

# OCTOBER 2019

## KPBSD ELEMENTARY SCHOOLS

This institution is an equal opportunity provider.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1  
Pizza  
Corn  
Chilled Diced Pears  
Orange Wedges  
Milk

2  
Popcorn Chicken  
Rice  
Fresh Carrot Sticks & Pea Pods w/Dip  
Chilled Mixed Fruit  
Jello  
Milk

3  
Chicken Pasta Bake  
With Garlic Toast  
Romaine Tossed Salad with Italian Dressing  
Chilled Diced Peaches  
Apple Juice  
Milk

4  
Parmesan Chicken Sandwich  
Baked Beans  
Goldrush Juice Box  
Fresh Grapes  
Milk

7  
Macaroni & Cheese  
Seasoned Green Beans  
Warm Cinnamon Apples Slices  
Rice Krispy Treat  
Frozen Cherry Splash  
Milk

8  
Chicken Drumsticks  
Mashed Potatoes & Gravy  
Winter Mix  
Applesauce Cups  
Milk

9  
Sweet Chili Thai Chicken  
Rice  
Steamed Broccoli  
Mandarin Oranges  
Milk

10  
Nachos with Salsa  
Refried Beans  
Carrot Sticks w/ Ranch Dip  
Fresh Banana  
Milk

11  
French Toast with Sausage  
Tater Tots  
Chilled Mixed Fruit  
Cookie  
Milk

14  
Pizza  
Corn  
Chilled Mixed Fruit  
Fresh Apple  
Milk

15  
Cheeseburger  
Baked Beans  
Carrot & Celery Sticks with Ranch  
Strawberry Cup  
Milk

16  
Chicken Teriyaki with Roll  
Rice  
Steamed Broccoli  
Chilled Diced Pears  
Milk

17  
Spaghetti with Garlic Toast  
Chilled Italian Tomato & Cucumbers  
Goldrush Juice Box  
Chilled Mandarin Orange Cups  
Milk

18  
No School  
  
In-service

21  
Taco Snack with Salsa  
Refried Beans  
Seasoned KK Fries  
Chilled Diced Peaches  
Milk

22  
Cheese Stix with Dipping Sauce  
Tossed Green Salad with Ranch  
Chilled Mandarin Orange Cups  
Frozen Cherry Splash  
Milk

23  
French Toast with Sausage  
Tater Tots  
Warm Cinnamon Apple Slices  
Apple Juice  
Milk

24  
Sloppy Joe  
Carrot Sticks with Ranch  
Seasoned Green Beans  
Banana  
Milk

25  
Beef Fingers with Roll  
Mashed Potatoes & Gravy  
Winter Mix  
Strawberry Cup  
Milk

28  
Corn Pups  
Seasoned KK Fries  
Chilled Diced Peaches  
Applesauce Cup  
Milk

29  
Pizza  
Corn  
Chilled Diced Pears  
Orange Wedges  
Milk

30  
Popcorn Chicken  
Rice  
Carrot Sticks & Pea Pods with Dip  
Chilled Mixed Fruit  
Jello  
Milk

31  
Cottage Pie  
with Roll  
Romaine Tossed Salad  
with Italian Dressing  
Chilled Diced Peaches  
Apple Juice  
Milk



Get in touch with us today to learn more about Free and Reduced priced meals within your District. Contact school or 907-714-8832

**1 % Low Fat White and Nonfat Chocolate Milk Offered Daily**  
**Menu Subject to change due to product availability**  
**K-6 \$3.00 7-12 \$3.50 Adult \$5.00 w/out Milk**