

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

Menu Name: 6-8 of HS LUNCH

Include Cost: No

Site:

Report Style: Detailed

Monday - 08/24/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990130 CHICKEN, POPCORN WG	3.3 OZ	65	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00
990141 PIZZA STICK, PEPPERONI WG	2 STICK	35	480	9.00	1000	6	18.00	0.00	50	58.00	6.00	22.00
990482 COUSCOUS, CHICKEN & HERB GARLIC 1/2 CUP	1/2 cup	55	68	0.80	192	1	1.55	*0.00	3	12.19	1.63	1.91
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			703	6.31	1204	*39	24.05	*0.00	48	90.36	11.75	32.11
% of Calories				8.08%		*22.2%	30.8%	*0.0%		51.4%		18.3%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 08/25/2020

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	40	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99
990444 HOAGIE, BBQ MEATBALL	SERVINGS	30	393	7.50	874	6	19.33	0.00	50	36.00	2.00	15.67
990276 VEGETABLE/ SALAD BAR	SERVINGS	75	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			659	7.14	1196	*47	21.85	0.00	44	87.97	10.46	28.06
% of Calories				9.75%		*28.5%	29.8%	0.0%		53.4%		17.0%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 08/26/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990050 FRENCH TOAST STICKS	3 STICKS	50	211	2.01	291	11	9.02	0.00	105	26.07	2.00	8.02
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	50	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00
990253 CHEESEBURGER	SANDWICH	50	325	5.75	615	5	15.00	0.50	52	30.00	3.00	21.50
990155 POTATO, TATER TOTS	1/2 CUP	55	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00
990225 RICE CRISPY TREAT WG	PACKAGE	40	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	35	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	45	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			683	7.43	1003	*41	25.45	0.25	102	83.87	7.33	30.38
% of Calories				9.79%		*24.0%	33.5%	0.3%		49.1%		17.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 08/27/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990446 PINWHEEL, MEATBALL	EACH	45	340	6.00	670	3	13.00	0.00	35	40.00	3.00	19.00
990402 TACO SNACK	EACH	55	350	7.00	560	3	15.00	0.00	25	38.00	5.00	16.00
990154 SALSA, GREEN CHILI	1/4 Cup	45	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00
990037 BEANS, REFRIED 1/2 CUP	1/2 CUP	45	120	1.00	540	1	2.50	0.00	0	18.00	6.00	6.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			712	8.30	1443	*38	22.46	0.00	43	97.03	13.71	32.86
% of Calories				10.49%		*21.3%	28.4%	0.0%		54.5%		18.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 08/28/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	70	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990254 CHICKEN CORDON BLEU SANDWICH	SANDWICH	30	401	3.40	719	6	14.41	0.00	60	38.76	6.00	31.04
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			690	6.92	1014	*43	22.26	0.00	54	86.71	9.91	36.82
% of Calories				9.03%		*24.9%	29.0%	0.0%		50.3%		21.3%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

Monday - 08/31/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990473 RIBWICH BBQ	SANDWICH	50	390	6.00	940	13	19.00	0.00	50	39.00	4.00	19.00
990118 BEEF STICKS, BREADED	SERVING (4 EA)	50	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00
990335 ROLL, DINNER WHITE WG	ROLL	35	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990155 POTATO, TATER TOTS	1/2 CUP	35	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	35	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			703	7.74	1102	*41	28.92	0.00	55	83.35	8.62	28.76
% of Calories				9.91%		*23.3%	37.0%	0.0%		47.4%		16.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 09/01/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990309 CHEESE STICK, MOZZARELLA CN 2 STICKS	SERVING (2)	50	300	6.00	640	4	12.00	0.00	30	34.01	2.00	16.00

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Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990210 DIPPING SAUCE - (4 OZ)	4 OZ	40	78	1.42	429	9	2.15	0.00	0	11.23	2.16	3.99
990508 HAM N CHEESE FLATBREAD MELT	SANDWICH	50	255	2.25	605	2	7.50	0.00	38	29.00	2.00	18.50
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	40	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			610	5.92	1222	*39	17.72	0.00	46	83.93	8.88	31.26
% of Calories				8.73%		*25.6%	26.1%	0.0%		55.0%		20.5%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 09/02/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	40	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00
990051 RICE, FRIED VEG.	CUP	40	270	0.00	440	3	2.50	0.00	0	54.00	4.00	6.00
990120 CHICKEN, CORN PUPS	6 EACH	60	270	3.50	410	5	12.00	0.00	40	30.00	5.00	10.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			615	3.40	996	*44	14.88	0.00	56	92.76	9.82	26.41
% of Calories				4.98%		*28.6%	21.8%	0.0%		60.3%		17.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 09/03/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990227 CHICKEN STRIPS, BREADED	3 EA	50	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00
990252 CHICKEN SANDWICH BREADED SECONDARY	SANDWICH	50	340	1.50	540	5	11.00	0.00	45	38.00	6.00	25.00
990482 COUSCOUS, CHICKEN & HERB GARLIC 1/2 CUP	1/2 cup	50	68	0.80	192	1	1.55	*0.00	3	12.19	1.63	1.91
990428 KK SEASONED FRIES 1/2	2.1 OZ	45	99	0.00	169	0	2.98	0.00	0	14.88	1.98	0.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			702	3.27	1129	*38	21.10	*0.00	66	90.63	11.47	38.71
% of Calories				4.19%		*21.7%	27.1%	*0.0%		51.6%		22.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 09/04/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	60	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990294 CHICKEN FAJITA QUESADILLA	EACH	40	472	7.45	1183	2	15.39	0.00	61	54.18	2.00	25.63
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	45	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			718	8.48	1201	*40	23.00	0.00	58	91.26	8.61	35.66
% of Calories				10.63%		*22.3%	28.8%	0.0%		50.8%		19.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 09/08/2020

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990298 FRENCH DIP	SANDWICH	50	325	6.25	788	4	15.43	0.50	45	29.50	2.32	19.00
990301 CHICKEN BACON SWISS SANDWICH	SANDWICH	50	410	3.75	708	6	16.00	0.00	60	38.50	6.00	31.00
990428 KK SEASONED FRIES 1/2	2.1 OZ	25	99	0.00	169	0	2.98	0.00	0	14.88	1.98	0.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			703	6.00	1245	*40	23.20	0.25	64	88.30	10.67	38.06
% of Calories				7.68%		*22.8%	29.7%	0.3%		50.2%		21.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 09/09/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	85	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990283 MEATBALL MARINARA HOAGIE (w/DIPPING SAUCE)	EACH	15	440	9.98	754	7	23.44	0.00	58	33.62	3.08	21.20
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76

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Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	60	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	15	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			688	8.60	973	*43	24.11	0.00	50	84.28	9.03	33.84
% of Calories				11.25%		*25.0%	31.5%	0.0%		49.0%		19.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 09/10/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990389 CHICKEN, THAI SWEET CHILI	SERVINGS	40	151	0.50	442	11	3.01	0.00	60	15.05	0.00	15.05
990460 CHICKEN, EGG ROLL 2 ea	2 EGG ROLL	60	320	3.00	780	4	10.00	0.00	60	40.00	6.00	18.00
990052 RICE, FRIED VEG.	1/2 CUP	95	135	0.00	220	2	1.25	0.00	0	27.00	2.00	3.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			691	3.00	1309	*44	15.13	0.00	71	106.25	11.51	32.48
% of Calories				3.91%		*25.5%	19.7%	0.0%		61.5%		18.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 09/11/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990050 FRENCH TOAST STICKS	3 STICKS	70	211	2.01	291	11	9.02	0.00	105	26.07	2.00	8.02
990216 PORK, SAUSAGE LINKS, COOKED @2	LINKS	70	100	3.00	170	0	7.00	0.00	25	0.00	0.00	7.00
990258 SUB, PHILLY STEAK	SANDWICH	30	433	9.08	726	5	23.17	0.56	54	35.08	3.55	25.80
990494 HASHBROWN COINS @ 2	SERVING @2	45	90	0.00	190	0	2.50	0.00	0	15.00	0.00	1.00
990225 RICE CRISPY TREAT WG	PACKAGE	30	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	45	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			719	7.82	1074	*44	27.26	0.17	120	87.56	8.33	31.77
% of Calories				9.79%		*24.5%	34.1%	0.2%		48.7%		17.7%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Monday - 09/14/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	50	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990120 CHICKEN, CORN PUPS	6 EACH	50	270	3.50	410	5	12.00	0.00	40	30.00	5.00	10.00
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	60	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	15	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			638	6.40	893	*44	21.02	0.00	50	84.53	10.31	28.39
% of Calories				9.03%		*27.6%	29.7%	0.0%		53.0%		17.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 09/15/2020

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990391 GARLIC CHEESY BREAD W/ DIPPING SAUCE	BREAD	35	418	9.42	979	12	18.15	0.00	40	40.23	4.16	22.99
990304 SWISS BACON BURGER	SANDWICH	65	360	6.75	678	6	18.00	0.50	60	29.50	3.00	24.00
990428 KK SEASONED FRIES 1/2	2.1 OZ	45	99	0.00	169	0	2.98	0.00	0	14.88	1.98	0.99
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	65	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	30	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			735	8.76	1309	*43	26.26	0.32	65	90.04	10.31	36.90
% of Calories				10.73%		*23.4%	32.2%	0.4%		49.0%		20.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 09/16/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	50	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00
990460 CHICKEN, EGG ROLL 2 ea	2 EGG ROLL	50	320	3.00	780	4	10.00	0.00	60	40.00	6.00	18.00
990052 RICE, FRIED VEG.	1/2 CUP	50	135	0.00	220	2	1.25	0.00	0	27.00	2.00	3.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	40	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			646	3.33	1182	*48	15.11	0.00	69	96.55	11.41	31.36
% of Calories				4.64%		*29.7%	21.1%	0.0%		59.8%		19.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 09/17/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990471 BURRITO SW	BURRITO	50	298	3.14	470	2	9.47	0.00	16	41.48	9.48	16.03
990252 CHICKEN SANDWICH BREADED SECONDARY	SANDWICH	50	340	1.50	540	5	11.00	0.00	45	38.00	6.00	25.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990154 SALSA, GREEN CHILI	1/4 Cup	25	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00
Weighted Daily Average			630	3.25	1044	*39	16.85	0.00	41	90.67	14.25	32.93
% of Calories				4.64%		*24.8%	24.1%	0.0%		57.6%		20.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 09/18/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990473 RIBWICH BBQ	SANDWICH	50	390	6.00	940	13	19.00	0.00	50	39.00	4.00	19.00
990118 BEEF STICKS, BREADED	SERVING (4 EA)	50	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00
990043 POTATOES, DEHYDRATED MASHED 1/2 C	1/2 Cup, Prepar	45	90	0.00	370	0	1.50	0.00	0	16.00	2.00	2.00
990350 GRAVY, BEEF LS	OZ	45	9	0.00	64	0	2.25	0.00	0	1.80	0.00	0.00
990335 ROLL, DINNER WHITE WG	ROLL	40	70	0.25	125	2	1.00	0.00	0	13.00	1.00	2.00
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	5	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	45	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			745	7.90	1303	*41	30.83	0.00	58	90.39	10.81	31.01
% of Calories				9.54%		*22.0%	37.2%	0.0%		48.5%		16.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Monday - 09/21/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	75	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990491 FLATBREAD, PHILLY STEAK	FLATBREAD	25	273	4.29	391	3	11.01	0.03	17	30.82	3.21	13.10
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			657	7.32	920	*43	21.49	0.01	42	84.54	9.07	31.83
% of Calories				10.03%		*26.2%	29.4%	0.0%		51.5%		19.4%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 09/22/2020

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990456 MOZZARELLA CHEESE STICKS	5 STICKS	50	376	7.11	417	1	18.29	0.00	25	35.57	3.05	19.31
990210 DIPPING SAUCE - (4 OZ)	4 OZ	30	78	1.42	429	9	2.15	0.00	0	11.23	2.16	3.99
990444 HOAGIE, BBQ MEATBALL	SERVINGS	50	393	7.50	874	6	19.33	0.00	50	36.00	2.00	15.67
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			690	8.56	1176	*40	25.01	0.00	48	86.07	8.39	30.30
% of Calories				11.17%		*23.2%	32.6%	0.0%		49.9%		17.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 09/23/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990050 FRENCH TOAST STICKS	3 STICKS	45	211	2.01	291	11	9.02	0.00	105	26.07	2.00	8.02
990475 SAUSAGE PATTY	PATTY	45	120	3.80	180	0	94.00	0.00	26	1.00	0.00	6.00
990483 BREAKFAST MUFFIN EGG,SAUSAGE & CHEESE	SANDWICH	55	307	5.44	623	1	99.53	0.00	131	23.40	1.00	16.76

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990494 HASHBROWN COINS @ 2	SERVING @2	65	90	0.00	190	0	2.50	0.00	0	15.00	0.00	1.00
990225 RICE CRISPY TREAT WG	PACKAGE	45	99	0.99	49	7	2.47	0.00	0	15.78	0.00	0.99
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			697	6.87	1102	*42	109.38	0.00	141	87.54	6.52	28.19
% of Calories				8.87%		*24.1%	141.2%	0.0%		50.2%		16.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Thursday - 09/24/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990130 CHICKEN, POPCORN WG	3.3 OZ	50	250	2.50	380	1	14.00	0.00	25	15.00	3.00	15.00
990227 CHICKEN STRIPS, BREADED	3 EA	50	285	2.25	465	0	13.50	0.00	60	16.50	1.50	24.00
990468 BISCUIT STICK	STICK	85	110	3.00	370	1	5.00	0.00	0	13.00	0.00	2.00
990043 POTATOES, DEHYDRATED MASHED 1/2 C	1/2 Cup, Prepar	60	90	0.00	370	0	1.50	0.00	0	16.00	2.00	2.00
990198 GRAVY, CHICKEN	SERVING 2 OZ	60	23	0.00	132	1	0.47	0.00	0	3.76	0.00	0.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990277 FRUIT BAR	EACH	50	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	35	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			680	6.03	1374	*32	24.29	0.00	54	79.58	7.72	33.58
% of Calories				7.98%		*18.8%	32.1%	0.0%		46.8%		19.8%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 09/25/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990253 CHEESEBURGER	SANDWICH	70	325	5.75	615	5	15.00	0.50	52	30.00	3.00	21.50
990254 CHICKEN CORDON BLEU SANDWICH	SANDWICH	30	401	3.40	719	6	14.41	0.00	60	38.76	6.00	31.04
990035 BEANS, BAKED 1/2 CUP	1/2 CUP	40	140	0.00	550	12	1.00	0.00	0	29.00	5.00	6.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			715	6.04	1321	*45	21.96	0.35	66	94.81	11.91	39.57
% of Calories				7.60%		*25.2%	27.6%	0.4%		53.0%		22.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Monday - 09/28/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990473 RIBWICH BBQ	SANDWICH	45	390	6.00	940	13	19.00	0.00	50	39.00	4.00	19.00
990118 BEEF STICKS, BREADED	SERVING (4 EA)	55	350	7.00	320	1	24.00	0.00	40	19.00	3.00	14.00
990468 BISCUIT STICK	STICK	40	110	3.00	370	1	5.00	0.00	0	13.00	0.00	2.00
990155 POTATO, TATER TOTS	1/2 CUP	45	130	1.00	190	0	7.00	0.00	0	15.00	1.00	1.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	45	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			758	9.10	1241	*41	32.58	0.00	55	87.51	9.12	29.51
% of Calories				10.80%		*21.6%	38.7%	0.0%		46.2%		15.6%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Tuesday - 09/29/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990309 CHEESE STICK, MOZZARELLA CN 2 STICKS	SERVING (2)	55	300	6.00	640	4	12.00	0.00	30	34.01	2.00	16.00
990210 DIPPING SAUCE - (4 OZ)	4 OZ	40	78	1.42	429	9	2.15	0.00	0	11.23	2.16	3.99
990471 BURRITO SW	BURRITO	45	298	3.14	470	2	9.47	0.00	16	41.48	9.48	16.03
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	50	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	10	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	40	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990154 SALSA, GREEN CHILI	1/4 Cup	30	20	0.00	360	2	0.00	0.00	0	4.00	2.00	0.00
Weighted Daily Average			640	6.58	1272	*41	18.96	0.00	37	91.30	12.84	30.42
% of Calories				9.25%		*25.6%	26.7%	0.0%		57.1%		19.0%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Wednesday - 09/30/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990134 CHICKEN, TERIYAKI	2.85 OZ	40	146	1.00	414	14	2.50	0.00	53	14.00	0.00	15.00
990460 CHICKEN, EGG ROLL 2 ea	2 EGG ROLL	60	320	3.00	780	4	10.00	0.00	60	40.00	6.00	18.00
990052 RICE, FRIED VEG.	1/2 CUP	90	135	0.00	220	2	1.25	0.00	0	27.00	2.00	3.00
990277 FRUIT BAR	EACH	55	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK, LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			683	3.20	1287	*45	14.86	0.00	69	104.48	11.41	32.31
% of Calories				4.22%		*26.4%	19.6%	0.0%		61.2%		18.9%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

Thursday - 10/01/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990120 CHICKEN, CORN PUPS	6 EACH	60	270	3.50	410	5	12.00	0.00	40	30.00	5.00	10.00
990451 GRILLED CHEESE	SANDWICH	40	280	5.56	581	6	9.91	0.00	32	30.96	3.00	18.55
990428 KK SEASONED FRIES 1/2	2.1 OZ	60	99	0.00	169	0	2.98	0.00	0	14.88	1.98	0.99
990277 FRUIT BAR	EACH	75	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	55	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	70	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	25	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			665	5.33	1035	*45	19.75	0.00	48	95.00	12.00	26.98
% of Calories				7.21%		*27.1%	26.7%	0.0%		57.1%		16.2%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

Friday - 10/02/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990112 PIZZA, CHEESE 16"	SLICE	75	370	7.00	490	9	16.00	0.00	35	35.00	3.00	21.00
990432 WRAP, CHICKEN FAJITA	WRAP	25	514	8.13	1370	2	19.28	0.00	68	55.25	2.23	25.97

Base Menu Spreadsheet

Portion Values

Aug 24, 2020 thru Oct 2, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990277 FRUIT BAR	EACH	65	102	0.02	3	21	0.28	0.00	0	25.52	2.98	0.76
990276 VEGETABLE/ SALAD BAR	SERVINGS	65	238	0.98	464	*9	10.61	0.00	9	30.18	7.95	7.99
990204 MILK, CHOC FF CARTON	CARTON	75	130	0.00	230	22	0.00	0.00	5	23.00	0.00	8.00
990205 MILK,LOW FAT WHITE CARTON	CARTON	20	110	1.50	125	12	2.50	0.00	10	13.00	0.00	8.00
990207 UHT MILK CARTON LF	CARTON	5	100	1.50	110	12	2.50	0.00	12	12.00	0.00	8.00
Weighted Daily Average			752	8.31	1217	*46	24.52	0.00	55	96.72	9.91	35.93
% of Calories				9.95%		*24.5%	29.3%	0.0%		51.4%		19.1%
Weekly Nutrient Guideline			600 - 700	<10	1360		<=0					

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	687	6	1165	*42	25.32	*0.05	61	90.14	10.21	32.29
% of Calories		8.46%		*24.5%	33.2%	*0.1%		52.5%		18.8%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.