

OCTOBER 2019

KPBSD HIGH SCHOOLS / MIDDLE

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

1
Cheeseburger
Corn Pups
Chicken Bacon Ranch Wrap
KK Seasoned Fries
Daily Salad, Fruit and Veggie Bar

2
Breaded Beef Sticks
Chicken Strips
Chicken Fajita Quesadilla
Mashed Potato w/Gravy
Roll -Rice Krispy Treat-Jello
Daily Salad, Fruit and Veggie Bar

3
Chicken Pasta Bake
BBQ Pulled Pork Sub
SW Pasta Salad with Roll
Cookie
Daily Salad, Fruit and Veggie Bar

4
Chicken Sandwich
Pizza
Gyro Wrap
Daily Salad, Fruit and Veggie Bar

7
Chicken Cordon Blu
French Toast w/Sausage
Philly Cheese Steak Bread
Tater Tots
Warmed Cinnamon Apples
Rice Krispy Treat
Daily Salad, Fruit and Veggie Bar

8
Cheesy Garlic Bread with
Dipping Sauce
Taco Snack
Club Hoagie
Daily Salad, Fruit and Veggie Bar

9
Sweet Chili Thai Chicken
Popcorn Chicken
French Dip
Rice
Daily Salad, Fruit and Veggie Bar

10
Nachos
Meatball Marinara Hoagie
SW Chicken Fajita Salad w/
Garlic Toast
Daily Salad, Fruit and Veggie Bar

11
Bacon Swiss Cheeseburger
Pizza
Ham & Turkey Wrap
Daily Salad, Fruit and Veggie Bar

14
Pizza
BBQ Pulled Pork Hoagie
Chicken Fajita Wrap
Daily Salad, Fruit and Veggie Bar

15
Cheeseburger
Chicken Strips
SW Pasta Salad w/Roll
Seasoned KK Fries
Daily Salad, Fruit and Veggie Bar

16
Teriyaki Chicken with Roll
Parmesan Chicken Sandwich
Ham & Turkey Hoagie
Rice w/Carrots and Peas
Spinach N Fruit Salad
Daily Salad, Fruit and Veggie Bar

17
Spaghetti
Corn Pups
Chef Salad
Garlic Toast
Daily Salad, Fruit and Veggie Bar

18
NO SCHOOL

21
Popcorn Chicken
Macaroni N Cheese
Sweet Chili Thai Chicken
Roll / Rice
Daily Salad, Fruit and Veggie Bar

22
Cheesy Garlic Bread with
Dipping Sauce
Hot Dog
Chili Cheese Sidewinders
with Garlic Toast
Cookie
Daily Salad, Fruit and Veggie Bar

23
French Toast with Sausage
Chicken Bacon Swiss Burger
Warmed Cub Hoagie
Tater Tots
Warm Cinnamon Apples
Rice Krispy Treat
Daily Salad, Fruit and Veggie Bar

24
Sloppy Joe
Pizza
SW Chicken Fajita Salad
with Roll
Daily Salad, Fruit and Veggie Bar

25
Taco Snack
French Dip
Chicken Salad Wrap
Daily Salad, Fruit and Veggie Bar

28
Pizza Stick
Teriyaki Chicken
Philly Sidewinders
Rice
Garlic Toast
Daily Salad, Fruit and Veggie Bar

29
Cheeseburger
Corn Pups
Chicken Bacon Ranch Wrap
Seasoned KK FRies
Daily Salad, Fruit and Veggie Bar

30
Breaded Beef Sticks
Chicken Strips
Chicken Fajita Quesadilla
Mashed Potato w/Gravy
Roll -Rice Krispy Treat-Jello
Daily Salad, Fruit and Veggie Bar

31
Cottage Pie with Roll
BBQ Pulled Pork Sub
SW Pasta Salad with Roll
Cookie
Daily Salad, Fruit and Veggie Bar

Get in touch with us today to learn more about
Free and Reduced priced meals within your
District. Contact school or 907-714-8832

White and Chocolate Milk Offered Daily
Menu Subject to change due to product availability
K-6 \$3.00 7-12 \$3.50 Adult Meal \$5.00 w/out Milk, Salad
Adult Salad Bar \$8.00



**MIDDLE SCHOOLS
OFFER TOP 2 ENTREES**