KENAI PENINSULA BOROUGH SCHOOL DISTRICT HEALTH SERVICES

PEDICULOSIS EXAMINATION AND EVALUATION

PURPOSE: KPBSD schools recognize that parents/guardians have primary responsibility for the detection and treatment of head lice. KPBSD schools will fulfill their role in the management of head lice infestation by providing support for parents/guardians and students.

The management of head lice in the school setting should not impede the educational process. Registered professional school nurses will decrease the stigma associated with head lice by providing health education to the school community and parents by implementing evidence-based strategies for the management of head lice. These strategies are supported by current treatment recommendations of the American Academy of Pediatrics and the Centers for Disease Control.

POLICY:

- 1) Classroom, parent and community education on treatment of lice will be provided by the school nurse as requested.
- 2) Students that have been identified to host lice and nits will be allowed to remain in the classroom through the end of the school day.
- 3) Upon returning to school, the child will be checked by the nurse or designee to evaluate treatment success. (Success = no live lice.)
- 4) If treatment was not successful, the parent will be called to pick-up the child immediately to take the student home and treat.
- 5) The child's hair will be checked at 7-10 days after treatment to confirm no live lice.

PROCEDURE:

- 1) Upon notification of suspected head lice, the nurse or designee will:
 - a) Examine student's hair to rule out lice and or nits.
- 2.) If live lice/nits are found, the nurse or designee will:
 - a) Inform parent/guardian by end of school day.
 - b) Instruct parent/guardian regarding KPBSD lice policy and treatments.
 - c) Provide parent with forms NP 302 and NP 303.

KENAI PENINSULA BOROUGH SCHOOL DISTRICT HEALTH SERVICES

- d) Examine each available sibling and other available students found to have head to head contact i.e. (sleepovers) and sharing hats, combs etc. (Note: Nurse will not check entire school or classroom.)
- e) Provide education and support for the student, family and school throughout the process.

3.) Return to School

- a) School Nurse or designee will check the child's head for treatment success.
- b) If treatment was successful, the child will be sent to class.
- c) Exclusion will occur if treatment was unsuccessful.
- 4) Document visit in student health record.

REFERENCES

- CDC. (2013, September 24). *Parasites-Lice-Head Lice*. Retrieved from Centers for Disease Control and Prevention: https://www.cdc.gov/parasites/lice/head/
- Devore, C. S. (2015, May). Head Lice. American Academy of Pediatrics, e1355-e1365.
- Frankowski, B. L. (2010). Head Lice. Pediatrcis, 392-403.
- Kenai Peninsula Borough School District reference materials. http://www.kpbsd.k12.ak.us/students_parents.aspx?id=22641
- National Association of School Nurses. (2013, February). *Head Lice- Pediculosis Capitis*. Retrieved from National Association of School Nurses: https://www.nasn.org/ToolsResources/HeadLicePediculosisCapitis
- Nurses, N. A. (2014, September). *Headfirst Lice Lessons*. Retrieved from National Association of School Nurses:

 https://www.nasn.org/ToolsResources/HeadLicePediculosisCapitis/HeadfirstLiceLessons
- Pontius, D. (2014, September-October). Demystifying Pediculosis: School Nurses Taking the Lead. *Pediatric Nursing*, 40(5), 226-235.
- Smith, S. B. (2016, January). *Head Lice Management in the School Setting*. Retrieved from National Association of School Nurses:

 https://www.nasn.org/PolicyAdvocacy/PositionPapersandReports/NASNPosition
 StatementsFullView/tabid/462/smid/824/ArticleID/934/Default.asp