

Kenai
Peninsula
Borough
School Dist.



Chapman & Ninilchik August-Sept. Lunch Menu

This institution is an equal opportunity
provider. Menus are subject to change.

Monday, August 19

**School
Opens
Tomorrow**

Tuesday, August 20

Pizza

Green Beans
Chilled Mandarin
Orange Slices
Frozen Cherry
Splash
Milk

Wed., August 21

Teriyaki Chicken
w/ Roll

Rice
Steamed Broccoli
Chilled Mixed Fruit
Milk

(MD/HS Fuitable
Juice Box)

Thursday, August 22

Cheeseburger
KK Fries
Fresh Carrot &
Celery Sticks
w/Ranch
Applesauce Cup
Milk

(MD/HS Apple
Juice)

Friday, August 23

Corn Pups

Baked Beans
Tater Tots
Diced Peaches
Milk

Monday, August 26

Taco Snack
w/Salsa

Refried Beans
Santa Fe
Vegetables
Chilled Diced
Peaches
Milk

Tuesday, August 27

Cheese Stix &
Dipping Sauce

Winter Mix
Mandarin Orange
Slices
Apple Juice
Milk

Wed., August 28

French Toast with
Sausage
Tater Tots
Warmed
Cinnamon Apple
Slices
Orange Juice
Milk
(MD/HS Honey
Bun Goldfish)

Thursday, August 29

Sloppy Joe

Carrot Sticks w/
Ranch
Seasoned Green
Beans
Banana
Milk

Friday, August 30

Chicken Fried Beef
Sticks w/ Roll
Mashed Potato &
Gravy
Spinach Fruit
Salad
Applesauce Cup
Milk
(MD/HS Orange
Juice)

Monday, Sept. 2



No School

Tuesday, Sept. 3

Pizza

Seasoned Green
Beans
Chilled Mixed Fruit
Fresh Orange
Wedges
Milk

Wed., September 4

Popcorn Chicken

Rice
Fresh Carrot Stix &
Pea Pods w/
Ranch
Chilled Diced
Pears
Milk

Thursday, Sept. 5

Cottage Pie
With Garlic Toast

Romaine Salad w/
Italian Dressing
Chilled Diced
Pears
Apple Juice
Milk

Friday, September 6

Chicken Sandwich

Baked Beans
Goldrush
Juice
Box
Fresh Grapes
Milk

I am the letter

E



eagle

Still the best deal in town!

K-6 \$3.00

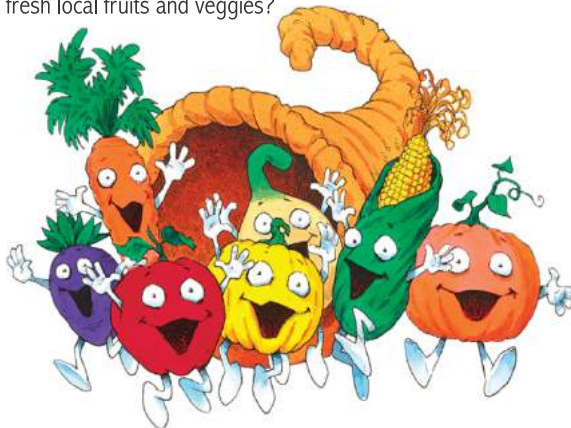
Lunch

7-12 \$3.50

Get in touch with us today to learn more about free and reduced-price meals in our district:
Local school or 907-714-8832



In most parts of the country, it's never easier to fill up your plate with local produce than the warm, golden days of late summer. How much of your plate can you fill with delicious and fresh local fruits and veggies?



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Mon. September 9

Hot Dogs
Seasoned Green Beans
Frozen Cherry Splash
Warm Cinnamon Apple Slices
Rice Krispy Treats
Milk

Tues. September 10

Chicken Drumstick
Mashed Potato & Gravy
Carrot Sticks with Ranch Dip
Applesauce Cup
Milk
(MD/HS Roll & Apple Juice)

Wed. September 11

Sweet Chili Thai Chicken
Rice
Steamed Broccoli
Mandarin Orange Slices
Milk
(MD/HS Apple)

Thurs. September 12

Nachos with Salsa
Refried Beans
Santa Fe Vegetables
Banana
Milk
(MD/HS Orange Juice)

Friday, September 13

French Toast with Sausage
Tater Tots
Chilled Mixed Fruit
Cookie
Milk

Mon. September 16

Pizza
Seasoned Green Beans
Chilled Mandarin
Frozen Cherry Splash
Milk

Tues. September 17

Cheeseburger
KK Fries
Carrot & Celery Sticks w/ Ranch Dip
Applesauce Cup
Milk
(MD/HS Apple Juice)

Wed. September 18

Teriyaki Chicken with Roll
Rice
Steamed Broccoli
Chilled Mixed Fruit
Milk
(MD/HS Fuitable Juice Box)

Thurs. September 19

Spaghetti with Garlic Toast
Cucumber & Tomato with Italian Dressing
Chilled Diced Pears
Milk

Friday, September 20

Corn Pups
Baked Beans
Tater Tots
Fresh Grapes
Milk

Mon. September 23

Taco Snack
Salsa
Refried Beans
Santa Fe Vegetables
Chilled Diced Peaches
Milk

Tues. September 24

Cheese Sticks with Dipping Sauce
Winter Mix
Chilled Mandarin Orange Slices
Cranberries
Milk

Wed., September 25

French Toast with Sausage
Tater Tots
Warmed Cinnamon Apple Slices
Apple Juice
Milk
(MD/HS Honey Bun)

Thurs. September 26

Sloppy Joe
Carrot Sticks with Ranch Dip
Seasoned Green Beans
Banana
Milk

Friday, September 27

Beef Fingers
Roll
Mashed Potato & Gravy
Spinach Fruit Salad
Strawberry Cup
Milk
(MD/HS Orange Juice)