

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

**Menu Name:** 6-8 of HS LUNCH

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Tuesday - 10/01/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990253 CHEESEBURGER	SANDWICH	50	325	5.75	615	5	15.00	0.50	52	30.00	3.00	21.50
990422 CHICKEN, CORN PUPS	8 EACH	50	360	3.75	585	8	12.00	0.00	60	45.00	7.50	13.50
990429 KK SEASONED FRIES 3/4	3.15 OZ	65	149	0.00	253	0	4.46	0.00	0	22.33	2.98	1.49
990277 FRUIT BAR	EACH	45	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
990427 MAYO, KET, MUST PCS	CONDIMENT VAR	45	79	0.02	330	8	3.53	0.00	5	12.77	0.12	0.56
Weighted Daily Average			710	5.82	1247	40	22.34	0.25	69	96.94	10.99	29.59
% of Calories				7.38%		22.5%	28.3%	0.3%		54.6%		16.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Wednesday - 10/02/2019

**Reimbursable Meal Total 100**

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990118 BEEF FINGERS, BREADED	SERVING (4 EA)	40	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00
990227 CHICKEN STRIPS, BREADED	3 EA	60	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	50	135	0.00	555	0	2.25	0.00	0	24.00	3.00	3.00
990198 GRAVY, CHICKEN	SERVING	45	23	0.00	132	1	0.47	0.00	0	3.76	0.00	0.00
990049 ROLL, DINNER WG	ROLL	45	100	0.50	70	2	2.00	0.00	0	17.00	2.00	3.00
990199 JELLO, CHERRY	1/2 CUP	65	70	0.00	90	16	0.00	0.00	0	17.00	0.00	1.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	5	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	45	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			741	5.50	1203	45	24.97	0.00	63	93.82	9.09	35.01
% of Calories				6.68%		24.3%	30.3%	0.0%		50.6%		18.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 10/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990292 CHICKEN PASTA BAKE	SERVINGS	50	257	4.28	735	3	8.03	0.00	54	24.55	1.86	22.46

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	50	325	1.09	1384	13	7.45	0.00	55	46.01	3.00	22.36
990335 ROLL, DINNER WHITE WG	ROLL	50	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990277 FRUIT BAR	EACH	60	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	60	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	10	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	65	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	75	160	1.00	100	12	5.00	0.00	10	26.00	2.00	2.00
Weighted Daily Average			700	5.09	1529	46	18.00	0.00	73	102.00	9.44	35.53
% of Calories				6.54%		26.3%	23.1%	0.0%		58.3%		20.3%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Friday - 10/04/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990252 CHICKEN SANDWICH BREADED SECONDARY	SANDWICH	45	340	1.50	540	5	11.00	0.00	45	38.00	6.00	25.00
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	25	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00
990112 PIZZA, CHEESE 16"	SLICE	30	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	0	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	100	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	0	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			697	6.61	1009	43	22.85	0.00	57	90.11	11.44	35.97
% of Calories				8.54%		24.7%	29.5%	0.0%		51.7%		20.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Monday - 10/07/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990254 CHICKEN CORDON BLEU SANDWICH	SANDWICH	45	401	3.40	719	6	14.41	0.00	60	38.76	6.00	31.04
990050 FRENCH TOAST STICKS	3 STICKS	55	211	2.01	291	11	9.02	0.00	105	26.07	2.00	8.02
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	35	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00
990155 POTATO, TATER TOTS	1/2 CUP	55	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00
990406 CINNAMON APPLES, BAKED	1/2 CUP	35	77	0.00	10	16	0.01	0.00	0	19.27	2.32	0.03
990225 RICE CRISPY TREAT WG	PACKAGE	45	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 MILK, CHOC FF CARTON	CARTON	15	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	65	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			705	6.26	966	44	24.10	0.00	107	90.58	9.07	32.74
% of Calories				7.99%		25.0%	30.8%	0.0%		51.4%		18.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 10/08/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	40	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99
990402 TACO SNACK	EACH	60	350	7.00	560	3	15.00	0.00	25	38.00	5.00	16.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			694	8.86	1190	46	22.04	0.00	41	94.16	10.92	31.18
% of Calories				11.49%		26.5%	28.6%	0.0%		54.3%		18.0%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Wednesday - 10/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990389 CHICKEN, THAI SWEET CHILI	SERVINGS	35	151	0.00	442	11	3.01	0.00	60	15.05	0.00	15.05
990229 RICE, BROWN,	1 Cup, Prepar	65	174	0.00	7	0	1.53	0.00	0	36.75	2.04	4.08
990130 CHICKEN, POPCORN WG	3.3 OZ	65	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			671	2.58	904	47	17.62	0.00	48	98.97	10.37	30.69
% of Calories				3.46%		28.0%	23.6%	0.0%		59.0%		18.3%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

### Thursday - 10/10/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990266 NACHO'S SEC	SERVING	60	441	8.29	574	0	22.07	0.00	46	44.39	6.28	16.39
990320 MEATBALL MARINARA HOAGIE (CANNED SAUCE)	EACH	40	445	9.91	655	6	24.01	0.00	58	33.45	2.91	21.40
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
990154 SALSA, GREEN CHILI	1/4 Cup	40	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00
Weighted Daily Average			713	10.07	1121	36	27.88	0.00	62	85.59	10.32	29.90
% of Calories				12.71%		20.2%	35.2%	0.0%		48.0%		16.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Friday - 10/11/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990304 SWISS BACON BURGER	SANDWICH	55	360	6.75	678	6	18.00	0.50	60	29.50	3.00	24.00
990112 PIZZA, CHEESE 16"	SLICE	35	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	10	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			690	7.75	1093	48	23.19	0.28	60	88.39	9.26	35.33
% of Calories				10.11%		27.8%	30.2%	0.4%		51.2%		20.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Monday - 10/14/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	50	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	20	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	30	325	1.09	1384	13	7.45	0.00	55	46.01	3.00	22.36
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	45	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00



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## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990205 MILK,LOW FAT WHITE CARTON	CARTON	0	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	55	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			699	6.63	1281	50	21.26	0.00	56	96.01	10.09	34.63
% of Calories				8.54%		28.6%	27.4%	0.0%		54.9%		19.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 10/15/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990352 CHEESEBURGER	SANDWICH	50	305	4.25	615	5	12.00	0.00	48	30.00	3.00	21.50
990227 CHICKEN STRIPS, BREADED	3 EA	50	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00
990429 KK SEASONED FRIES 3/4	3.15 OZ	70	149	0.00	253	0	4.46	0.00	0	22.33	2.98	1.49
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			694	4.14	1149	40	21.10	0.00	64	89.95	9.76	35.94
% of Calories				5.37%		23.1%	27.4%	0.0%		51.8%		20.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 10/16/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	40	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00
990264 PARMESAN CHICKEN SANDWICH SECONDARY	SANDWICH	60	405	3.63	738	8	14.57	0.00	53	41.31	6.54	29.54
990335 ROLL, DINNER WHITE WG	ROLL	30	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990419 RICE, WITH PEAS N CARROTS	3/4 CUP	45	146	0.00	17	2	1.02	0.00	0	30.09	2.86	4.22
990269 SALAD, SPINACH, CRANBERRY, MANDARIN	2 CUP	20	209	0.47	91	30	6.04	0.00	0	38.18	3.83	3.20
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			688	3.43	1027	53	15.49	0.00	61	101.45	10.63	37.49
% of Calories				4.49%		30.8%	20.3%	0.0%		59.0%		21.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 10/17/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990275 SPAGHETTI AND MEAT SAUCE	1 CUP	40	305	3.07	317	7	6.89	0.00	34	44.10	5.15	15.73
990422 CHICKEN, CORN PUPS	8 EACH	60	360	3.75	585	8	12.00	0.00	60	45.00	7.50	13.50
990072 GARLIC TOAST	SLICE	65	70	0.50	95	0	2.50	0.00	0	12.00	1.00	2.00
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			705	4.77	1007	47	17.49	0.00	60	108.31	13.47	28.47
% of Calories				6.09%		26.7%	22.3%	0.0%		61.5%		16.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

### Monday - 10/21/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990130 CHICKEN, POPCORN WG	3.3 OZ	65	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00
990431 MAC AND CHEESE CAMPBELL	CUP	35	300	6.00	60	9	11.00	0.00	35	32.00	2.00	17.00
990087 RICE, BROWN, 1/2 Cup, Prepar	1/2 Cup, Prepar	65	85	0.00	4	0	0.75	0.00	0	18.00	1.00	2.00
990335 ROLL, DINNER WHITE WG	ROLL	95	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	85	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			716	4.85	851	47	20.20	0.00	39	102.82	10.81	31.36
% of Calories				6.10%		26.3%	25.4%	0.0%		57.4%		17.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Tuesday - 10/22/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	55	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990359 BEEF HOT DOG SANDWICH	SANDWICH	45	300	0.00	790	5	18.50	0.00	35	22.00	2.00	11.00
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	45	160	1.00	100	12	5.00	0.00	10	26.00	2.00	2.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	60	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	60	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	65	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	30	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			719	6.57	1348	49	25.56	0.00	52	91.95	9.10	30.32
% of Calories				8.22%		27.3%	32.0%	0.0%		51.2%		16.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Wednesday - 10/23/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990050 FRENCH TOAST STICKS	3 STICKS	65	211	2.01	291	11	9.02	0.00	105	26.07	2.00	8.02
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	65	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00
990301 CHICKEN BACON SWISS SANDWICH	SANDWICH	35	410	3.75	708	6	16.00	0.00	60	38.50	6.00	31.00
990155 POTATO, TATER TOTS	1/2 CUP	50	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00
990406 CINNAMON APPLES, BAKED	1/2 CUP	35	77	0.00	10	16	0.01	0.00	0	19.27	2.32	0.03

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990225 RICE CRISPY TREAT WG	PACKAGE	50	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99
990276 VEGETABLE/ SALAD BAR	SERVINGS	35	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	45	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			713	6.25	994	49	23.94	0.00	114	91.79	7.94	31.92
% of Calories				7.89%		27.5%	30.2%	0.0%		51.5%		17.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 10/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990411 SLOPPY JOE SECONDARY	4 OZ	45	315	3.72	625	13	9.59	0.00	41	44.34	6.22	18.15
990112 PIZZA, CHEESE 16"	SLICE	30	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990129 PIZZA, BUFFALO CHICKEN 16"	5.21 OZ SLICE	25	390	7.00	750	8	19.00	0.00	45	35.00	3.00	20.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			619	6.35	1011	45	18.40	0.00	50	85.48	9.04	30.97
% of Calories				9.23%		29.1%	26.8%	0.0%		55.2%		20.0%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

### Friday - 10/25/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990402 TACO SNACK	EACH	55	350	7.00	560	3	15.00	0.00	25	38.00	5.00	16.00
990298 FRENCH DIP	SANDWICH	45	275	4.25	1095	3	10.25	0.00	35	26.75	2.00	16.75
990277 FRUIT BAR	EACH	95	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	85	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990154 SALSA, GREEN CHILI	1/4 Cup	45	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00
Weighted Daily Average			684	6.80	1467	49	19.49	0.00	41	98.00	11.94	29.83
% of Calories				8.95%		28.7%	25.6%	0.0%		57.3%		17.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

**Monday - 10/28/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990141 PIZZA STICK, PEPPERONI WG	2 STICK	60	480	9.00	1000	6	18.00	0.00	50	58.00	6.00	22.00
990134 CHICKEN, TERIYAKI	2.85 OZ	40	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00
990087 RICE, BROWN, Prepar	1/2 Cup, Prepar	40	85	0.00	4	0	0.75	0.00	0	18.00	1.00	2.00
990072 GARLIC TOAST	SLICE	25	70	0.50	95	0	2.50	0.00	0	12.00	1.00	2.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	25	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	55	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
Weighted Daily Average			706	7.56	1204	45	19.76	0.00	65	101.52	10.51	33.28
% of Calories				9.64%		25.5%	25.2%	0.0%		57.5%		18.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 10/29/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990422 CHICKEN, CORN PUPS	8 EACH	50	360	3.75	585	8	12.00	0.00	60	45.00	7.50	13.50
990253 CHEESEBURGER	SANDWICH	50	325	5.75	615	5	15.00	0.50	52	30.00	3.00	21.50
990429 KK SEASONED FRIES 3/4	3.15 OZ	60	149	0.00	253	0	4.46	0.00	0	22.33	2.98	1.49
990277 FRUIT BAR	EACH	45	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990427 MAYO, KET, MUST PCS	CONDIMENT VAR	45	79	0.02	330	8	3.53	0.00	5	12.77	0.12	0.56
Weighted Daily Average			703	5.82	1234	40	22.11	0.25	69	95.82	10.85	29.52
% of Calories				7.45%		22.8%	28.3%	0.3%		54.5%		16.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 10/30/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990118 BEEF FINGERS, BREADED	SERVING (4 EA)	40	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00
990227 CHICKEN STRIPS, BREADED	3 EA	60	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00
990071 POTATOES, DEHYDRATED MASHED 3/4 C	3/4 Cup, Prepar	50	135	0.00	555	0	2.25	0.00	0	24.00	3.00	3.00
990198 GRAVY, CHICKEN	SERVING	45	23	0.00	132	1	0.47	0.00	0	3.76	0.00	0.00
990049 ROLL, DINNER WG	ROLL	45	100	0.50	70	2	2.00	0.00	0	17.00	2.00	3.00
990199 JELLO, CHERRY	1/2 CUP	65	70	0.00	90	16	0.00	0.00	0	17.00	0.00	1.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	5	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	45	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			741	5.50	1203	45	24.97	0.00	63	93.82	9.09	35.01
% of Calories				6.68%		24.3%	30.3%	0.0%		50.6%		18.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 10/31/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990246 COTTAGE PIE	SERVINGS	50	291	3.76	838	3	17.71	0.00	41	34.43	5.86	15.19
990363 SANDWICH, BBQ PULLED PORK	SANDWICH	30	325	1.09	1384	13	7.45	0.00	55	46.01	3.00	22.36
990335 ROLL, DINNER WHITE WG	ROLL	50	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990237 COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	COOKIE	85	160	1.00	100	12	5.00	0.00	10	26.00	2.00	2.00
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	163	0.66	357	8	6.60	0.00	6	22.44	5.36	5.62
990204 MILK, CHOC FF CARTON	CARTON	10	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	65	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Oct 1, 2019 thru Oct 31, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	10	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			681	4.75	1332	46	22.19	0.00	57	102.74	11.45	27.94
% of Calories				6.28%		27.0%	29.3%	0.0%		60.3%		16.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**