Base Menu Spreadsheet

Kenai Peninsula School District

Portion Values

Mar 1, 2019 thru Mar 31, 2019

Menu Name: 6-8 of HS LUNCH

Include Cost: No

Site:

Report Style: Detailed

Friday - 03/01/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990050 FRENCH TOAST STICKS	3 STICKS	48	211	2.01	291	11	9.02	0.00	105	26.07	8.02
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	48	100	3.00	170	0	7.00	0.00	25	0.00	7.00
990264 PARMESAN CHICKEN SANDWICH SECONDARY	SANDWICH	45	398	3.27	708	8	14.04	0.00	53	41.31	28.83
990155 POTATO, TATER TOTS	1/2 CUP	54	130	1.00	190	0	7.00	0.00	0	15.00	1.00
990225 RICE CRISPY TREAT WG	PACKAGE	45	99	0.99	49	7	2.47	0.00	0	15.78	0.99
990276 VEGETABLE/ SALAD BAR	SERVINGS	50	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990277 FRUIT BAR	EACH	40	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	24	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	1	100	1.50	110	12	2.50	0.00	12	12.00	8.00
990217 SRYUP CUP, LITE	CARTON	45	50	0.00	70	4	0.00	0.00	0	14.00	0.00
Weighted Daily Average			700	5.59	1038	*44	22.54	0.00	95	92.26	31.86
% of Calories				7.19%		*25.1%	29.0%	0.0%		52.7%	18.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Monday - 03/04/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990139 MACARONI & CHEESE RF	CUP	25	420	7.50	1005	9	16.50	0.00	38	43.50	25.50
990045 BREAD STICK WG	1 OZ	25	90	0.00	120	2	2.50	0.00	0	14.00	3.00
990120 CHICKEN, CORN PUPS	6 EACH	50	270	3.50	410	5	12.00	0.00	40	30.00	10.00
990152 JO JO'S, .75 C SEASONEDCRISP SAVORY WEDGE	SERVING	80	173	1.33	400	0	6.00	0.00	0	28.02	2.67
990277 FRUIT BAR	EACH	65	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			680	5.61	1184	*41	20.25	0.00	40	99.92	25.86
% of Calories				7.42%		*24.1%	26.8%	0.0%		58.8%	15.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Tuesday - 03/05/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	50	146	1.00	414	14	2.50	0.00	53	14.00	15.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990335 ROLL, DINNER WHITE WG	ROLL	45	70	0.25	125	2	1.00	0.00	0	13.00	2.00
990283 MEATBALL MARINARA SUB	EACH	40	473	10.84	801	5	27.27	0.00	50	34.94	24.24
990257 WRAP, VEGGIE	WRAP	10	606	8.59	1109	8	31.99	0.00	25	62.76	20.86
990229 RICE, BROWN,	1 Cup, Prepar	35	174	0.00	7	0	1.53	0.00	0	36.75	4.08
990277 FRUIT BAR	EACH	65	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			689	6.64	1069	*46	20.92	0.00	59	93.50	32.81
% of Calories				8.67%		*26.7%	27.3%	0.0%		54.3%	19.0%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Wednesday - 03/06/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990252 CHICKEN SANDWICH BREADED SECONDARY	SANDWICH	60	340	1.50	540	5	11.00	0.00	45	38.00	25.00
990309 CHEESE STICK, MOZZARELLA CN 2 STICKS	SERVING (2)	40	300	6.00	640	4	12.00	0.00	30	34.01	16.00
990210 DIPPING SAUCE - (4 OZ)	4 OZ	40	50	0.01	309	9	0.02	0.00	0	11.23	1.15

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990276 VEGETABLE/ SALAD BAR	SERVINGS	50	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990277 FRUIT BAR	EACH	50	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	40	160	1.00	100	12	5.00	0.00	10	26.00	2.00
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	65	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			706	5.34	1140	*51	18.57	0.00	59	99.51	37.83
% of Calories				6.81%		*28.9%	23.7%	0.0%		56.4%	21.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Thursday - 03/07/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990246 COTTAGE PIE	SERVINGS	75	362	3.76	1439	2	38.32	0.00	41	48.69	14.39
990310 PHILLY STEAK CHEESE BREAD	SANDWICH	25	377	6.84	1070	5	17.37	0.00	43	32.00	23.28
990045 BREAD STICK WG	1 OZ	65	90	0.00	120	2	2.50	0.00	0	14.00	3.00
990277 FRUIT BAR	EACH	65	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			703	5.45	1802	*40	39.41	0.00	52	101.75	30.16
% of Calories				6.98%		*22.8%	50.5%	0.0%		57.9%	17.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Monday - 03/18/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	35	370	7.00	490	9	16.00	0.00	35	35.00	21.00
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	25	390	7.00	750	8	19.00	0.00	45	35.00	20.00
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	40	325	1.09	1384	13	7.45	0.00	55	46.01	22.36
990151 JO JO'S, 1/2 C SEASONED CRISP SAVORY WEDGE	SERVING	35	130	1.00	300	0	4.50	0.00	0	21.01	2.00
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	35	160	1.00	100	12	5.00	0.00	10	26.00	2.00
990277 FRUIT BAR	EACH	50	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	50	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	8.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			702	6.14	1389	*46	20.45	0.00	58	97.52	33.46
% of Calories				7.87%		*26.2%	26.2%	0.0%		55.6%	19.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Tuesday - 03/19/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990253 CHEESEBURGER	SANDWICH	45	325	5.75	615	5	15.00	0.50	52	30.00	21.50
990298 FRENCH DIP	SANDWICH	45	305	4.75	1145	3	13.25	0.00	35	28.75	18.75
990288 PITA, VEGGIE W/CUCUMBER SAUCE	PITA POCKET	10	539	7.09	890	8	28.53	0.00	25	55.28	21.07
990156 POTATO, TATER TOTS	3/4 CUP	55	193	1.49	283	0	10.42	0.00	0	22.32	1.49
990277 FRUIT BAR	EACH	65	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			695	7.03	1359	*39	24.84	0.22	51	88.79	31.68
% of Calories				9.10%		*22.4%	32.2%	0.3%		51.1%	18.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Wednesday - 03/20/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990118 BEEF FINGERS, BREADED	SERVING (4 EA)	60	350	7.00	320	1	24.00	0.00	40	19.00	14.00
990049 ROLL, DINNER WG	ROLL	60	100	0.50	70	2	2.00	0.00	0	17.00	3.00
990130 CHICKEN, POPCORN WG	3.3 OZ	40	250	2.50	380	1	14.00	0.00	25	15.00	15.00
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	45	135	0.00	555	0	2.25	0.00	0	24.00	3.00
990198 GRAVY, CHICKEN	SERVING	45	23	0.00	132	1	0.47	0.00	0	3.76	0.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990277 FRUIT BAR	EACH	55	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			696	6.34	1045	*36	26.52	0.00	44	83.88	28.59
% of Calories				8.20%		*20.7%	34.3%	0.0%		48.2%	16.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Thursday - 03/21/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990317 PIZZA BURGER ON BUN SEC	SERVINGS	50	416	7.65	857	9	16.84	0.00	73	42.71	28.31
990254 CHICKEN CORDON BLEU SANDWICH	SANDWICH	50	401	3.40	719	6	14.41	0.00	60	38.76	31.04
990277 FRUIT BAR	EACH	65	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			702	6.50	1193	*44	20.91	0.00	77	90.70	41.75
% of Calories				8.33%		*25.1%	26.8%	0.0%		51.7%	23.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Friday - 03/22/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990227 CHICKEN STRIPS, BREADED	3 EA	55	285	2.25	465	0	13.50	0.00	60	16.50	24.00
990072 GARLIC TOAST	SLICE	45	70	0.50	95	0	2.50	0.00	0	12.00	2.00
990373 SANTA FE CHICKEN	3 OZ	35	186	2.49	546	4	5.12	0.00	46	19.38	16.77
990229 RICE, BROWN,	1 Cup, Prepar	35	174	0.00	7	0	1.53	0.00	0	36.75	4.08
990277 FRUIT BAR	EACH	85	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990200 JUICE, APPLE	4 oz	95	60	0.00	10	13	0.00	0.00	0	14.00	0.00
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			685	3.32	908	*54	16.22	0.00	60	102.50	33.63
% of Calories				4.36%		*31.5%	21.3%	0.0%		59.9%	19.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Monday - 03/25/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990120 CHICKEN, CORN PUPS	6 EACH	45	270	3.50	410	5	12.00	0.00	40	30.00	10.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990301 CHICKEN BACON SWISS SANDWICH	SANDWICH	55	410	3.75	708	6	16.00	0.00	60	38.50	31.00
990156 POTATO, TATER TOTS	3/4 CUP	55	193	1.49	283	0	10.42	0.00	0	22.32	1.49
990277 FRUIT BAR	EACH	55	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			708	5.30	1079	*38	24.02	0.00	61	90.74	33.41
% of Calories				6.74%		*21.5%	30.5%	0.0%		51.3%	18.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Tuesday - 03/26/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990264 PARMESAN CHICKEN SANDWICH SECONDARY	SANDWICH	60	398	3.27	708	8	14.04	0.00	53	41.31	28.83
990139 MACARONI & CHEESE RF	CUP	40	420	7.50	1005	9	16.50	0.00	38	43.50	25.50
990072 GARLIC TOAST	SLICE	40	70	0.50	95	0	2.50	0.00	0	12.00	2.00
990277 FRUIT BAR	EACH	55	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	138	0.69	274	7	5.80	0.00	6	17.92	4.78

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			690	6.01	1215	*41	20.12	0.00	56	90.78	39.34
% of Calories				7.84%		*23.8%	26.2%	0.0%		52.6%	22.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Wednesday - 03/27/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990251 CHICKEN, SWEET N SOUR	SERVING	35	150	1.50	160	7	6.00	0.00	9	9.00	13.00
990134 CHICKEN, TERIYAKI	2.85 OZ	35	146	1.00	414	14	2.50	0.00	53	14.00	15.00
990229 RICE, BROWN,	1 Cup, Prepar	70	174	0.00	7	0	1.53	0.00	0	36.75	4.08
990257 WRAP, VEGGIE	WRAP	30	606	8.59	1109	8	31.99	0.00	25	62.76	20.86
990276 VEGETABLE/ SALAD BAR	SERVINGS	70	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990277 FRUIT BAR	EACH	70	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			693	4.33	924	*46	18.53	0.00	39	102.31	30.39
% of Calories				5.62%		*26.6%	24.1%	0.0%		59.1%	17.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Thursday - 03/28/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990292 CHICKEN PASTA BAKE	SERVINGS	50	253	4.28	747	3	8.03	0.00	54	23.57	22.11
990141 PIZZA STICK, PEPPERONI WG	2 STICK	50	480	9.00	1000	6	18.00	0.00	50	58.00	22.00
990336 ROLL, DINNER WHITE WG @2	ROLLS	35	140	0.50	250	3	2.00	0.00	0	26.00	4.00
990277 FRUIT BAR	EACH	55	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			670	7.66	1311	*39	17.81	0.00	62	93.67	34.50
% of Calories				10.29%		*23.3%	23.9%	0.0%		55.9%	20.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

Friday - 03/29/2019 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Sugars (g)	T-Fat (g)	Tr-Fat[2] (g)	Cholst (mg)	Carb (g)	Protn (g)
990230 CHALUPA, BEEF N CHEESE	EACH	50	244	5.92	404	1	13.94	0.00	44	11.18	16.28
990283 MEATBALL MARINARA SUB	EACH	50	473	10.84	801	5	27.27	0.00	50	34.94	24.24
990151 JO JO'S, 1/2 C SEASONED CRISP SAVORY WEDGE	SERVING	50	130	1.00	300	0	4.50	0.00	0	21.01	2.00
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	45	160	1.00	100	12	5.00	0.00	10	26.00	2.00
990277 FRUIT BAR	EACH	45	102	0.02	3	*19	0.28	0.00	0	25.52	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	50	138	0.69	274	7	5.80	0.00	6	17.92	4.78
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	8.00
Weighted Daily Average			734	10.13	1134	*39	28.88	0.00	61	85.66	32.89
% of Calories				12.42%		*21.3%	35.4%	0.0%		46.7%	17.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
[1] - denotes required nutrient values
[2] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.