

# SEPTEMBER 2019 KPBSD HIGH SCHOOLS / MIDDLE SCHOOLS

This institution is an equal opportunity provider.

#### Monday

LABOR DAY

NO SCHOOL

Chicken Cordon Blu French Toast w/Sausage Philly Cheese Steak Bread Tater Tots Warmed Cinnamon Apples Rice Krispy Treat Daily Salad, Fruit and Veggie Bar

> Pizza BBQ Pulled Pork Hoagie Chicken Fajita Wrap

16

Daily Salad, Fruit and Veggie Bar

Popcorn Chicken
Macaroni N Cheese
Pizza Sticks
Roll / Rice
Daily Salad, Fruit and Veggie Bar

Pizza Stick
Teriyaki Chicken
Philly Sidewinders
Rice
Garlic Toast
Daily Salad, Fruit and Veggie Bar

### Tuesday

Cheeseburger Corn Pups Chicken Bacon Ranch Wrap

Daily Salad, Fruit and Veggie Bar

Cheesy Garlic Bread with
Dipping Sauce
Taco Snack
Chalupa
Honey Bun Crackers
Daily Salad, Fruit and Veggie Bar

Cheeseburger Chicken Strips SW Pasta Salad w/Roll KK Fries -Daily Salad, Fruit and Veggie Bar

Cheesy Garlic Bread with
Dipping Sauce
Hot Dog
Nachos
Cookie
Daily Salad, Fruit and Veggie Bar

#### Wednesday

Breaded Beef Sticks
Chicken Strips
Chicken Fajita Quesadilla
Mashed Potato w/Gravy
Roll
Rice Krispy Treat
Daily Salad, Fruit and Veggie Bar

Sweet Chili Thai Chicken
Popcorn Chicken
French Dip
Rice
Daily Salad, Fruit and Veggie Bar

Teriyaki Chicken with Roll
Parmesan Chicken Sandwich
Ham & Turkey Hoagie
Rice w/Carrots and Peas
Spinach N Fruit Salad
Daily Salad, Fruit and Veggie Bar

French Toast with Sausage
Chicken Bacon Swiss Burger
Warmed Cub Hoagie
Tater Tots
Warm Cinnamon Apples
Rice Krispy Treat
Daily Salad, Fruit and Veggie Bar

#### Thursday

Cottage Pie with Roll
BBQ Pulled Pork Sub
SW Pasta Salad with Roll
Cookie
Daily Salad, Fruit and Veggie Bar

Nachos Meatball Marinara Hoagie SW Chicken Fajita Salad w/ Garlic Toast Daily Salad, Fruit and Veggie Bar

Spaghetti Corn Pups Chef Salad Garlic Toast Daily Salad, Fruit and Veggie Bar

Sloppy Joe
Pizza
SW Chicken Fajita Salad
with Roll
Daily Salad, Fruit and Veggie Bar

## Friday

Chicken Sandwich Pizza Gyro Wrap

Daily Salad, Fruit and Veggie Bar

Bacon Swiss Cheeseburger Pizza Ham & Turkey Wrap

Daily Salad, Fruit and Veggie Bar

Chicken Drumstick
Breaded Beef Sticks
Hot Roast Beef & Gravy Sandwich
Mashed Potato & Gravy
Roll
Daily Salad, Fruit and Veggie Bar

Daily Salad, Fruit and Veggie Bar

Taco Snack French Dip Gyro Wrap 27

Daily Salad, Fruit and Veggie Bar

Get in touch with us today to learn more about Free and Reduced priced meals within your District. Contact school or 907-714-8832 Low Fat White Milk and Nonfat Chocolate Milk Offered Daily
Menu Subject to change due to product availability
K-6 \$3.00 7-12 \$3.50 Adult \$5.00 w/out Milk, Salad Bar
Adult Salad Bar \$8.00

MIDDLE SCHOOLS OFFER TOP 2 ENTREES