



Monday, August 20

Niko / Nanwalek

Chicken Taquitos

Refried Beans Gold Rush Strawberry Cup

Milk

Tuesday, August 21

Pizza Stick

Golden Corn Chilled Peaches **Apple Juice**

Milk

Wed., August 22

Breaded Chicken Sandwich

Baked Beans Jo Jo's Chilled Pears

Milk

Thursday, August 23

French Toast w/ Sausage

Tater Tots Banana Rice Crispy Treat

Milk

Friday, August 24

Chalupa

Romaine Salad Chilled Mixed Fruit **Apple** Cookie

Milk

Word of the Month

gen·er·os·i·ty

n. **1.** willingness to give to others of one's time, effort, or other support 2. unselfishness 3. good will expressed in giving and charity

Monday, August 27

Macaroni & Cheese w/Roll

Steamed Broccoli Strawberry Cup Craisins

Milk

Tuesday, August 28

Sloppy Joe

Golden Corn Cucumber/Tomato w/Italian Dressing Chilled **Applesauce**

Milk

Wed., August 29

Salisbury Steak w/Roll

Mashed Potatoes w/Gravy Carrots w/Dip Chilled Mixed Fruit

Milk

Thursday, August 30

Taco Boat

Refried Beans Cuties **Chilled Pears**

Milk

Friday, August 31

Chicken Strips

Rice Green Beans Chilled Peaches

Milk

I am the letter

Monday, Sept. 3



No School

Tuesday, Sept. 4

Teriyaki Chicken

Rice Romaine Salad **Pineapple**

Milk

Wed., September 5

Pizza Stick

Golden Corn Chilled Peaches Jello

Milk

Thursday, Sept. 6

Chicken Pot Pie With Roll

Winter Mix Carrots w/Ranch Chilled Mixed Fruit Apple Milk

Friday, September 7

Parmesan Chicken Sandwich

> Baked Beans **Chilled Pears** Gold Rush

> > Milk

Still the best

K-6 \$3.00

Lunch

7-12 \$3.50

Get in touch with us today to learn more about free and reduced-price meals in our district: Local school or 907-714-8832

Mon. September 10

Ravioli w/Garlic Bread

Green Beans **Applesauce** Craisins

Milk

Tues. September 11

Cheeseburger

Tater Tots Carrots w/Dip **Diced Pears** Frozen Juice Bar

Milk

Wed. September 12

Popcorn Chicken

Rice Golden Corn Chilled Mandarin Oranges

Milk

Thurs. September 13

Nachos

Refried Beans Banana **Apple Juice**

Milk

Thurs. September 20

Beef Hot Dog

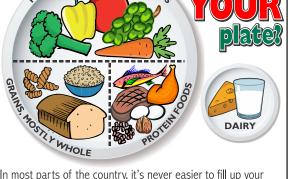
Friday, September 14

Jo Jo's Spinach Salad Chilled Peaches Cookie

Milk



In most parts of the country, it's never easier to fill up your plate with local produce than the warm, golden days of late summer. How much of your plate can you fill with delicious and



fresh local fruits and veggies?

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

Mon. September 17

Salisbury Cheese Burger

Green Beans Chilled Peaches Apple

Milk

Tues. September 18

Teriyaki Meatballs

Rice Fresh Broccoli w/Dip Pineapple Rice Crispy Treat

Milk

Wed. September 19

Pizza

Golden Corn Gold Rush Juice Box Chilled Mixed Fruit

Cottage Pie w/Roll

Fresh Grapes Orange Juice Cookie Jello

Milk

Friday, September 21

BBQ Pork Ribwich

Baked Beans Applesauce Fresh Cuties

Milk

Mon. September 24

Corn Pups

Jo Jo's Green Beans Chilled Peaches

Milk

Tues. September 25

Pizza Burger

Cucumber/Tomato w/Italian Dressing Chilled Pears Fresh Apple

Milk

Wed., September 26

Milk

Chicken Fried Beef Sticks w/Roll

Mashed Potatoes w/Gravy Carrots w/ Dip Craisins Milk

Thurs. September 27

Chicken Pasta Bake

Steamed Broccoli **Applesauce** Strawberry Cup

Milk

Friday, September 28

Chalupa

Refried Beans Chilled Mixed Fruit Fresh Banana Cookie

Milk