**Wellness Committee** 

All present except Karin Sonnen and Sarah Smith

Purpose and Policy review

AK Coordinated Health Program review

KPBSD Coordinated Program Areas of Focus
Family and community involvement
School Environment
Health Education

School Climate and Connectedness survey review

Areas to examine

Peer Climate

Caring Adults – specifically someone at school will miss student if absent Risk Behaviors

Bullying prevention programs: STEP

Other school climate programs: PBiS, Conscious Discipline, Connected and Respected

iSafe presentation – internet safety – Lori M.

Community Action Coalition update – will be in Homer this year YRBS – can the PNA and this survey be combined?

CDC updated guidelines – review and compare on own and offer comment

FAST presentation – Lisa S

## Next Steps:

**School Environment** 

District effort to address climate and bullying
Current focus on internet safety
SCCS – areas of concern identified
Solidify programs with District identified and supported effort based on data

**Health Education** 

Curriculum implementation

Middle School implementation

District Drug and Alcohol prevention/education – transitional points

## Family and Community Involvement Committee focus Communication

- Surveying staff -

## Wellness committees at sites

- -Community based meetings propose structure invite teachers provide communication/transition opportunities
- Site council use they need to examine wellness practices move forward with promoting
- Establish network provide time for reps to meet and go back to report and continue moving forward
- 1. Clarify who has a committee
- 2. Get update on their activities
- 3. Provide time for school based committees to get together and compare
- 4. Invite other schools without active committees to informational presentations (or go to their site councils-PTSA's look at State PTA grants school wellness grants)
- 5. Staff involvement