

JANUARY 2020

Chapman and Ninilchik Lunch Menu

This institution is an
equal opportunity
provider.

Monday
Tuesday
Wednesday
Thursday
Friday


**No School
In-Service**

Pizza
Goldrush Juice Box
Seasoned Green Beans
Chilled Diced Pears
Milk

Popcorn Chicken
Mashed Potato with Gravy
Steamed Broccoli
Chilled Mixed Fruit
Milk
(MD/HS Roll)

Meatball Pinwheel
Seasoned KK Fries
Seasoned Corn
Chilled Diced Peaches
Milk
(MD/HS Fruitableplus)

Chicken Sandwich
Baked Beans
Fresh Carrot Sticks and Pea Pods
w/Ranch
Strawberry Cup
Milk
(MD/HS Juice)

Hot Dog
Seasoned Green Beans
Chilled Mixed Fruit
Fruitable Juice Box
Rice Krispy Treat
Milk

Grilled Cheese Sandwich
Vegetarian Chili
Applesauce Cup
Juice
Milk

Sweet Chili Thai Chicken
Rice
Steamed Broccoli
Mandarin Orange Cups
Milk
(MD/HS Fresh Apple)

Nachos with Salsa
Refried Beans
Carrot Sticks w/ Ranch Dip
Fresh Banana
Milk
(MD/HS Juice)

French Toast with Sausage
Tater Tots
Warm Cinnamon Apples Slices
Cookie
Milk

Pizza
Green Beans
Chilled Mixed Fruit
Fresh Apple
Milk

Cheeseburger
Seasoned KK Fries
Carrot & Celery Sticks w/Ranch
Strawberry Cup
Milk
(MD/HS Juice)

Parmesan Chicken Sandwich
Steamed Broccoli
Chilled Diced Pears
Juice
Milk

Lasagna with Garlic Toast
Chilled Italian Tomato & Cucumbers
Goldrush Juice Box
Chilled Mandarin Orange Cups
Milk
(MD/HS Variety Fresh Fruit)

Corn Pups
Baked Beans
Tater Tots
Fresh Grapes
Milk

Taco Snack with Salsa
Refried Beans
Seasoned KK Fries
Chilled Diced Peaches
Milk

Cheese Stix with Dipping Sauce
Spinach & Romaine Tossed
Salad with Ranch
Chilled Mandarin Orange Cups
Frozen Cherry Splash
Milk
(MD/HS Juice)

French Toast with Sausage
Tater Tots
Warm Cinnamon Apple Slices
Apple Juice
Milk
(MD/HS Honey Bun Crackers)

Sloppy Joe
Carrot Sticks with Ranch
Seasoned Green Beans
Banana
Milk

Beef Fingers with Roll
Mashed Potatoes & Gravy
Winter Mix
Strawberry Cup
Milk
(MD/HS Juice)

Get in touch with us today to learn more about
Free and Reduced priced meals within your
District. Contact school or 907-714-8832

1 % Low Fat White and Nonfat Chocolate Milk Offered Daily
Menu Subject to change due to product availability
K-6 \$3.00 7-12 \$3.50 Adult \$5.00 w/out Milk