

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

Menu Name: HS LUNCH

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 09/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)
990253 CHEESEBURGER	SANDWICH	45	325	5.75	615	5	15.00	0.50	52	30.00	3.00	21.50	0	158.5
990422 CHICKEN, CORN PUPS	8 EACH	55	360	3.75	585	8	12.00	0.00	60	45.00	7.50	13.50	0	120.0
990248 WRAP, CHICKEN BACON RANCH	WRAP	5	686	10.32	1828	4	39.30	0.00	87	50.07	2.59	33.93	1890	472.4
990429 KK SEASONED FRIES 3/4	3.15 OZ	65	149	0.00	253	0	4.46	0.00	0	22.33	2.98	1.49	0	89.3
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/SALAD BAR	SERVINGS	85	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
990427 MAYO, KET, MUST PCS	CONDIMENT VAR	45	79	0.02	330	8	3.53	0.00	5	12.77	0.12	0.56	300	70.1
Weighted Daily Average			830	6.54	1410	50	26.22	0.22	76	115.53	14.79	32.72	10422	640.3
% of Calories				7.09%		24.1%	28.4%	0.2%		55.7%		15.8%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Wednesday - 09/04/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	CalcM (mg)
990118 BEEF FINGERS, BREADED	SERVING (4 EA)	55	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00	0	40.0
990227 CHICKEN STRIPS, BREADED	3 EA	40	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00	0	0.0
990294 CHICKEN FAJITA QUESADILLA	EACH	5	357	6.95	1148	3	12.89	0.00	61	36.18	1.00	22.63	752	383.8
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	65	135	0.00	555	0	2.25	0.00	0	24.00	3.00	3.00	0	30.0
990198 GRAVY, CHICKEN	SERVING	65	23	0.00	132	1	0.47	0.00	0	3.76	0.00	0.00	0	0.0
990049 ROLL, DINNER WG	ROLL	85	100	0.50	70	2	2.00	0.00	0	17.00	2.00	3.00	0	20.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	80	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	5	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	45	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
990225 RICE CRISPY TREAT WG	PACKAGE	35	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99	0	0.0
Weighted Daily Average			849	7.20	1335	43	29.68	0.00	62	107.89	12.57	35.67	9653	461.4
% of Calories				7.63%		20.3%	31.5%	0.0%		50.8%		16.8%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Thursday - 09/05/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)
990246 COTTAGE PIE	SERVINGS	50	373	3.76	1412	3	38.32	0.00	41	50.91	5.86	15.19	1169	36.3
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	30	325	1.09	1384	13	7.45	0.00	55	46.01	3.00	22.36	0	70.9
990287 SALAD, SW CHICKEN PASTA	EACH	20	663	4.32	838	5	22.76	0.00	61	98.96	2.94	30.29	1724	156.3
990335 ROLL, DINNER WHITE WG	ROLL	50	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00	0	10.0
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	10	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	65	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
990366 COOKIE, (OTIS SPUNKMEYER) 2 EA CHOC CHIP	2 cookie	30	320	2.00	200	24	10.00	0.00	20	52.00	4.00	4.00	20	0.0
Weighted Daily Average			798	5.39	1707	43	35.27	0.00	67	121.33	11.62	32.96	8772	399.3
% of Calories				6.08%		21.6%	39.8%	0.0%		60.8%		16.5%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Friday - 09/06/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)
990252 CHICKEN SANDWICH BREADED SECONDARY	SANDWICH	45	340	1.50	540	5	11.00	0.00	45	38.00	6.00	25.00	0	60.0
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	25	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00	400	250.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990112 PIZZA, CHEESE 16"	SLICE	15	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00	0	0.0
990368 WRAP, GYRO	WRAP	15	391	5.01	1358	8	12.67	0.00	34	44.28	3.76	23.10	952	244.1
990277 FRUIT BAR	EACH	95	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	95	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	0	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	100	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			702	6.41	1097	45	22.28	0.00	57	92.00	12.51	36.12	11575	526.5
% of Calories				8.22%		25.6%	28.6%	0.0%		52.4%		20.6%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Monday - 09/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990254 CHICKEN CORDON BLEU SANDWICH	SANDWICH	50	401	3.40	719	6	14.41	0.00	60	38.76	6.00	31.04	0	163.8
990354 FRENCH TOAST STICKS SECONDARY	4 STICKS	35	281	2.67	387	15	12.02	0.00	140	34.73	2.67	10.69	2	78.8
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	35	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00	0	0.0
990310 PHILLY STEAK CHEESE BREAD	SANDWICH	15	347	6.34	1020	5	14.37	0.00	43	30.00	3.19	21.28	*80	258.3
990155 POTATO, TATER TOTS	1/2 CUP	65	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00	0	0.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990406 CINNAMON APPLES, BAKED	1/2 CUP	65	77	0.00	10	16	0.01	0.00	0	19.27	2.32	0.03	2	6.5
990225 RICE CRISPY TREAT WG	PACKAGE	65	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99	0	0.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	15	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	65	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			858	7.81	1235	53	29.37	0.00	110	110.41	12.73	38.65	*10163	536.7
% of Calories				8.19%		24.7%	30.8%	0.0%		51.5%		18.0%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Tuesday - 09/10/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	50	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99	501	442.8
990402 TACO SNACK	EACH	30	350	7.00	560	3	15.00	0.00	25	38.00	5.00	16.00	400	100.0
990230 CHALUPA, BEEF N CHEESE	EACH	20	244	5.92	404	1	13.94	0.00	44	11.18	0.32	16.28	296	347.1
990399 HONEY BUN GRAHAMS	PACKAGE	65	130	1.00	130	8	4.50	0.00	0	21.00	1.00	2.00	0	2.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			805	9.74	1292	58	25.99	0.00	48	110.14	12.76	33.99	12307	712.7
% of Calories				10.89%		28.8%	29.1%	0.0%		54.7%		16.9%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Wednesday - 09/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990389 CHICKEN, THAI SWEET CHILI	SERVINGS	30	151	0.00	442	11	3.01	0.00	60	15.05	0.00	15.05	0	2.0
990229 RICE, BROWN,	1 Cup, Prepar	65	174	0.00	7	0	1.53	0.00	0	36.75	2.04	4.08	0	7.1
990130 CHICKEN, POPCORN WG	3.3 OZ	40	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00	100	0.0
990298 FRENCH DIP	SANDWICH	30	275	4.25	1095	3	10.25	0.00	35	26.75	2.00	16.75	*40	3231.3
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			698	3.37	1087	50	17.28	0.00	50	105.16	11.59	31.33	*11930	1365.2
% of Calories				4.35%		28.7%	22.3%	0.0%		60.3%		18.0%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Thursday - 09/12/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990266 NACHO'S SEC	SERVING	50	441	8.29	574	0	22.07	0.00	46	44.39	6.28	16.39	258	116.0
990320 MEATBALL MARINARA HOAGIE (CANNED SAUCE)	EACH	30	445	9.91	655	6	24.01	0.00	58	33.45	2.91	21.40	*228	193.0
990291 SALAD, SW CHICKEN FAJITA FRESH VEG	SALAD	20	325	6.16	969	7	16.86	0.00	72	21.82	6.18	23.63	6839	345.9
990073 GARLIC TOAST -2	2 OZ	20	140	1.00	190	0	5.00	0.00	0	24.00	2.00	4.00	0	0.0
990277 FRUIT BAR	EACH	95	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	95	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

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Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			791	9.99	1151	46	29.64	0.00	68	100.25	13.69	33.40	*12898	585.4
% of Calories				11.37%		23.3%	33.7%	0.0%		50.7%		16.9%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Friday - 09/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990304 SWISS BACON BURGER	SANDWICH	25	360	6.75	678	6	18.00	0.50	60	29.50	3.00	24.00	40	3248.8
990112 PIZZA, CHEESE 16"	SLICE	35	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00	0	0.0
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	20	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00	400	250.0
990279 WRAP, TURKEY N HAM	WRAP	20	514	9.90	2174	16	18.85	0.00	68	59.59	6.67	29.86	5477	350.9
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	95	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

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Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			757	8.58	1393	56	24.08	0.12	61	101.53	11.93	36.62	12524	1333.5
% of Calories				10.20%		29.6%	28.6%	0.1%		53.6%		19.4%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Monday - 09/16/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990112 PIZZA, CHEESE 16"	SLICE	50	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00	0	0.0
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	20	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00	400	250.0
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	20	325	1.09	1384	13	7.45	0.00	55	46.01	3.00	22.36	0	70.9
990432 WRAP, CHICKEN FAJITA	WRAP	10	394	7.63	1321	3	16.78	0.00	68	37.25	1.23	22.97	824	424.3
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	45	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	0	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	55	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			720	7.43	1246	53	22.42	0.00	59	97.81	11.29	34.80	12065	512.2
% of Calories				9.29%		29.4%	28.0%	0.0%		54.3%		19.3%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Tuesday - 09/17/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990352 CHEESEBURGER	SANDWICH	45	305	4.25	615	5	12.00	0.00	48	30.00	3.00	21.50	0	168.5
990227 CHICKEN STRIPS, BREADED	3 EA	45	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00	0	0.0
990287 SALAD, SW CHICKEN PASTA	EACH	10	663	4.32	838	5	22.76	0.00	61	98.96	2.94	30.29	1724	156.3
990335 ROLL, DINNER WHITE WG	ROLL	10	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00	0	10.0
990429 KK SEASONED FRIES 3/4	3.15 OZ	65	149	0.00	253	0	4.46	0.00	0	22.33	2.98	1.49	0	89.3
990277 FRUIT BAR	EACH	95	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			793	4.55	1221	48	23.57	0.00	67	108.69	12.67	38.17	12069	555.3
% of Calories				5.16%		24.2%	26.8%	0.0%		54.8%		19.3%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Wednesday - 09/18/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990134 CHICKEN, TERIYAKI	2.85 OZ	30	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00	100	20.0
990264 PARMESAN CHICKEN SANDWICH SECONDARY	SANDWICH	40	405	3.63	738	8	14.57	0.00	53	41.31	6.54	29.54	125	187.0
990414 HAM N TURKEY HOAGIE	HOAGIE	30	257	1.64	981	4	4.23	0.00	49	30.25	2.66	22.99	*408	145.2
990335 ROLL, DINNER WHITE WG	ROLL	30	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00	0	10.0
990419 RICE, WITH PEAS N CARROTS	3/4 CUP	65	146	0.00	17	2	1.02	0.00	0	30.09	2.86	4.22	875	12.4
990269 SALAD, SPINACH, CRANBERRY, MANDARIN	2 CUP	20	209	0.47	91	30	6.04	0.00	0	38.18	3.83	3.20	10559	110.9
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			798	3.51	1250	62	16.72	0.00	63	123.63	14.81	40.33	*14761	548.2
% of Calories				3.96%		31.1%	18.9%	0.0%		62.0%		20.2%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Thursday - 09/19/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990275 SPAGHETTI AND MEAT SAUCE	1 CUP	40	305	3.07	317	7	6.89	0.00	34	44.10	5.15	15.73	419	49.9
990422 CHICKEN, CORN PUPS	8 EACH	45	360	3.75	585	8	12.00	0.00	60	45.00	7.50	13.50	0	120.0
990306 SALAD, CHEF	SALAD	15	393	6.46	1354	10	27.72	0.00	68	15.48	3.87	21.13	12465	355.2
990073 GARLIC TOAST -2	2 OZ	55	140	1.00	190	0	5.00	0.00	0	24.00	2.00	4.00	0	0.0
990277 FRUIT BAR	EACH	95	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	95	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			771	5.57	1159	52	21.59	0.00	63	114.57	15.16	30.99	13370	527.6
% of Calories				6.50%		27.0%	25.2%	0.0%		59.4%		16.1%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Friday - 09/20/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990409 CHICKEN DRUMSTICKS	DRUMSTICK	25	290	4.00	550	0	17.00	0.00	100	11.00	2.00	22.00	100	20.0
990118 BEEF FINGERS, BREADED	SERVING (4 EA)	45	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00	0	40.0
990421 ROAST BEEF WITH GRAVY/ SANDWICH	SANDWICH	30	286	4.50	466	3	14.04	0.50	35	30.29	2.32	15.00	*0	60.6
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	80	135	0.00	555	0	2.25	0.00	0	24.00	3.00	3.00	0	30.0
990049 ROLL, DINNER WG	ROLL	60	100	0.50	70	2	2.00	0.00	0	17.00	2.00	3.00	0	20.0
990350 GRAVY, BEEF LS	OZ	80	9	0.00	64	0	2.25	0.00	0	1.80	0.00	0.00	0	0.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			818	6.87	1391	45	29.98	0.15	65	108.05	13.34	33.21	*10217	467.6
% of Calories				7.56%		22.0%	33.0%	0.2%		52.8%		16.2%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Monday - 09/23/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990130 CHICKEN, POPCORN WG	3.3 OZ	45	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00	100	0.0
990431 MAC AND CHEESE CAMPBELL	CUP	35	300	6.00	60	9	11.00	0.00	35	32.00	2.00	17.00	0	300.0
990141 PIZZA STICK, PEPPERONI WG	2 STICK	20	480	9.00	1000	6	18.00	0.00	50	58.00	6.00	22.00	800	300.0
990087 RICE, BROWN, Prepar	1/2 Cup,	45	85	0.00	4	0	0.75	0.00	0	18.00	1.00	2.00	0	3.6
990335 ROLL, DINNER WHITE WG	ROLL	80	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00	0	10.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			765	6.32	963	52	21.59	0.00	45	110.78	12.97	32.74	12083	565.2
% of Calories				7.44%		27.2%	25.4%	0.0%		57.9%		17.1%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Tuesday - 09/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	30	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99	501	442.8
990359 BEEF HOT DOG SANDWICH	SANDWICH	20	300	0.00	790	5	18.50	0.00	35	22.00	2.00	11.00	0	40.0
990266 NACHO'S SEC	SERVING	50	441	8.29	574	0	22.07	0.00	46	44.39	6.28	16.39	258	116.0
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	85	160	1.00	100	12	5.00	0.00	10	26.00	2.00	2.00	10	0.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	65	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	30	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990154 SALSA, GREEN CHILI	1/4 Cup	50	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00	400	0.0
Weighted Daily Average			830	8.82	1377	52	29.26	0.00	61	110.45	12.99	30.59	8399	567.5
% of Calories				9.56%		25.1%	31.7%	0.0%		53.2%		14.7%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Wednesday - 09/25/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)
990354 FRENCH TOAST STICKS SECONDARY	4 STICKS	50	281	2.67	387	15	12.02	0.00	140	34.73	2.67	10.69	2	78.8
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	50	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00	0	0.0
990301 CHICKEN BACON SWISS SANDWICH	SANDWICH	25	410	3.75	708	6	16.00	0.00	60	38.50	6.00	31.00	40	3248.8
990323 CLUB HOAGIE	HOAGIE	25	233	1.66	765	3	4.19	0.00	36	29.50	2.66	18.11	*408	145.2
990155 POTATO, TATER TOTS	1/2 CUP	65	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00	0	0.0
990406 CINNAMON APPLES, BAKED	1/2 CUP	65	77	0.00	10	16	0.01	0.00	0	19.27	2.32	0.03	2	6.5
990225 RICE CRISPY TREAT WG	PACKAGE	65	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99	0	0.0
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	65	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			854	7.15	1219	64	26.17	0.00	123	116.01	10.17	37.83	*7155	1414.4
% of Calories				7.54%		30.0%	27.6%	0.0%		54.3%		17.7%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Thursday - 09/26/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990411 SLOPPY JOE SECONDARY	4 OZ	20	315	3.72	625	13	9.59	0.00	41	44.34	6.22	18.15	361	71.1
990112 PIZZA, CHEESE 16"	SLICE	25	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00	0	0.0
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	30	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00	400	250.0
990291 SALAD, SW CHICKEN FAJITA FRESH VEG	SALAD	25	325	6.16	969	7	16.86	0.00	72	21.82	6.18	23.63	6839	345.9
990336 ROLL, DINNER WHITE WG @2	ROLLS	25	140	0.50	250	3	2.00	0.00	0	26.00	2.00	4.00	0	20.0
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0
Weighted Daily Average			751	7.43	1252	56	23.16	0.00	61	103.41	13.41	35.32	13805	586.3
% of Calories				8.90%		29.8%	27.8%	0.0%		55.1%		18.8%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

Friday - 09/27/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)
990402 TACO SNACK	EACH	65	350	7.00	560	3	15.00	0.00	25	38.00	5.00	16.00	400	100.0
990298 FRENCH DIP	SANDWICH	15	275	4.25	1095	3	10.25	0.00	35	26.75	2.00	16.75	*40	3231.3
990365 WRAP, CHICKEN SALAD	WRAPS	20	362	2.72	767	5	10.36	0.00	51	45.07	3.64	24.48	10523	141.3
990277 FRUIT BAR	EACH	100	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76	124	15.8
990276 VEGETABLE/ SALAD BAR	SERVINGS	100	137	0.70	274	7	5.80	0.00	6	17.92	5.48	4.78	11278	89.8
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00	500	300.0
990205 MILK, LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00	500	300.0
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00	500	300.0

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 27, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)
990154 SALSA, GREEN CHILI	1/4 Cup	85	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00	400	0.0
Weighted Daily Average			721	6.91	1463	51	20.19	0.00	44	104.51	14.44	31.34	*14613	983.6
% of Calories				8.63%		28.3%	25.2%	0.0%		58.0%		17.4%		
Weekly Nutrient Guideline			750 - 850	<10	1420		<=0							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.