

## Kenai Peninsula School District

### Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990413	CARROT STIX & PEA PODS 1 CUP	
990391	GARLIC CHEESY BREAD W/ DIPPING SAUCE	Milk, Soy, Wheat
990427	MAYO, KET, MUST PCS	Egg, Soy
990519	MCMUFFIN EGG & CHEESE	Egg, Milk, Soy, Wheat
990517	MCMUFFIN SAUSAGE & CHEESE	Milk, Soy, Wheat
990547	APPLE JAMMER STICK	
990404	APPLE SLICES CANNED 1 C	
990403	APPLE SLICES CANNED 1/2	
990316	APPLES,RAW,WITH SKIN 163 CT.	
990162	APPLESAUCE SINGLE SERVE CUP, PLAIN	
990159	APPLESAUCE, UNSWEETENED CANNED	
990160	APPLESAUCE, UNSWEETENED CANNED	
990161	APPLESAUCE, UNSWEETENED CANNED	
990457	BABY CARROTS & CELERY STICKS 1/2 c	
990458	BABY CARROTS & CELERY STICKS 3/4	
990357	BABY CARROTS & PEA PODS 1 CUP	
990358	BABY CARROTS & PEA PODS 3/4 CUP	
990553	BACON, FULLY COOKED	
990492	Baked Potato Ham,Cheese	Milk, Soy
990077	BANANA BREAD, SLICE	Egg, Soy, Wheat
990187	BANANAS,RAW	
990500	BAR, BERRY APPLE CRISP	Soy, Wheat
990078	BAR, COCOA CHIP BENEFIT	Egg, Milk, Soy, Wheat
990338	BASE, CHICKEN LOW SODIUM	Soy
990443	BBQ MEATBALLS	Milk, Soy, Wheat
990065	BEANS GREEN , LOW SODIUM, CANNED 1 CUP	
990040	BEANS GREEN , LOW SODIUM, CANNED 1/2 CUP	
990064	BEANS GREEN , LOW SODIUM, CANNED 3/4 CUP	
990054	BEANS, BAKED 1 CUP	
990035	BEANS, BAKED 1/2 CUP	
990055	BEANS, BAKED 3/4 CUP	
990057	BEANS, BLACK LS 1 CUP	
990036	BEANS, BLACK LS 1/2 CUP	
990056	BEANS, BLACK LS 3/4 CUP	
990059	BEANS, REFRIED 1 CUP	
990037	BEANS, REFRIED 1/2 CUP	
990546	BEANS, REFRIED 1/4 CUP	
990058	BEANS, REFRIED 3/4 CUP	
990109	BEEF CRUMBLES, COOKED USDA	Soy
990359	BEEF HOT DOG SANDWICH	Wheat
990110	BEEF PATTY, COOKED USDA	

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990118	BEEF STICKS, BREADED	Soy, Wheat
990123	BEEF, HOT DOG 6"	
990113	BEEF, MEATBALLS	Milk, Wheat
990127	BEEF, PHILLY STEAK STRIPS	Soy
990131	BEEF, RAVIOLI	Milk, Soy, Wheat
990536	BEEF, TERIYAKI DIPPERS	Soy, Wheat
990572	BEEF, TERIYAKI DIPPERS 6 PIECE	Soy, Wheat
990541	BENEFIT BANANA CHOC CHUNK	Egg, Milk, Soy, Wheat
990468	BISCUIT STICK	Egg, Milk, Soy, Wheat
990234	BLUEBERRY MUFFIN	Egg, Soy, Wheat
990528	BLUEBERRY, FROZEN	
990045	BREAD STICK WG	Egg, Milk, Soy, Wheat
990091	BREAD, GF WHITE	Egg
990060	BROCCOLI, FROZEN CUTS 1 c	
990038	BROCCOLI, FROZEN CUTS 1/2 c	
990061	BROCCOLI, FROZEN CUTS 3/4 c	
990039	BROCCOLI, FROZEN, NO SALT FROZEN 1 c	
990062	BROCCOLI, FROZEN, NO SALT FROZEN 110473 1/2 c	
990063	BROCCOLI, FROZEN, NO SALT FROZEN 110473 3/4 c	
990271	BROCCOLI, RAW FRESH	
990327	BROCCOLI, RAW FRESH	
990545	BROCCOLI, RAW FRESH 1/2	
990075	BUN, HAMBURGER	Wheat
990076	BUN, HOT DOG	Wheat
990046	BUNNY GRAHAMS, ANNIE'S	Soy, Wheat
990304	BURGER, BACON CHEESEBURGER	Milk, Soy, Wheat
990301	BURGER, CHICKEN BACON CHEESE	Milk, Soy, Wheat
990252	BURGER, CHICKEN BREADED SECONDARY	Soy, Wheat
990349	BURGER, CHICKEN ELEMENTARY	Soy, Wheat
990471	BURRITO SW	Milk, Soy, Wheat
990533	BURRITO WG CHEESE& BEAN	Milk, Soy, Wheat
990344	BUTTERMILK 1 % , LOWFAT	Milk
990412	CARROT STIX & PEA PODS 3/4 CUP	
990396	CARROTS & CELERY STICKS 3 OF EA	
990195	CARROTS, BABY FRESH	
990196	CARROTS, BABY FRESH	
990197	CARROTS, BABY FRESH	
990394	CARROTS,STICKS 3EA	
990397	CARROTS,STICKS 6 EA	
990485	CARROTS,STICKS 9 EA	
990395	CELERY,STICKS 3 EA	
990097	CEREAL BOWL, COCOA PUFF 25%LS	
990484	CEREAL, CHERRIOS GF	
990082	CEREAL, CINN. TOAST CRUNCH	Soy, Wheat

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990101	CEREAL, GF HONEY NUT CHEX	
990561	CEREAL, HONEY BUNCHES OF OATS BOWL	Wheat
990562	CEREAL, MARSHMALLOW MATEYS BOWL	Wheat
990099	CEREAL, MINI WHEATS CHOC	Soy, Wheat
990465	CHEERIOS GF	
990328	CHEESE SAUCE, CHEDDAR 1.5 OZ	Milk
990329	CHEESE SAUCE, CHEDDAR 2 OZ	Milk
990261	CHEESE SAUCE, CHEDDAR 3 OZ	Milk
990233	CHEESE STICK, MOZZARELLA CN 1 STICK	Milk, Soy, Wheat
990309	CHEESE STICK, MOZZARELLA CN 2 STICKS	Milk, Soy, Wheat
990407	CHEESE STICKS	Egg, Milk, Soy, Wheat
990321	CHEESE, CHEDDAR, YELLOW, REDUCED FAT, SHREDDED	Milk
990333	CHEESE, MOZZ SHREDDED	Milk
990085	CHEESE, SLICED CHEDDAR RS/RF	Milk, Soy
990330	CHEESE, SLICED CHEDDAR RS/RF	Milk, Soy
990361	CHEESE, STRING STICK	Milk
990352	CHEESEBURGER	Milk, Soy, Wheat
990523	CHEESY REFRIED BEANS @ 1 CUP	Milk
990521	CHEESY REFRIED BEANS @ 1/2 CUP	Milk
990522	CHEESY REFRIED BEANS @ 3/4 CUP	Milk
990286	CHEESY BREAD W/ DUNKER SAUCE ELEM.	Milk, Soy, Wheat
990231	CHEESY BREAD W/ DUNKER SAUCE SECONDARY	Milk, Soy, Wheat
990540	CHEX MIX STRAWBERRY	Milk, Soy, Wheat
990254	CHICKEN CORDON BLEU SANDWICH	Milk, Soy, Wheat
990470	CHICKEN DRUMSTICK BREADED	Wheat
990544	CHICKEN ENCHILADA EMPANADA	Milk, Soy, Wheat
990294	CHICKEN FAJITA QUESADILLA	Milk, Wheat
990227	CHICKEN STRIPS, BREADED	Soy, Wheat
990339	CHICKEN, 1/2" DICED MEAT	
990114	CHICKEN, BREADED PATTY ELEM	Soy, Wheat
990115	CHICKEN, BREADED PATTY SEC	Soy, Wheat
990117	CHICKEN, BREADED PIECES, BONE-IN	Wheat
990144	CHICKEN, BREADED PIECES, BONE-IN	Wheat
990145	CHICKEN, BREADED PIECES, BONE-IN	Wheat
990120	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990142	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990143	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990506	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990121	CHICKEN, EGG ROLL	Egg, Milk, Soy, Wheat
990108	CHICKEN, FAJITA STRIPS	
990130	CHICKEN, POPCORN WG	Soy, Wheat
990251	CHICKEN, SWEET N SOUR	Egg, Fish, Soy, Wheat
990311	CHICKEN, SWEET N SOUR W/ RICE SEC	Egg, Fish, Soy, Wheat
990134	CHICKEN, TERIYAKI	Soy, Wheat

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990188	CHICKEN, TERIYAKI GF	Soy
990355	CHILI WITH BEANS	Soy
990556	CHILI, VEGETARIAN 3/4 C	
990094	CHIPS, YELLOW TORTILLA TRIANGLES	
990406	CINNAMON APPLES, BAKED	
990420	CINNAMON APPLES, BAKED 1 Cup	
990542	CINNAMON BUN, BAKED	Egg, Milk, Soy, Wheat
990548	CINNAMON BUN, BAKED ULTRA	Egg, Milk, Soy, Wheat
990524	CINNAMON SWIRL BUN	Egg, Milk, Soy, Wheat
990366	COOKIE, (OTIS SPUNKMEYER)2 EA CHOC CHIP	Egg, Milk, Soy, Wheat
990237	COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	Egg, Milk, Soy, Wheat
990069	CORN KERNEL 1/2 C	
990068	CORN KERNEL 3/4 C	
990067	CORN KERNEL 1 C	
990481	COUSCOUS, CHICKEN & HERB GARLIC	
990482	COUSCOUS, CHICKEN & HERB GARLIC 1/2 CUP	
990467	COWBOY CASSEROLE	Milk, Soy
990163	CRANBERRIES,DRIED, INDIVIDUAL	
990222	CRANBERRY, WHOLE DRIED	
990262	CREAM CHEESE SPREAD/ RANCH	Milk
990511	CUCUMBER ,TOMATO, CARROT SALAD	Soy, Wheat
990224	CUCUMBER AND TOMATO SALAD	Soy, Wheat
990272	CUCUMBER AND TOMATO SALAD	Soy, Wheat
990250	CUCUMBER SAUCE	Egg, Milk, Soy
990226	CUTTIE/ MANDARIN ORANGE	
990489	DIPPING SAUCE	Milk
990209	DIPPING SAUCE	Milk
990518	EGG PATTY, SCRAMBLED & GRILLED	Egg, Milk, Soy
990551	FIESTA CORN	
990390	FRENCH BREAD, MULTI CHEESE GARLIC	Milk, Soy, Wheat
990532	FRENCH BREAD, MULTI CHEESE GARLIC	Milk, Soy, Wheat
990298	FRENCH DIP	Milk, Soy, Wheat
990050	FRENCH TOAST STICKS	Egg, Milk, Soy, Wheat
990305	FRENCH TOAST STICKS	Egg, Milk, Soy, Wheat
990354	FRENCH TOAST STICKS SECONDARY	Egg, Milk, Soy, Wheat
990558	FRENCH TOAST STICKS SECONDARY (5)	Egg, Milk, Soy, Wheat
990021	FRUIT AND ALMOND CRUMBLE	
990277	FRUIT BAR	
990032	FRUITABLE , GOLD RUSH	
990072	GARLIC TOAST	Egg, Milk, Soy, Wheat
990073	GARLIC TOAST -2	Egg, Milk, Soy, Wheat
990184	GRAPES FRESH	
990185	GRAPES FRESH	
990186	GRAPES FRESH	

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990350	GRAVY, BEEF LS PREPARED	Milk, Soy, Wheat
990198	GRAVY, CHICKEN	Milk, Soy
990451	GRILLED CHEESE	Milk, Soy, Wheat
990452	GRILLED CHEESE 1/2 SANDWICH	Milk, Soy, Wheat
990478	GRILLED EGG PATTY	Egg, Milk
990122	HAM, SLICED	
990353	HAMBURGER ON BUN	Wheat
990513	HASH BROWN COINS .75	
990514	HASH BROWN COINS 1 C	
990512	HASH BROWN COINS 2 EA	
990494	HASHBROWN COINS @ 2	
990496	HASHBROWN COINS @ 3	
990495	HASHBROWN COINS @ 4	
990421	HOAGIE HOT BEEF WITH GRAVY	Milk, Soy, Wheat
990554	HOAGIE ROLL WG OVEN FRESH	Wheat
990322	HOAGIE, BEEF BBQ	Soy, Wheat
990570	HOAGIE, CLUB	Milk, Soy, Wheat
990449	HOAGIE, HAM & TURKEY	Milk, Soy, Wheat
990367	HOAGIE, HOT HAM & CHEESE	Milk, Soy, Wheat
990520	HOAGIE, PHILLY STEAK	Milk, Soy, Wheat
990539	HONEYBUN GLAZED	Egg, Soy, Wheat
990469	HUMMUS (MMA)	
990041	HUMMUS (VEG)	
990029	ITALIAN DRESSING	
990567	ITALIAN DRESSING USDA E-15	
990337	ITALIAN DRY DRESSING MIX PREPARED	Soy, Wheat
990284	ITALIAN DUNKER SAUCE ELEMENTARY	Milk, Soy
990285	ITALIAN DUNKER SAUCE SECONDARY	Milk, Soy
990463	ITALIAN MEAT SAUCE W/BOW TIE PASTA	Egg, Soy, Wheat
990199	JELLO, CHERRY	
990200	JUICE, APPLE	
990239	JUICE, ORANGE	
990550	KETCHUP LOW SODIUM PCS	
990181	KIWI, FRESH	
990430	KK SEASONED FRIES 1 C	Soy
990428	KK SEASONED FRIES 1/2	Soy
990429	KK SEASONED FRIES 3/4	Soy
34	LETTUCE & TOMATO:1 leaf,2 slice	
990194	LETTUCE,ICEBERG (INCL CRISPHEAD TYPES),RAW	
990431	MAC AND CHEESE CAMPBELL	Egg, Milk, Wheat
990440	MACARONI N CHEESE CN 1 CUP	Egg, Milk, Wheat
990165	MANDARIN ORANGE, CANNED	
990166	MANDARIN ORANGE, CANNED	
990167	MANDARIN ORANGE, CANNED	

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990439	MANDARIN ORANGE,SINGLE SERVE	
990332	MANWICH (SECONDARY)	Soy, Wheat
990191	MANWICH ELEMENTARY	Soy, Wheat
990433	MARINARA SAUCE CANNED w/PARMESAN CHEESE	Milk
990483	MCMUFFIN EGG, SAUSAGE & CHEESE	Egg, Milk, Soy, Wheat
990320	MEATBALL MARINARA HOAGIE (CANNED SAUCE)	Milk, Wheat
990283	MEATBALL MARINARA HOAGIE (w/DIPPING SAUCE)	Milk, Wheat
990202	MILK , LF 1/2 GALLON CHOCOLATE POURED	Milk
990204	MILK, CHOC FF CARTON	Milk
990206	MILK, LF 1/2 GALLON WHITE	Milk
990208	MILK, LF 1/2 GALLON WHITE (6 OZ)	Milk
990345	MILK, SOY ULTRA	Soy
990346	MILK,LACTOSE FREE FF	Milk
990205	MILK,LOW FAT WHITE CARTON	Milk
990515	MIXED BERRY CUP, FROZEN	
990177	MIXED FRUIT COCKTAIL	
990178	MIXED FRUIT COCKTAIL	
990179	MIXED FRUIT COCKTAIL	
990456	MOZZARELLA CHEESE STICKS	Milk, Wheat
990464	MOZZARELLA CHEESE STICKS Elem	Milk, Wheat
990265	NACHO MEAT	Soy
990267	NACHO'S ELEM	Milk, Soy
990266	NACHO'S SEC	Milk, Soy
990180	ORANGE	
990563	ORANGE MEDLEY JUICE	
990398	PANCAKE, STRAWBERRY MINI	Egg, Milk, Wheat
990530	PARFAIT, BLUEBERRY	Milk
990527	PARFAIT, TRIPLEBERRY	Milk
990347	PASTA, LASAGNA SHEETS FRZ PRECOOKED	Egg, Wheat
990092	PASTA, SPAGHETTI NESTS FRZ PRECOOKED	Wheat
990535	PASTA, SPAGHETTI WG SHORT CUT PRECOOKED	Egg, Wheat
990125	PB&J SANDWICH, GRAPE WG	Peanut, Soy, Wheat
990171	PEACHES DICED EXTRA LIGHT SYRUP	
990172	PEACHES DICED EXTRA LIGHT SYRUP	
990173	PEACHES DICED EXTRA LIGHT SYRUP	
990174	PEARS, DICED EXTRA LIGHT SYRUP	
990175	PEARS, DICED EXTRA LIGHT SYRUP	
990176	PEARS, DICED EXTRA LIGHT SYRUP	
990182	PEARS,RAW	
990423	PEAS & CARROTS, 1 CUP	
990424	PEAS & CARROTS, 3/4 C	
990331	PEAS & CARROTS,1/2 C	
990273	PEAS,EDIBLE-PODDED,RAW	
990274	PEAS,EDIBLE-PODDED,RAW	

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990474	PEAS,PODS RAW & CELERY STICKS	
990486	PEAS,PODS RAW & CELERY STICKS 1/2	
990126	PEPPERONI, SLICED	
990042	PEPPERS AND ONIONS, ROASTED 1/2 c	
990066	PEPPERS AND ONIONS, ROASTED 1/4 c	
990310	PHILLY STEAK CHEESE BREAD	Milk, Soy, Wheat
990437	PICKLES, DILL BANQUET SLICED	
990479	PINEAPPLE DRIED	
990168	PINEAPPLE TIDBITS,NAT JUICE	
990169	PINEAPPLE TIDBITS,NAT JUICE	
990170	PINEAPPLE TIDBITS,NAT JUICE	
990446	PINWHEEL, MEATBALL	Egg, Milk, Soy, Wheat
990487	PIZZA 4 MEAT 1/8 CUT	Milk, Soy, Wheat
990436	PIZZA BURGER	Milk, Soy, Wheat
990128	PIZZA STICK, PEPPERONI WG	Milk, Wheat
990141	PIZZA STICK, PEPPERONI WG	Milk, Wheat
990190	PIZZA, BREAKFAST TURKEY SAUSAGE	Milk, Soy, Wheat
990112	PIZZA, CHEESE 16"	Milk, Soy, Wheat
990137	PIZZA, CHEESE 4X6 WG	Milk, Soy, Wheat
990526	POPCORN CHICKEN WG COM	Milk, Soy, Wheat
990111	PORK, BBQ RIB PATTY	Milk, Soy, Wheat
990133	PORK, SAUSAGE LINKS, COOKED	
990216	PORK, SAUSAGE LINKS, COOKED @2	
990382	POTATO, SEWINDERS	
990383	POTATO, SEWINDERS	
990384	POTATO, SEWINDERS	
990155	POTATO, TATER TOTS	
990156	POTATO, TATER TOTS	
990157	POTATO, TATER TOTS	
990565	POTATOES, MASHED INSTANT PREPARED 1 CUP	Milk, Soy
990564	POTATOES, MASHED INSTANT PREPARED 1/2 CUP	Milk, Soy
990566	POTATOES, MASHED INSTANT PREPARED 3/4 CUP	Milk, Soy
990560	QUESADILLA, WG CHICKEN & CHEESE	Egg, Milk, Soy, Wheat
990031	RANCH DRESSING SCRATCH	
990221	RANCH SALAD DRESSING PREPARED	Egg, Milk, Soy
990260	RF SWISS CHEESE	Milk
990473	RIBWICH BBQ	Milk, Soy, Wheat
990225	RICE CRISPY TREAT WG	Milk, Soy
990375	RICE, BROWN,	
990087	RICE, BROWN,	
990228	RICE, BROWN,	
990229	RICE, BROWN,	
990051	RICE, FRIED VEG.	Soy, Wheat
990052	RICE, FRIED VEG.	Soy, Wheat

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990053	RICE, FRIED VEG.	Soy, Wheat
990419	RICE, WITH PEAS N CARROTS	
990049	ROLL, DINNER WG	Egg, Milk, Soy, Wheat
990335	ROLL, DINNER WHITE WG	Milk, Wheat
990336	ROLL, DINNER WHITE WG @2	Milk, Wheat
990088	ROTINI TRI-COLOR NOODLES	Wheat
990306	SALAD, CHEF	Egg, Milk, Soy
990220	SALAD, ROMAINE TOSSED	
990291	SALAD, SW CHICKEN FAJITA FRESH VEG	Egg, Milk, Soy
990290	SALAD, SW CHICKEN FAJITA GRILLED VEG	Egg, Milk, Soy
990287	SALAD, SW CHICKEN PASTA	Milk, Wheat
990293	SALAD, TACO	Milk, Soy
990282	SALSA RANCH DRESSING	Egg, Milk, Soy
990154	SALSA, GREEN CHILI	
990107	SANDWICH, PB&J STRAWBERRY WG	Peanut, Soy, Wheat
990531	SANDWICH, WG, GRILLED CHEESE	Milk, Soy, Wheat
990373	SANTA FE CHICKEN	Milk
990475	SAUSAGE PATTY	
990408	SLOPPY JOE	Soy, Wheat
990411	SLOPPY JOE SECONDARY	Soy, Wheat
990455	SOFT PRETZEL	Wheat
990392	Southwest Chicken Taco Wrap	Egg, Soy
990466	SPAGHETTI AND MEAT SAUCE	Egg, Soy, Wheat
990448	SPRING BLEND VEGETABLE	
990502	SPRING BLEND VEGETABLE 1 CUP	
990503	SPRING BLEND VEGETABLE 3/4 CUP	
990164	STRAWBERRIES, DICED, CUP, FROZEN	
990480	SUNFLOWER SEEDS HONEY ROASTED	
990217	SYRUP CUP, SMUCKER'S	
990211	TACO MEAT	Soy
990212	TACO MEAT W/ BLACK BEANS	Soy
990247	TACO SEASONING (SCRATCH) BULK	
990402	TACO SNACK	Milk, Soy, Wheat
990193	TOMATO GRAPE, FRESH	
990315	TORTILLA SPINACH HERB 12"	Soy, Wheat
990555	TORTILLA 10" WG FLOUR	Wheat
990314	TORTILLA FLOUR 10"	Soy, Wheat
990569	TURKEY DELI SLICED USDA	
990342	TURKEY, ROAST 2 OZ SERVG	
990189	TURKEY, ROAST 3 OZ SERVG	
990259	TZATIKI ,GREEK YOGURT SAUCE	Milk
990207	UHT MILK CARTON LF	Milk
990201	VARIETY CEREAL	Soy, Wheat
990240	VARIETY FRUIT	



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990549	VEGETABLE BAR	
990543	VEGETABLE, MONTEREY BLEND 1 CUP	
990538	VEGETABLE, MONTEREY BLEND 3/4	
990372	VEGETABLE, SANTA FE BLEND - 3/4CUP	
990371	VEGETABLE, SANTA FE BLEND-1 CUP	
990369	VEGETABLE, SANTA FE BLEND-1/2 CUP	
990276	VEGETABLE/ SALAD BAR	Egg, Milk, Soy
990377	WAFFLE, DUTCH	Egg, Milk, Soy, Wheat
990148	WINTER MIX , VEG.	
990149	WINTER MIX , VEG. .75	
990150	WINTER MIX , VEG. 1 Cup	
990507	WRAP, CHICKEN & RANCH	Egg, Milk, Soy, Wheat
990248	WRAP, CHICKEN BACON RANCH	Egg, Milk, Soy, Wheat
990432	WRAP, CHICKEN FAJITA	Egg, Milk, Soy, Wheat
990365	WRAP, CHICKEN SALAD	Egg, Soy, Wheat
990498	WRAP, CLUB	Milk, Soy, Wheat
990278	WRAP, GREEK TURKEY	Milk, Wheat
990368	WRAP, GYRO	Milk, Soy, Wheat
990295	WRAP, HAM N CHEESE	Milk, Wheat
990552	WRAP, ITALIAN	Milk, Wheat
990279	WRAP, TURKEY N HAM	Milk, Wheat
990257	WRAP, VEGGIE	Egg, Milk, Soy, Wheat
990242	YOGURT, NF SINGLE SERVE MIXED FLAVORS	Milk
990571	YOGURT, PLAIN QUART	Milk


















