New undiagnosed or untreated rash or skin condition**
- **You are taking first 24 hours of antibiotic treatment**



**ALL COVID-19 TESTS for illness or "close contact" MUST BE PCR OR MOLECULAR TESTS
ANTIGEN OR ANTIBODY TESTS WILL NOT FULFILL THE TESTING REQUIREMENT**

When to Return to School after Illness:

- **If you have been tested and are diagnosed with COVID19**, you may return to school no sooner than 10 days after the onset of symptoms, or the date you took the test that was returned positive, whichever is earlier, and you have been symptom free for 24 hours without medication
- **If you have COVID19-like symptoms but choose not to be tested**, you may return to school no sooner than 10 days after the onset of symptoms AND you must be fever-free for 24 hours without taking any medicine to reduce the fever AND you must be free of cough, cold, or other symptoms for 24 hours, without taking medication to reduce symptoms
- **If you have COVID19-like symptoms, are tested and receive a negative test result**, you may provide the test results and return to school no sooner than 24 hours after you are symptom free with no medication
- **If you have symptoms and visit a doctor who tests you for Covid19 and determines your symptoms are caused by something else besides COVID19**, you can provide a doctor's note and return to school 24 hours after you have been symptom free with no medication
- **If you feel the symptoms were caused by a chronic problem**, such as allergies, please consult your school nurse. Your doctor may be able to provide an order with an alternate diagnosis. However, your child will still have to be symptom-free before returning to school
- **If you are fully vaccinated** (at least 14 days past the second or only dose of Covid19 vaccine) and develop symptoms of illness, you only have to stay home until you are 24 hours symptom-free. However, if you experience loss of taste or smell or have been exposed to a positive case, you will need to test before returning to school. Consult your school nurse

**Exceptions for preexisting conditions will be determined and potentially approved by the school nurse or administrator*

KPBSD and COVID19 web hub: covid19.kpbsd.org

State of Alaska Health and Social Services: <http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19> CDC: <https://www.cdc.gov/coronavirus>